

August 2010



The Management Team

Executive Dir. Gail Spencer
 Marketing Debbie Corwin
 Wellness RN Meg Borders
 Wellness LPN Pam Giddens
 Res. Care Janette Mollineau
 Maintenance Benji Magboo
 Wellness Karin Greenberg
 Food Service Ed Kling
 Activity Dir Nilly Landa
 Office Mgr. Cynthia Hastings
 Business Milana Kirshensteyn
 Regional Mgr. Jodi Gittleman

The Esplanade at Chestnut Ridge, a Promenade Senior Living Community, Warmly Welcomes Nilly Landa as the Director of Activities



Nilly Landa's first love is being with our residents. (Pictured above L-R, resident Arthur N., Nilly L. and resident Mary G.)

We are pleased to announce the appointment of Nilly Landa as Director of Activities. We also want to wish Linda O'Donnell much success as she transfers from the Esplanade to bring her exciting and diversified activity program to our newly acquired

community, The Promenade at Tuxedo. As the saying goes, we want to keep all of our talent "in the family."

Nilly has over 20 years of experience in the recreational field. She is a natural and the residents have already given her two thumbs up.

She's a former resident of Rockland County now residing in Orange County. She and her husband, John, have a college-aged daughter, Ariel, and a family cat named Alfie. Her favorite pastimes include arts & crafts, cooking, fishing, family time, party planning and her favorite, decorating.



Nilly Landa (far right) pictured with residents and Activity Leader Scott D. at AC Moore for a scrapbooking program.

VISIT US ONLINE!

View our activities calendar online to see how we *Embrace the Esplanade Lifestyle*. If you'd like to receive our activities calendar by mail, please call us at (845) 620-0606.

www.EsplanadeChestnutRidge.com



Linda O'Donnell accepting her going away present, A framed, resident-signed picture of the Esplanade. All Our Best!

ESPLANADE FRIENDS AND FAMILY SUPPORT GROUP

The next meeting of our Support Group, facilitated by our on-site social worker, Judy Tamaroff, will be on **Thursday, Aug. 12, at 7 p.m.** This group is open to the greater community. For more information and to R.S.V.P., call (845) 620-0606.



COMMUNITY

The Esplanade at Chestnut Ridge is committed to providing important information to the greater community, especially when it benefits seniors. This month, we're featuring The Silver Alert System.

The Silver Alert System provides for the rapid dissemination of information regarding missing seniors and other individuals over 18 years of age, who are suffering from Alzheimer's disease, dementia or other cognitive/intellectual impairments which place them at risk. Similar to the Amber Alert System, Rockland's Computer Aided Rescue Effort (C.A.R.E.) facilitates an immediate response of law enforcement agencies to a report of a missing, vulnerable individual.

Registration and photographs are required.

SILVER ALERT

COMPUTER AIDED RESCUE EFFORT
(CARE/C.A.R.E.)
MISSING PERSONS - ADULTS WITH
COGNITIVE IMPAIRMENTS



Legislative Intent

In response to concerns raised by TRIAD (a volunteer group with a focus on senior safety) regarding persons with cognitive and intellectual impairments, the Rockland County Legislature, in its ongoing mission to provide essential services to protect its vulnerable population, intends by Rockland County Local Law # 5 of 2009 to establish a Silver Alert System.

Definition: Silver Alert System—a system similar to the Amber Alert System—will provide for the rapid dissemination of information regarding missing seniors and other individuals over 18 years of age who are suffering from Alzheimer's disease, dementia or other cognitive or intellectual impairments which place them at risk.

Purpose

To establish a protocol that can be used county-wide, which allows local law enforcement to disseminate to media outlets vital information about these vulnerable individuals who have wandered from their caretakers and to aid in the search and safe return of these individuals to those responsible for them.

Policy

The County Sheriff's Department, in conjunction with the various town and village police departments, shall establish a Silver Alert System, develop guidelines and set up procedures for issuing a Silver Alert, and maintain a database of media organizations and other outlets to be notified when a senior citizen or other individual over

18 years of age suffering from Alzheimer's disease, dementia or other cognitive or intellectual impairment is reported missing.

The establishment of this database will be a proactive, collaborative effort between the Sheriff, Police and community-based organizations like the Alzheimer's Association, Jawonio, ARC or other organizations which are dedicated to the service of these "at risk" persons with special needs. Information and photographs will be obtained and stored in advance, whenever possible, so that they can be broadcast without any delay in case of an emergency.

For more information or to register, please visit:
http://www.rocklandcountysheriffoffice.com/silver_alert.html

**The Best Kept Secret Around
... Rockland County's Office
for the Aging Caregiver
Respite Program**

The Esplanade at Chestnut Ridge is proud to partner with Rockland County's Office for the Aging Caregiver Respite Program. This program allows participants to stay at a licensed adult home or senior residence for one week, allowing respite for their caregiver. The County's highly successful, free program is meant to serve as a break in the daily routine for both the participant and their caregiver. Participants must be residents of Rockland County and at least 60 or older to qualify for the respite program.

In addition to providing respite for the family member, it is also a great way for a senior to experience what life would be like living in a senior community. The Esplanade at Chestnut Ridge is honored to partner with the Office for the Aging by being able to provide a private room in a warm, safe environment where seniors can get the personal care they need while enjoying daily activities that enrich the mind, body and spirit.

The Caregiver Respite Program began in 2001. In 2008, The Esplanade at Chestnut Ridge hosted 14 participants. In 2009, there were 16 respite residents. In 2010, so far we've hosted 12 seniors.

The Caregiver Respite Program is one of the best kept secrets around and we take great pride in helping promote this wonderful program to the greater community.

For additional information about the program, please contact Marilyn Wekar at the Rockland County Office for the Aging at (845) 364-3444.

TRY US ... YOU'LL LIKE US!



Respite Program Participants

In addition to the week-long respite program through the Office for the Aging in Rockland County, we encourage seniors from all over to come and stay with us for a month's respite. It's a great "vacation!"

For example, we receive many calls from seniors living in Florida who would like to come back north to visit their family, but would prefer to be in a senior environment that may be more conducive to their lifestyle. Many of these seniors are not yet certain about making a permanent move back to this area, but it's something they may be thinking about for the future. Our month respite program is just perfect for people who would like a break from their day-to-day lives, and also a great way to get a taste for community living.

You'll never know if you'll like it if you don't try it!



CELEBRATE!



A very Happy Birthday to our residents:

- Bernardyne R. - 5th
- Juliana H. - 12th
- John K. - 19th
- Audrey J. - 27th
- Emma A. - 31st

... and to our employees:

- Fay T. - 4th
- Lenes H. - 4th
- Abner S. - 8th
- Terri W. - 17th
- Pam G. - 21st
- Louise J- 24th

**Welcome
New Residents**

A very warm welcome to our new residents and Rockland County Respite guests:

Fred M.

Ken G.

Anna T.

Gertrude M.

DECADES OF CARING ONE DAY AT A TIME— A FAMILY TRADITION

For more than 40 years, the Laufer family has been dedicated to providing seniors with life-enriching housing and service options, enabling them to enjoy their retirement years to the fullest. Our residents enjoy friendship, independence, personalized care, and impeccable service in each of our distinctive senior communities.

The Promenade at Tuxedo Place is an affordable luxury senior residence. The Promenade offers three gourmet meals, a carefully planned Lifestyles Program and trips to off-site locations. Located in the historic Town of Tuxedo adjacent to the exclusive Village of Tuxedo Park, the community offers many amenities including a cozy parlor

with fireplace, library & computer center with Internet access, outdoor decks, gardens & natural walkways, a billiards room, TV room, beauty salon, exercise room, and more all in a warm and caring environment. For those residents in need of some extra help, there is an on-site Home Health Care agency to provide for any personal care needs.

The Promenade at Blue Hill is a lovely community where seniors live in comfort. For many, it's like being home; for others, it's even better. Natural light, indoor & outdoor courtyards, walking paths, and specially planned activities and services – mixed with generous helpings of love and attention – make The Promenade a place where seniors thrive. Designed for maximum convenience and safety, The Promenade offers two unique licensed programs of

care under one roof: The Country Cottage for superior Memory Care and The Town House for supportive Assisted Living.

The Esplanade at Chestnut Ridge is a lovely community, conveniently located in close proximity to the Garden State Parkway, the Palisades Parkway, the New York State Thruway and the Tappan Zee Bridge, making for easy travel to and from New York and all around New Jersey. Our licensed community provides support and services that promote dignity and respect. Seniors who choose to live here are able to maintain a level of independence they desire while receiving the care they need. We offer seniors all the comforts of home - plus a wellness program, three meals daily, cultural and recreational activities, and a whole lot more - for a whole lot less than you might think.

Esplanade at Chestnut Ridge
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