




THE
ESPLANADE
CHESTNUT RIDGE
LUXURY ASSISTED LIVING

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplanadeChestnutRidge.com

May 2011



The Management Team

Executive Dir. Gail Spencer
 Marketing Debbie Corwin
 Wellness RN Meg Borders
 Wellness LPN Pam Giddens
 Res. Care Janette Mollineau
 Maintenance Benji Magboo
 Wellness Karin Greenberg
 Food Service Ed Kling
 Activity Dir. Nilly Landa
 Office Mgr. Cynthia Hastings
 Business Milana Kirshensteyn
 Regional Mgr. Jodi Gittelman

**The Best Word of Mouth:
 Friends and Family**

We are delighted to have so many referrals come from within *our family*. Just recently, Alan, an incredibly warm and loving son of one of our lovely new residents, Jeanne E., had heard about our wonderful community from his good friend, Gerry, another amazing son of another sweet resident of ours, Rita A. Rita just celebrated her one-year anniversary here at The Esplanade at Chestnut Ridge. Rita's delightful daughter, Judy, has also referred several people to our community. In fact, she had originally been referred to us by *her friend*, a daughter of another Esplanade resident!

As our way of thanking you for your referrals, we have a great *\$Friends and Family Referral Program\$,* where you will receive a referral reward from us! For more information, please contact

Debbie Corwin, Director of Community Relations, at (845) 620-0606. Welcome to the family!

**Resident and Family
 Annual Memorial Day BBQ**
**Our Annual Resident/Family
 Memorial Day BBQ
 will take place on
 Monday, May 30th
 Noon-2 p.m.
 in the beautiful courtyard at
 The Esplanade at Chestnut Ridge
 Music by Alan and Eve
 RSVP Required by May 20.
 (845) 620-0606**



**ESPLANADE FRIENDS AND
 FAMILY SUPPORT GROUP**

The next meeting of our Support Group, facilitated by our on-site social worker, Judy Tamaroff, will be on **Thursday, May 12th, at 7 p.m.** This group is open to the greater community. Please call (845) 620-0606 for more information or to R.S.V.P.

Take a Bow, Meg and Pam

On National Nurses Day (May 6), we remember our nurses who work to save lives and maintain our wellness.



VISIT US ONLINE!

View our activities calendar online to see how we *Embrace the Esplanade Lifestyle*. If you'd like to receive our calendars by mail, please call us at (845) 620-0606.
www.EsplanadeChestnutRidge.com or visit our *family* at www.PromenadeSenior.com



Community



“Two Cheers” for The Esplanade Red Hat Society

What’s the deal with all those women in red and purple? Good question! They belong to the Red Hat Society, a group of women who believe in fun after fifty, enthusiasm for wherever life takes them next, and a general right to be silly—they’ve earned it! Congratulations to the Esplanade at Chestnut Ridge’s Red Hat Society Chapter on their 2nd Anniversary. A delicious luncheon was enjoyed by all.



Esplanade at Chestnut Ridge Is a Proud Sponsor at the Alzheimer’s Association’s Spring Conference

Please stop by and visit our Promenade Senior Living exhibit at the **Alzheimer’s Association’s Spring Conference**
May 6th
8:30 a.m. to 2 p.m.
Stony Point Center
17 Cricketown Road
Stony Point, NY

This annual conference brings together researchers, medical professionals and families who are dealing with the disease.

The theme for this year’s conference is ***Alzheimer’s Disease and Related Dementias: Navigating the Journey.*** Keynote speaker, James Galvin, director of a memory treatment and brain aging center at New York

University, will discuss "*Research Advances in Alzheimer’s and Related Disorders: A Crystal Ball to the Near Future.*" Also featured will be Matthew Baumgart, senior director of government affairs for the Alzheimer’s Association. He will speak about: "*Public Policy: The Key to Creating a World Without Alzheimer’s.*"

Registration for this event is required. For more information on this conference, please contact the Alzheimer’s Association at (800) 272-3900 or (845) 471-2655.



SENIOR AWARENESS DAY ENJOY LIFE!

Join the celebration of the 26th Anniversary of **SENIOR AWARENESS DAY**
Thursday, May 26
8 A.M.-3 P.M.
Field House and
Cultural Arts Theatre
Rockland Community College
145 College Road
Suffern, N.Y.

The Keynote Speaker will be noted author Bruce Frankel, who will discuss his book, “What Should I Do with the Rest of My Life?”

There will be over 50 exhibitors on hand, and workshops will include:

- Zumba Gold
- Challenger Center Space Program
- Computers
- Medicare
- Ammunition for Job Hunting
- Day Trips in Rockland
- The Laughter Club
- and lots more!

Registration and workshops are all free of charge, and refreshments will be served. So... why not come and “Enjoy Life!”

For more information, call 845-364-2110
Co-sponsored by
Rockland County Office for the Aging
and
SUNY Rockland Community College



Thank You, Moms

We'd like to wish all the moms in our community a happy Mother's Day! Thanks for all the love, attention and hard work. Where would we be without you? Have a great day.



Mother and daughter Rose D. and Lydia I. enjoying time together at the Esplanade.



Flowers on Mother's Day...But of course!



Resident Volunteer Recognition

In recognition of volunteer appreciation month, we held a luncheon in celebration of our resident volunteers. We are so fortunate to offer volunteer opportunities in our community for those interested. Activity Director Nilly displayed the following quotation on the display board for all to enjoy: ***"The human contribution is an essential ingredient. It is only in the giving of oneself to others that we truly live."*** Thank you to all.



Happy Birthday

HAPPY BIRTHDAY
to our residents:

- Frank B. - 3rd
- James B. - 6th
- Martin S. - 11th
- Lucille T. - 16th
- Alison C. - 17th
- Ernst A. - 20th
- Gladys M. - 28th
- Erwin M. - 31st

and to our staff:

- Iris Q. - 3rd
- Sabine L. - 3rd
- Rene P. - 12th
- Nilly L. - 16th
- Marie J. - 17th
- William D. - 17th
- Fabienne J. - 22nd
- Monique M. - 26th

Welcome New Residents

We wish a very warm
welcome to our new
residents:

- Bea O.
- Dora L.

Find the Perfect Fit



- 55+ HOUSING
- INDEPENDENT LIVING
- ASSISTED LIVING
- MEMORY CARE

*(Pictured: Resident Lil
with her daughter Debbie,
Director of Community Relations)*

THE PROMENADE
AT BLUE HILL

ASSISTED LIVING
MEMORY CARE
PEARL RIVER, NY
845.735.6846

THE ESPLANADE
AT CHESTNUT RIDGE

ASSISTED LIVING
CHESTNUT RIDGE, NY
845.620.0606

THE PROMENADE
AT TUXEDO PLACE

55+ SENIOR HOUSING
ASSISTED LIVING
TUXEDO PARK, NY
845.351.0000



WWW.PROMENADESENIOR.COM

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