

PRESS RELEASE- For immediate release

**Rockland County's Office for the Aging honored at the  
Esplanade at Chestnut Ridge's  
"Respite Reunion Luncheon" on Tuesday, April 28<sup>th</sup>**

Rockland County residents who have participated in the county's Caregiver Respite Program, along with their family members, finally had the opportunity to meet and personally thank Marilyn Wekar and June Molof from the Rockland County Office for the Aging for their assistance in providing them with one week of respite care at no cost.

The Caregiver Respite Program allows participants to stay at a licensed adult home or senior residence for one week, allowing respite for their caregiver. The County's highly successful, free program is meant to serve as a break in the daily routine for both the participant and their caregiver. The Esplanade at Chestnut Ridge and the Promenade at Blue Hill are among the communities that participate in this program. "This is one of the best kept secrets around and we love to be a resource to the greater community and do whatever we can to help promote the Caregiver Respite Program," said Gail Spencer, Executive Director of the Esplanade. In addition to providing respite for the family member, it is also a great way for a senior to experience what life would be like living in a senior community. This year alone, two program participants have made a permanent move to the Esplanade at Chestnut Ridge.

On behalf of the Esplanade at Chestnut Ridge and the Promenade at Blue Hill, Debbie Corwin, Director of Community Relations at the Esplanade, presented certificates of appreciation to Ms. Wekar and Ms. Molof for their valuable contributions benefitting the county's residents and their families, "The Esplanade at Chestnut Ridge and the Promenade at Blue Hill are honored to partner with the Office for the Aging by being able to provide a private room in a warm, safe environment where seniors can get the personal care they need while enjoying daily activities that enrich the mind, body and spirit." After a delicious luncheon, past participants were invited to stay and enjoy live entertainment featuring music of the 40's, performed by Manhattan's own Mike Trombetta.

For additional information about the program, please contact Marilyn Wekar at the Rockland County Office for the Aging at (845) 364-3444.