



THE
ESPLANADE
CHESTNUT RIDGE
LUXURY ASSISTED LIVING

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplanadeChestnutRidge.com

March 2011



The Management Team

Executive Dir. Gail Spencer
Marketing Debbie Corwin
Wellness RN Meg Borders
Wellness LPN Pam Giddens
Res. Care Janette Mollineau
Maintenance Benji Magboo
Wellness Karin Greenberg
Food Service Ed Kling
Activity Dir. Nilly Landa
Office Mgr. Cynthia Hastings
Business Milana Kirshensteyn
Regional Mgr. Jodi Gittelman



**Donnelly Landscaping, LLC
Goes Above and Beyond**

Ed Donnelly, owner and operator of Donnelly Landscaping, LLC located in Pearl River has been the landscape/snow removal company for Promenade Senior Living for years now. During the last snow storm, our activity director, Nilly was scheduled to lead programs at our Tuxedo community. Ed was nice enough to drive Nilly in the plow truck so the residents could enjoy her programs. Thanks, Ed!

**PAN MEETING TO BE HELD
AT ESPLANADE**

The Esplanade at Chestnut Ridge is pleased to once again host the Professionals in Aging Networking meeting in our community

**Wednesday, March 2
9-10:30 a.m.**

This network has grown to include professionals who serve seniors in Rockland and the surrounding counties. As we are the host community for the next three months, we invite those of you who share the common goals of the group in providing services to the senior population to join us.

Meetings will also be held at The Esplanade at Chestnut Ridge on Wednesday April 6, and Wednesday, May 4.

For more information about the meetings, please contact Karen Treacy at 845-591-6486 or Lew Eliacopoulos at 845-353-6000.

VISIT US ONLINE!

View our activities calendar online to see how we *Embrace the Esplanade Lifestyle*. If you'd like to receive our calendars by

mail, please call us at
(845) 620-0606.

www.EsplanadeChestnutRidge.com or find us at
www.PromenadeSenior.com.



Promenade Senior Living is now on facebook! This is another great venue for us to bring you useful, timely information.

**ESPLANADE FRIENDS AND
FAMILY SUPPORT GROUP**

The next meeting of our Support Group, facilitated by our on-site social worker, Judy Tamaroff, will be on **Thursday, March 10, at 7 p.m.** This group is open to the greater community. Please call (845) 620-0606 for more information or to R.S.V.P.



COMMUNITY

Villa Marie Claire, a 26-acre estate situated in Saddle River, NJ, has been redeveloped into a freestanding, residential hospice facility—the first of its kind in Bergen County.

Setting a new standard for compassionate end-of-life care, Villa Marie Claire is a 20-bed, inpatient hospice facility with additional rooms dedicated to loved ones for overnight stays. Its unique and comprehensive support care center for patients in the final stages of a terminal illness focuses on quality of life, offering family-centered programs in a home-like environment.

Villa Marie Claire is a nonprofit facility. At Villa Marie Claire, no patient will ever be denied admission due to an inability to afford care.

For further information, visit them online at villamarieclaire.org or contact them at info@villamarieclaire.org.

SAVE the DATE: ROCKLAND COUNTY'S FIRST BOOMERFEST 2011

Debbie Corwin, our director of community relations, would like you to save the date of Sunday, May 1, for Rockland County's first ever **BOOMERFest**.

This event is designed to provide "one stop shopping" for Boomers (consumers predominately in their 40s, 50s and early 60s) who simultaneously help their aging parents make tough decisions, as well as search for resources to prepare for their own futures.

Debbie is heading up the programming committee, which promises to have a variety of exhibitors, health screenings and guest speakers with one object in mind—to help relieve what we call **BOOMERAngst!**

Skype: Just Smile, Don't Type!

These days, families and friends are spread all over the world, but no one wants to miss out on those special or just everyday occasions. A great way to stay connected is with a program like Skype, which allows its users to speak over long distances, usually for free, by using the Internet. Web cameras on computers let the users see each other when they speak. Blowing a kiss, sharing classroom artwork or just smiling with your loved ones can be done without having to travel.

To use Skype, all you need is a computer, an Internet connection and a web camera. We have all of this at The Esplanade and are ready to connect to our loved ones. Calling

BOOMERfest will take place on

Sunday, May 1

11 a.m.-3 p.m.

**Felix Festa Middle School
West Nyack, NY.**

Be sure to watch for more details in our April newsletter.

For more information, or to inquire about becoming a vendor at **BOOMERfest**, please contact Mimi Hoffman at 845-634-4974 or mhoffman@hospiceofrockland.org.

other Skype users is free, no matter where they live. If you have a Skype account and want to connect with your resident at The Esplanade, please contact our executive director, Gail Spencer, who will be glad to help you communicate with your loved one using this new technology.



Pictured above is resident Alison C. Skyping with her sister who lives in Mexico.

You Can Bet Your Bottom Dollar—Everyone Had a Blast at the Esplanade Casino!

With all this snow and cold weather, why bother going outside for a little gambling? Last month, our activity room was magically transformed into a beautiful, fun, entertaining casino for all to enjoy.

Themed music, such as “The Gambler” by Kenny Rogers, and “Luck Be A Lady” from Guys and Dolls, played over the sound system as our residents enjoyed betting on roulette, blackjack and horse races. Executive Director Gail Spencer, Activities Leader Scott Dellay and Marketing Director “Double-Down Deb” thoroughly enjoyed being croupiers—except, of course, when the chips were down!

A picture’s worth a thousand words. SO ... does it look like our residents and staff had fun? *You betcha!*



Executive Director Gail Spencer, enjoying Casino Day with our residents.



Executive Director Gail Spencer and Esplanade residents *let the chips fall where they may!*



OK ... the dealer’s break is over ... now let’s get off to the races!



Activities Leader Scott gives the residents a *run for their money!*

Our very special thanks to Nilly and Scott for creating such a fabulous Casino Royale!



HAPPENINGS



Happy Birthday to Our Residents ...

Ardith G. - 7th
 Sophie W. - 9th
 James G. - 11th
 Ann K. - 15th
 Philomena V. - 17th
 Florence O. - 22nd
 Elizabeth S. - 23rd
 Irving S. - 24th
 Ted V. - 25th

... and to Our Staff:

Yvelouse G. - 8th
 Milana K. - 13th
 Rose B. - 13th
 Lymena P. - 20th
 Sherly J. - 23rd

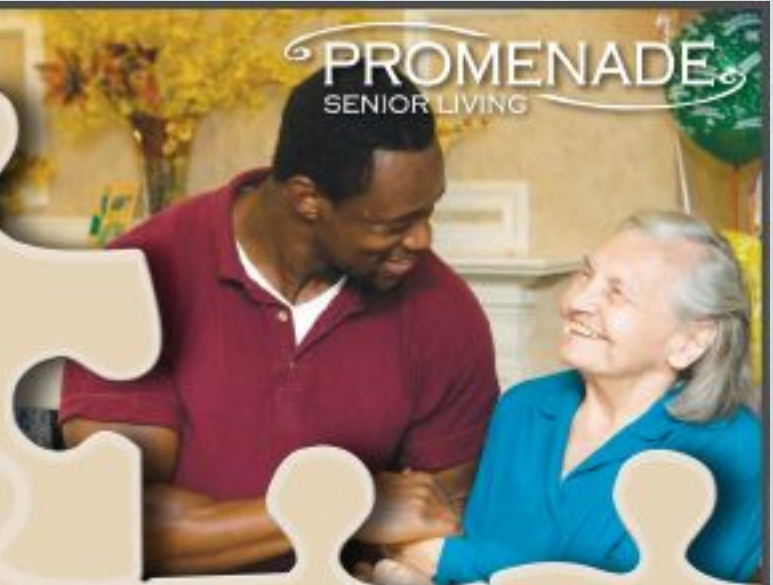


We wish a very warm welcome to our new residents:

Jeanne E.
 Florence O.
 Myrna C.

Find the Perfect Fit.

Discover 55+ housing, independent living, assisted living and memory care services within the Promenade Family.



PROMENADE
SENIOR LIVING

THE PROMENADE
AT BLUE HILL

ASSISTED LIVING
MEMORY CARE

PEARL RIVER, NY
845.735.6846

THE ESPLANADE
AT CHESTNUT RIDGE

ASSISTED LIVING

CHESTNUT RIDGE, NY
845.620.0606

THE PROMENADE
AT TUXEDO PLACE

55+ SENIOR HOUSING
ASSISTED LIVING

TUXEDO PARK, NY
845.351.0000

WWW.PROMENADESENIOR.COM



Esplanade at Chestnut Ridge
168 Red Schoolhouse Road
Chestnut Ridge, NY 10977
(845) 620-0606
www.EsplanadeChestnutRidge.com