

December 2011



The Management Team at the Esplanade at Chestnut Ridge

Executive Dir. Gail Spencer
Marketing Debbie Corwin
Wellness RN Meg Borders
Wellness LPN Pam Giddens
Res. Care Janette Mollineau
Maintenance Benji Magboo
Wellness Karin Greenberg
Food Service Ed Kling
Activity Dir. Nilly Landa
Office Mgr. Cynthia Hastings
Business Milana Kirshensteyn
Regional Mgr. Jodi Gittelman

PAN Group and Esplanade at Chestnut Ridge Support Local Food Pantries

Every day, thousands of our neighbors in Rockland County struggle to meet their basic nutritional needs. Your help can bring immediate relief and hope to a hungry family by donating food to local food pantries.

Please join PAN members by dropping off your donations at The Esplanade at Chestnut Ridge, now thru Dec. 14, for People To People and Catholic Community Services of Rockland.

Items needed include: Cereal or Oatmeal, Canned Juice & Juice Boxes, Canned Vegetables, Canned Chili & Beef Stew, Individual Servings Fruit Snacks, Soup (Dry & Canned), Beans (Dry & Canned), Pasta, Macaroni & Cheese (Boxed), Flour, Rice & Sugar, Tomato Sauce & Tomato Puree (Canned & Jarred), Tuna

Fish, Mayonnaise, Cooking Oil (in plastic bottles), Peanut Butter & Jelly, Parmalait & Powdered Milk.

People to People delivers hope to Rocklanders who are struggling to make ends meet and put food on their tables. They can be reached at: 845-623-4900.

The Food Pantry at Catholic Community Services of Rockland is available to Rockland County residents on a one time per month per household basis. A three day food supply is given to families for three meals and is open three times/week. No one is ever turned away from receiving food for any reason. They can be reached at: 845-942-5791.



ESPLANADE FRIENDS AND FAMILY SUPPORT GROUP

The next meeting of our Support Group, facilitated by our on-site social worker, Judy Tamaroff, will be on **Thursday, Dec. 8, at 7 p.m.** This group is open to the greater community. Please call (845) 620-0606 for more information or to R.S.V.P.

Professionals in Aging Networking (PAN)

Esplanade at Chestnut Ridge will be hosting PAN meetings on
Wednesday, Dec. 7, 2011
Wednesday, Jan. 4, 2012
Wednesday, Feb. 1, 2012

For more information about PAN, please contact Karen Treacy at 845-364-2771.

VISIT US ONLINE!

View our activities calendar online to see how we *Embrace the Esplanade Lifestyle:*
www.esplanadechestnutridge.com or visit our *family* at www.PromenadeSenior.com
If you'd like to receive our calendars by mail, please call (845) 620-0606.



Our Heroes

Executive Director, Gail Spencer and Director of Community Relations, Debbie Corwin were among the invited guests at the United Hospice of Rockland's 11th annual **"Hospice Heroes" Recognition Breakfast**. This breakfast was held in honor of National Hospice Month as their way of saying "Thank You" to their colleagues for going the extra mile. Hospice also hosted a Veterans breakfast the week before to honor those men and women who served our country so bravely. Many of our residents were among those honored. We also thanked them during a private ceremony at The Esplanade.



Are You Dreaming of a White Christmas?

While many of us dream of a white Christmas we certainly didn't dream of a white Halloween! The "trick or sleet" was no joke and we want to thank our staff for rising to the occasion to make sure our residents were well cared for. Some towns actually postponed trick or treating. Nilly, our Activities Director, never ceases to amaze us. Here are some pictures of our residents dressed up for this haunting holiday for you to enjoy!



12 Day of Christmas



A Holiday Extravaganza

The Christmas holiday will be celebrated all month long starting with our tree trimming party on Dec 1st.

- Dec 1st 10-3pm Holiday Jewelry Sale
- Dec 6th 11-3 Bill's Holiday Bargains
- Dec 7th 3pm KPMG Holiday Choral Group
- Dec 8th 3:30pm The Blue Knights Holiday Performance
- Dec 10th 3:30pm Mrs. Swensen's Class Holiday Recital
- Dec 12th 3:30pm Holiday Mass with Father Simon
- Dec 13th 2:30pm The Esplanade's Holiday Extravaganza
- Dec 15th 6-8pm Esplanade Resident/Family Party
- Dec 16th 4pm Brownie Troop 40405 Caroling
- Dec 21st 3:30pm Holiday Penny Social
- Dec 24th 3:30pm Welsh Family Holiday Chorus
- Dec 25th 11:00am Christmas Mass
- Dec 25th noon Christmas Holiday Meal

The residents and staff of the Esplanade at Chestnut Ridge hope you get wrapped up in the magic of the season and help bring a little joy to the world. Have a happy, healthy and safe holiday season.



Festival of Lights

The Eight Days of Chanukah will be commemorated by lighting the Chanukah each night at 4:30pm in the main lobby. We will also host these eight Chanukah events taking place during the month.

- Dec 9th 3:30pm Bette Birnbaum will tell us stories about the great Latke vs. Hamantashen debate
- Dec 11th 3:30pm we will host a Chanukah party with the children of Temple Beth El
- Dec 14th 10:00am Frisch Students visit for the holidays
- Dec 15th 6-8pm is our Annual Resident/Family Holiday Party
- Dec 20th 1:30pm our cooking with class will be making homemade latkes
- Dec 22nd 3:30pm Holiday music by the Rishon Trio
- Dec 23rd 3:30pm Rabbi Friedman will be here for a Chanukah Shabbat
- Dec 23rd 6:15pm Chanukah Shabbat at Beth Haverim Shir Shalom in Mahwah



Holiday Joy



Happy Birthday to our Residents:

Maureen D. - 6th
Violet M. - 11th
Mary S. - 11th
Matilda C. - 13th
John R. - 13th
Dorothy S. - 17th
Pat F. - 24th
Dora L. - 31st

Happy Birthday to our Staff:

Scott D. - 1st
Judy T. - 4th
Debra B. - 10th
Colette L. - 23rd
Minda M. - 27th



We'd like to warmly welcome our new residents:

Gloria A.
Virginia G.
Margaret C.
Lucy R.

Find the Perfect Fit



- 55+ HOUSING
- INDEPENDENT LIVING
- ASSISTED LIVING
- MEMORY CARE

*(Pictured: Resident Lil
with her daughter Debbie,
Director of Community Relations)*

THE PROMENADE
AT BLUE HILL

ASSISTED LIVING
MEMORY CARE

PEARL RIVER, NY
845.735.6846

THE ESPLANADE
AT CHESTNUT RIDGE

ASSISTED LIVING

CHESTNUT RIDGE, NY
845.620.0606

THE PROMENADE
AT TUXEDO PLACE

55+ SENIOR HOUSING
ASSISTED LIVING

TUXEDO PARK, NY
845.351.0000



WWW.PROMENADESENIOR.COM

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