

April 2011



**The Management Team**

Executive Dir. .... Gail Spencer  
 Marketing ..... Debbie Corwin  
 Wellness RN ..... Meg Borders  
 Wellness LPN ..... Pam Giddens  
 Res. Care ..... Janette Mollineau  
 Maintenance ..... Benji Magboo  
 Wellness ..... Karin Greenberg  
 Food Service ..... Ed Kling  
 Activity Dir. .... Nilly Landa  
 Office Mgr. .... Cynthia Hastings  
 Business ..... Milana Kirshensteyn  
 Regional Mgr. .... Jodi Gittelman

Employee  
**Spotlight**



**Marion Giordano, Director of Community Relations at The Promenade at Tuxedo**

The Esplanade at Chestnut Ridge warmly welcomes Marion Giordano to our "extended family" as the new Director of Community Relations at The Promenade at Tuxedo. We welcome you to the family and wish you much success.

**BOOMERfest 2011**



**BOOMERfest will take place on Sunday, May 1, from 11 a.m. to 3 p.m. at Felix Festa Middle School in West Nyack, NY.** This event is designed to provide "one stop shopping" for Boomers who simultaneously help their aging parents make tough decisions, as well as search for resources to prepare for their own futures.

For more information or to inquire about being a vendor, please contact Mimi Hoffman at 845-634-4974 or [mhoffman@hospiceofrockland.org](mailto:mhoffman@hospiceofrockland.org).

**VISIT US ONLINE!**

View our activities calendar online to see how we *Embrace the Esplanade Lifestyle*. If you'd like to receive our calendars by mail, please call us at (845) 620-0606. [www.EsplenadeChestnutRidge.com](http://www.EsplenadeChestnutRidge.com) or visit our *family* at [www.PromenadeSenior.com](http://www.PromenadeSenior.com).



**find us on facebook!**

Promenade Senior Living is now on Facebook! This is another great venue for us to bring you useful, timely information.

**ESPLANADE FRIENDS AND FAMILY SUPPORT GROUP**

The next meeting of our Support Group, facilitated by our on-site social worker, Judy Tamaroff, will be on **Thursday, April 14, at 7 p.m.** This group is open to the greater community. Please call (845) 620-0606 for more information or to R.S.V.P.



## Community

### Professional Networking Hosted by the Esplanade at Chestnut Ridge

We will be hosting April's monthly meeting for Seniors Blue Book, a.k.a. Seniors Resource Guide Book and SeniorsResourceGuide.com.

**Date: Thursday, April 14**  
**Time: 9:30-11 a.m.**

The group holds monthly meetings with senior-oriented presentations. Meetings are usually held at local senior housing locations and members or outside consultants make informative presentations about topics important to seniors and adult children.

The purpose of this group is to promote local networking of senior-oriented businesses.

To attend on a regular basis or to host an event, an individual or company must be an advertiser.

If you would like to attend a meeting or would like further information, please call Brian Eckert at (973) 560-0064.



### Planning for Your Future- Advanced Directives

In Recognition of National Health Care Decisions Day on April 16, The Esplanade at Chestnut Ridge is proud to support the efforts of United Hospice of Rockland to promote better understanding of Advanced Directives.

All adults can benefit from thinking about what their health care choices would be if they were unable to speak for themselves. These decisions can be expressed in an Advanced Directive so that others are clear about one's wishes.

Advanced Directives come in two forms: "Health Care Power of Attorney" documents the person you select to be your voice for your health care decisions if you cannot speak for yourself, and a "Living Will" documents what kind of medical treatments you would or would not want at the end of life.

For more information on events surrounding National Health Care Decisions Day, contact Mimi Hoffman at (845) 634- 4974 or by e-mail at [mhoffman@hospiceoffockland.org](mailto:mhoffman@hospiceoffockland.org).



The Esplanade at Chestnut Ridge is pleased to once again host the Professionals in Aging Networking (PAN) meeting in our community  
**Wednesday, April 6,**  
**9-10:30 a.m.**

This network has grown to include professionals who serve seniors in Rockland and the surrounding counties. As we are the host community for the next two months, we invite those of you who share the common goals of the group in providing services to the senior population to join us.

Next month's meeting will be held at The Esplanade at Chestnut Ridge on Wednesday, May 4.

For more information about the meetings, please contact Karen Treacy at 845-591-6486 or Lew Eliacopoulos at 845-353-6000.



## Celebrations



### HAPPY BIRTHDAY

- To our residents:
- Lillian G. - 10th**
  - Dora G. - 13th**
  - Rose R. - 17th**
  - Fanny G. - 19th**
  - Bernice F. - 23rd**
  - Jennie S. - 26th**

and to our staff:

- Cynthia H. - 1st**
- Moe H. - 2nd**
- Alicia F. - 3rd**
- April M. - 17th**
- Jodi G. - 18th**
- Abner S. - 24th**
- Irma S. - 27th**



We wish a very warm welcome to our new residents:

- Larry S.
- Joe and Helen E.



### Cooking With Class

Our **Cooking with Class** program is off to a scrumptious start. Our residents prepared hand-dipped chocolate-covered strawberries for our Valentine's Day celebration, homemade chicken Caesar salad wraps and delicious pizza pie with an array of toppings. Nilly was joined by resident family volunteer Rose DeLuca, daughter of resident Lydia I. Rose is a master in the kitchen and supports all the programs at The Esplanade. We are so fortunate to have family volunteers like Rose. We can't wait to see what she will cook up next month!



### Chinese-American Cultural Association Performance

A special thanks to Sunny Lee from CACAR and the children from the Rockland Chinese School for bringing the Chinese culture to the residents of the Esplanade. A beautiful fashion show and cultural showcase including information on the year of the rabbit was shared.



### Mardi Gras at the Esplanade

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[WWW.PROMENADESENIOR.COM](http://WWW.PROMENADESENIOR.COM)

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