




THE
ESPLANADE
CHESTNUT RIDGE
LUXURY ASSISTED LIVING

November 2011

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplanadeChestnutRidge.com



The Management Team at the Esplanade at Chestnut Ridge

Executive Dir. Gail Spencer
 Marketing Debbie Corwin
 Wellness RN Meg Borders
 Wellness LPN Pam Giddens
 Res. Care Janette Mollineau
 Maintenance Benji Magboo
 Wellness Karin Greenberg
 Food Service Ed Kling
 Activity Dir. Nilly Landa
 Office Mgr. Cynthia Hastings
 Business Milana Kirshensteyn
 Regional Mgr. Jodi Gittelman

Professionals in Aging Networking (PAN)

Esplanade at Chestnut Ridge is once again proud to sponsor the upcoming PAN meetings, which are held the first Wednesday of every month. We are delighted to host on:

Wednesday, December 7, 2011
Wednesday, January 4, 2012
Wednesday, February 1, 2012

This network has grown to include professionals who serve seniors in Rockland and surrounding counties. We invite you to join us if you share the common goals of the group in providing services to the senior population. For more information about the group and attending meetings, please contact Karen Treacy at (845) 364-2771 or Lew Eliacoopoulous at (845) 353-6000.

WE ARE THANKFUL FOR OUR COMMUNITY

Although we come from various backgrounds, one thing we most certainly have in common is that we are all living together in one community. Since Thanksgiving is approaching, what better time to *give thanks* for the many wonderful friendships we've developed in our lives and to reflect on all the new friends we've made since becoming part of the Esplanade community. Throughout the year, we have visits from volunteers. These visitors help create that warm feeling of being at home ... from the moment they walk into our community. We are grateful for their time, talents, and for the friendship they give us so willingly. They have become a part of our hearts and our lives. For all our friends at the Esplanade, we are grateful this holiday season.

ESPLANADE FRIENDS AND FAMILY SUPPORT GROUP

The next meeting of our Support Group, facilitated by our on-site social worker, Judy Tamaroff, will be on **Thursday, Nov. 10, at 7 p.m.** This group is open to the greater community. Please call (845) 620-0606 for more information or to R.S.V.P.



Our table is set with the fruitful & bountiful wish that each of you have an abundance of good health & happiness this holiday season. Happy Thanksgiving!

VISIT US ONLINE!

View our activities calendar online to see how we *Embrace the Esplanade Lifestyle:*
www.esplanadechestnutridge.com or visit our *family* at www.PromenadeSenior.com
 If you'd like to receive our calendars by mail, please call (845) 620-0606.



VETERANS

Honoring Those Who Serve

On Nov. 11, countries around the world honor their servicemen and women. Known as *Veterans Day* in the U.S., the holiday began as Armistice Day, marking the end of fighting in World War I. There are many ways to show veterans you appreciate their service. Here are just a few ideas:

- Display the American flag.
- Take a veteran out for a meal.
- Learn about the conflict your veteran was involved in so you can speak with him or her about it.
- Round up the veteran's buddies from the service so they can catch up.
- Bake a veteran a cake or some cookies or send flowers and a card.



We Are Proud of Our Veterans

Esplanade at Chestnut Ridge is proud to have over 20 residents who are veterans. One resident served in the Israeli Army, and one served in the Royal Air Force. The others served our country. (Some of our residents have chosen not to be recognized for their service in this article.)

This is a wonderful generation of seniors whom we are proud to honor. We thank you for your service.

**Ernst Aronsohn
Robert Bacharach
Ivan Been**

**James Brady
Frank Bruno
Robert Coyne
Joe Cunneen
Donato Donofrio
Joseph Ernst
Edward Greenberg
James Grassano
Haskel Lichtstein
Erwin Maier
Kathryn Materna
Solomon Nahum
Arthur Neuman
John Reale
Irving Shillingford
Edward Stewart
Martin Swerdloff
Ted Voll
Ruth & Ben Weiner**

United Hospice of Rockland to Honor Veterans

Our resident veterans will take part in

**United Hospice of Rockland's
Annual Veterans Recognition Breakfast
at Paramount Country Club
(formerly Dellwood Country Club) on
November 3
8:45am - 11:00am**

Last year, about 200 veterans attended. The breakfast honors veterans for their bravery, service and sacrifice. The veterans will be given a flag pin to honor them individually, and their name, branch of service and where they served will be announced.

This event is sponsored by Hellman Memorial Chapels, Michael J. Higgins Funeral Services and Wanamaker & Carlough Funeral Homes. United Hospice of Rockland would like to make sure every veteran living in Rockland County is invited. To be added to their mailing list, please contact Mimi Hoffman at: mhoffman@hospiceofrockland.org.





See Us on YouTube

So far The Esplanade at Chestnut Ridge has three video clips for all to see on YouTube!

The first clip shows us supporting the Oct. 9 Alzheimer's Association Memory Walk. Promenade Senior Living assembled a team of walkers and were also sponsors at this event. It was a glorious day and we were glad to be a part of it and show our support.

The second clip is a video of our residents and staff sending a Rosh Hashana greeting wishing all our friends a happy and healthy new year.

Another video shows our own Director of Community Relations Debbie Corwin speaking to us live from Bergenfest 2011. We were proud to be able to provide resources to the greater community—not only about senior housing options, but we also had professional colleagues on hand. We sincerely thank Barbara Steinberg, certified financial planner, Kerry Mills, dementia coach, and Amy Fuchs, elder care consultant, for joining us and helping so many people!

Please visit our YouTube channel to view these video clips and stay tuned for more to come!

www.youtube.com/promenadesenior1



Fox Rehabilitation offers Physical, Occupational & Speech therapies at the Esplanade. We want to thank Dori Schmidt, PT, for her years of valuable service to our community and wish her well as she leaves Rockland County to be closer to her home.

Please join us in welcoming Noreen Knips, PT, to our team. Noreen graduated from Daemen College in Buffalo, NY, in 1997. She began her physical therapy career at Isabella Geriatric Center in Northern Manhattan in 1998 and became a supervisor in 2005. In September, she began working for Fox in order to spend more time treating residents and helping them attain their goals. She finds working with a geriatric population to be very rewarding and is enjoying working with the staff and residents at the Esplanade.

Fox Rehabilitation's Mission: To believe in our therapists—to give them the autonomy to give the finest quality rehabilitation to the geriatric population with compassion and respect. To believe in our patients and their ability to achieve what they once thought impossible—optimal function to rehabilitate their lives.



We wish a very Happy Birthday to our Residents...

- Gaetano M. - 4th
- Helen E. - 5th
- Grace R. - 9th

... and to our Staff:

- Ilva C. - 2nd
- Edmonde Z. - 13th
- Benji M. - 19th
- Marie G. - 21st
- Meg B. - 21st
- Carlene B. - 28th



We'd like to warmly welcome our New Residents and County Respite Guests:

- Florence B.
- Riwa P.
- Frances M.
- Dorothy S.
- Harriet W.

Find the Perfect Fit



- 55+ HOUSING
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*(Pictured: Resident Lil
with her daughter Debbie,
Director of Community Relations)*

THE PROMENADE
AT BLUE HILL

ASSISTED LIVING
MEMORY CARE
PEARL RIVER, NY
845.735.6846

THE ESPLANADE
AT CHESTNUT RIDGE

ASSISTED LIVING
CHESTNUT RIDGE, NY
845.620.0606

THE PROMENADE
AT TUXEDO PLACE

55+ SENIOR HOUSING
ASSISTED LIVING
TUXEDO PARK, NY
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WWW.PROMENADESENIOR.COM

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