

  
 THE  
**ESPLANADE**  
 CHESTNUT RIDGE  
 LUXURY ASSISTED LIVING  


**ACTIVITIES CALENDAR**

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606  
[www.EsplenadeChestnutRidge.com](http://www.EsplenadeChestnutRidge.com)

**September 2011**

**Employee**  
**of the**  
**Month**


**Annie Gray- Employee of the Month-  
August 2011**

Congratulations to Annie Gray, who was named Employee of the Month for August 2011. Annie has been working in the housekeeping department at The Esplanade since March 9, 2005. She has direct contact with each resident every week. She always has a smile on her face. Annie starts her day by serving the residents that all-important first cup of coffee at breakfast. It's good to the last drop thanks to Annie. We are so appreciative of Annie and the dedication she has shown and continues to show to our community. Congratulations, Annie!



**ACTIVITY HIGHLIGHTS**

- 8:30am Wednesdays: Bus to Church  
Church of The Presentation, USR, NJ
- 5 3:30pm Labor Day Celebration w/ Mitch Korn
- 6 3:30pm Food Committee Meeting
- 7 11:30am Picnic at Haverstraw Bay Park
- 7 3:30pm Mass with Father Simon
- 8 11:00am Resident Council Meeting
- 8 12:00pm Circle of Friends Luncheon
- 8 3:30pm Musical Melodies w/Frankie Keen
- 11 Patriot's Day and Grandparent's Day
- 11 11th-17th National Assisted Living Week
- 11 10:30am 911 Ten Years Later
- 11 12:30pm Bus to Chestnut Ridge Day
- 11 3:30pm Grandparent's Day Party w/Randi A.
- 12 10:15am Forever Proud: A Veterans Story
- 13 10:30am Red Hat Ladies' Tea Party
- 13 3:30pm Volunteer Appreciation
- 14 12:00pm Gentlemen's Bar and Buffet
- 15 10:45am Cooking Up- American Style
- 15 3:30pm Assisted Living Week Celebration
- 18 12:00pm Birthday Luncheon
- 18 3:30pm Birthday Party w/Stephanie Rickert
- 20 10:30am Cooking w/Class Apple Pie Bake Off
- 20 4:00pm Men's Club Meeting
- 21 11:30am Trip to DePierro's Farm
- 22 7:30am Breakfast Outing
- 22 3:30pm Applefest with Stephanie Romm
- 27 3:30pm Rosh Hashanah Service with Rabbi
- 28 11:00am Rosh Hashanah Shofar Service
- 28 11:30am Lunch Outing
- 28 Rosh Hashanah Begins at Sundown

## CALENDAR KEY

- AR..... Activity Room
- AR2.... 2nd Fl. Act. Room
- K..... 2nd Fl. Kitchen
- PA..... Parlor
- LIB..... Library
- TV..... TV Room
- C..... Courtyard
- PD..... Pvt Dining Room
- Bus..... Bus
- L..... Lobby
- DR..... Dining Room

## Activity Department

### Director

Nilly Landa

### Leaders

Scott Dellay

Rose Buskin

Fabienne Jean Louis

## Volunteers

Carol Baretz

Liz Burak

Redwing

Edith A. Bogart School

Jack Kreisler

Pearl Lowy

Church of the

Presentation, USR

## Resident Volunteers

Terry M., Council

President

Jean A., Council VP

Anne C., Sundries Shop

Evelyn G., Sunshine Club

## Sundries Shop

Shower & Bath Supplies

Toiletries

Candy

Cards & Stamps

Store is open Monday

through Friday,

11:30 a.m.–Noon.

Sunday	Monday	Tuesday
<p><b>Leaders-</b>  <b>Nilly-</b> Sunday -Thursday  <b>Scott-</b> Tuesday - Saturday</p> <p>This activity calendar is subject to change. Please check the TV monitors for updates.</p> <p><b>Weather Permitting : Some Programs May Be Held Outdoors- TBA</b></p>	<p>The Beauty Parlor- located on the 2nd floor- will be open every Wednesday and Friday.</p> <p>Please Make Your Appointment At the Front Desk.</p> <p>Rosary Prayer Daily at 8:45 a.m. In the T.V. Room</p>	<p>Rosary Prayer Daily at 8:45 In the T.V. Room</p> <p>Weekly Trip Mass Church of The Presentation, Upper Saddle River, N.J. Wednesdays 8:30 A.M.                      Breakfast Will Be Served at 8 A.M.                      In the Private Dining Room for Those Attending</p>
<p>Leaders-Rose &amp; Nilly <b>4</b>                      9:30 L Sunday Morning Stroll                      10:00 PA Rise and Shine                      10:30 PA Juice Bar                      10:45 PA News and Views                      11:00 AR Communion                      11:00 PA Those Were The Days                      1:30 AR Bingo PA Trivia                      3:30 PA Word Boggle                      6:15 AR On The Silver Screen</p>	<p><b>Happy Labor Day 5</b></p> <p>Leader- Nilly                      9:30 PA Exercise for The Soul                      10:15 PA Daily Chronicles                      11:00 PA Holiday Reminiscing                      1:30 LIB Scrabble                      1:30 AR Games People Play                      3:30 AR <b>Labor Day Party w/Music by Mitch Korn</b>                      6:15 AR Monday Night at The Movies</p>	<p><b>6</b></p> <p>Leaders - Nilly &amp; Scott                      9:30 PA Groovin' And Movin'                      10:15 PA Daily Chronicles                      11:00 PA Crafters' Corner                      1:15 LIB Card Club: Canasta                      1:30 AR Art Club                      3:30 PA <b>Food Committee</b>                      6:15 AR Hollywood's Best</p>
<p><b>ASSISTED LIVING WEEK 11</b>                      Leaders-Rose &amp; Nilly                      9:30 L Sunday Morning Stroll                      10:00 PA Sit and Be Fit                      10:30 PA <b>911 10 Years Later</b>                      11:00 AR Communion                      12:30 Bus: <b>Chestnut Ridge Day</b>                      1:30 AR Bingo Bonanza                      3:30 PA <b>Grandparent's Day w/ Randi Accardi</b>                      6:15 AR Oscar's Best</p>	<p><b>FOREVER PROUD 12</b>                      Leader - Nilly                      9:30 PA Monday Moves                      10:15 PA <b>A Veteran's Story</b>                      11:00 PA <b>Proud To Be An American</b>                      1:30 LIB Scrabble                      1:30 AR Fun and Games                      3:30 AR Manicures &amp; Music                      4:00 LIB Computer Club                      6:15 AR Hollywoods Super Stars</p>	<p><b>Lifetime Accomplishments 13</b>                      Leaders - Nilly &amp; Scott                      9:30 PA <b>We Take Pride</b>                      10:15 PA Daily Chronicles                      10:30 AR <b>Red Hat Tea Party</b>                      1:15 LIB Card Club: Canasta                      1:30 AR Art Club                      3:30 PA <b>Volunteer Appreciation Awards</b>                      6:15 AR Mystery Theatre</p>
<p>Leaders-Rose &amp; Nilly <b>18</b>                      9:30 L Sunday Morning Stroll                      10:00 PA Rise and Shine                      10:30 PA Juice Bar                      10:45 PA News and Views                      11:00 AR Communion                      12:00 PD <b>Birthday Luncheon</b>                      1:30 AR Bingo Bonanza                      1:30 PA Trivia Mania                      3:30 PA <b>Birthday Party w/ Stephanie Rickert</b>                      6:15 AR Movie Greats</p>	<p><b>19</b>                      Leader - Nilly                      9:30 PA Exercise for the Soul                      10:15 PA Daily Chronicles                      11:00 PA Sentimental Journey                      1:30 LIB Scrabble                      1:30 AR Let The Games Begin                      3:30 AR Manicures &amp; Music                      4:00 LIB Computer Club                      6:15 AR Reel to Reel</p>	<p>Leaders - Nilly &amp; Scott <b>20</b>                      9:30 PA Jazzercise                      10:15 PA Daily Chronicles                      10:30 AR2 <b>Cooking w/ Class Apple Pie Bake Off</b>                      11:00 PA Press Your Luck                      1:15 LIB Card Club: Canasta                      1:30 AR Art Club                      3:30 PA Blast From The Past                      4:00 LIB <b>Men's Club</b>                      6:15 AR The Best of The Best</p>
<p>Leaders-Rose &amp; Nilly <b>25</b>                      9:30 L Sunday Morning Stroll                      10:00 PA Sit and Be Fit                      10:30 PA Juice Bar                      10:45 PA Read All About It                      11:00 AR Communion                      11:00 PA Treasured Times                      1:30 AR Bingo Bonanza                      1:30 PA Trivia Mania                      3:30 PA Jeopardy                      6:15 AR Front Row Seats</p>	<p><b>26</b>                      Leader - Nilly                      9:30 PA Monday Moves                      10:15 PA Daily Chronicles                      11:00 PA Buzzword                      1:30 LIB Scrabble                      1:30 AR Games Galore                      3:30 AR Manicures &amp; Music                      4:00 LIB Computer Club                      6:15 AR Hollywood's Best</p>	<p>Leaders - Nilly &amp; Scott <b>27</b>                      9:30 PA Groovin' And Movin'                      10:15 PA Daily Chronicles                      11:00 PA A Stitch In Time                      1:15 LIB Card Club: Canasta                      1:30 AR Art Club                      3:30 PA <b>Rosh Hashanah Service w/ Rabbi Friedman</b>                      6:15 AR Netflix Top Choice</p>

Wednesday	Thursday	Friday	Saturday
	<b>1</b> Leaders-Scott 9:30 PA In the Groove 10:15 PA Daily Chronicles 11:00 PA How They Do That 11:30 PA Red Wing Visits 1:30 LIB Card Club w/Pearl 1:30 AR Pokeno w/Carol 3:30 PA Mind Beggars 6:15 AR Comedy Central	<b>2</b> Leader-Scott 9:30 PA Let's Get Moving 10:15 PA Daily Chronicles 11:00 PA Name That Tune 1:30 Bus: Shopping/Errands 2:00 AR B-I-N-G-O 3:30 AR Shabbat Services 3:30 PA The Need To Know 6:15 AR Timeless Classics	<b>3</b> Leader-Nilly 9:30 PA Exercise for All 10:15 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 3:30 PA Minute to Win It 6:15 AR Netflix Pix
<b>7</b> Leaders-Nilly & Scott 9:30 PA Fitness Club 10:15 PA Daily Chronicles 11:00 PA Chit Chat 11:30 Bus: <b>Haverstraw Bay Park Picnic</b> 1:30 AR Bingo w/Liz 3:30 PA <b>Mass w/Father Simon</b> 6:15 AR Residents' Choice	<b>8</b> Leaders-Scott & Nilly 9:30 PA In the Groove 10:15 PA Daily Chronicles 11:00 PA <b>Resident Council</b> 11:30 PA Red Wing Visits 12:00 PD <b>Circle of Friends</b> 1:30 LIB Cards AR Pokeno 3:30 PA <b>Musical Melodies w/ Frankie Keene</b> 6:15 AR Mystery Theatre 7:00 LIB Support Group	<b>9</b> Leader-Scott 9:30 PA Daily Workout 10:15 PA Daily Chronicles 11:00 PA The Price Is Right 1:30 Bus: Shopping/Errands 2:00 AR B-I-N-G-O 3:30 AR Shabbat Services 3:30 PA Food Lovers Trivia 6:15 AR PBS Presents	<b>10</b> Leader-Scott 9:30 PA Morning Stretch 10:15 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 4:00 AR Bible Discussion 6:15 AR Curtain Calls
<b>14</b> <b>AMERICAN CULTURE</b> Leaders - Nilly & Scott 9:30 PA Warm-ups 10:15 PA Daily Chronicles 11:00 PA Inventions & Innovators 12:00 AR Gentlemen's Buffet 1:30 Bus: Local Errands 1:30 AR Bingo w/Liz 3:30 PA <b>America The Beautiful</b> 6:15 AR Movie Greats	<b>15</b> <b>AMERICAN FOOD</b> Leaders-Scott & Nilly 9:30 PA In the Groove 10:15 PA Daily Chronicles 10:45 PA <b>Cooking Up - American Style</b> 11:30 PA Red Wing Visits 1:30 LIB Cards AR Pokeno 3:30 PA <b>Assisted Living Week Party w/ George Romano</b> 6:15 AR Classical Showcase	<b>16</b> Leader-Scott 9:30 PA Let's Get Moving 10:15 PA Daily Chronicles 11:00 PA Putting Green 1:30 Bus: Shopping/Errands 2:00 AR B-I-N-G-O 3:30 AR Shabbat Services 3:30 PA Make Em' Laugh 6:15 AR In Cinemascope	<b>17</b> Leader-Scott 9:30 PA Morning Stretch 10:15 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 1:30 BUS: Outing 4:00 AR Bible Discussion 6:15 AR Front Row Seats
<b>21</b> Leaders - Nilly & Scott 9:30 PA Warm-ups 10:15 PA Daily Chronicles 11:00 PA Word Jumble 1:30 BUS- <b>DePierro's Farm</b> 1:30 AR Bingo w/Liz 3:30 PA Music Matters 6:15 AR Cinemas Best 6:30 PA Travel Seminar	<b>22</b> Leaders-Scott & Nilly 7:30 Bus: <b>Breakfast Club</b> 10:00 PA In the Groove 10:30 PA Daily Chronicles 11:00 PA Family Feud 11:30 PA Redwing and Liz 1:30 LIB Card Club w/Pearl 1:30 AR Pokeno w/ Carol 3:30 PA <b>AppleFest Party w/Stephanie Romm</b> 6:15 AR Classical Showcase	<b>23</b> <b>Autumn Begins</b> Leader-Scott 9:30 PA Daily Workout 10:15 PA Daily Chronicles 11:00 PA Anagrams 1:30 Bus: Shopping/Errands 2:00 AR B-I-N-G-O 3:30 AR Shabbat Services 3:30 PA Scattergories 6:15 AR Residents' Choice	<b>24</b> Leader-Scott 9:30 PA Exercise for All 10:15 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 4:00 AR Bible Discussion 6:15 AR On the Big Screen
<b>28</b> Rosh Hashanah Begins at Sundown Leaders-Nilly & Scott 9:30 PA Fitness Club 10:15 PA Daily Chronicles 11:00 AR Shofar Service 11:30 Bus: <b>Lunch Outing</b> 1:30 AR Bingo w/Liz 3:30 PA Wheel of Fortune 6:15 AR Movie Classic	<b>29</b> <b>Rosh Hashanah</b> Leader-Scott 9:30 PA In the Groove 10:15 PA Daily Chronicles 11:00 PA Who's Who 11:30 PA Red Wing Visits 1:30 LIB Card Club w/Pearl 1:30 AR Pokeno w/Carol 3:30 PA Actual Factuals 6:15 AR Hollywood's Best	<b>30</b> <b>Rosh Hashanah</b> Leader-Scott 9:30 PA Let's Get Moving 10:15 PA Daily Chronicles 11:00 PA Headliners and Legends 1:30 Bus: Shopping/Errands 2:00 AR B-I-N-G-O 3:30 AR Shabbat Services 3:30 PA Televisions Greatest 6:15 AR Reel to Reel	<b>Happy Birthday</b> Residents: Anne C...7th Dorothy P...12th Robert C...15th Caroline G...16th Ruth W....18th Staff: Annie G...1st Yolette P...19th Fern L...22nd Janette...26th

# September 2011



In observance of National Assisted Living Week®, we will host activities developed to bring together residents, families, employees, volunteers and the surrounding community.

'Forever Proud,' a patriotic theme, was chosen because the first day of Assisted Living Week begins on the 10th anniversary of 9/11. "While we remember the fallen, we also recognize the pride we feel as American citizens. Forever Proud also addresses one's pride in work done well, family and friends or a skill mastered. Feeling proud about our citizenship, community participation, friends and families is a universal feeling," said Gail Spencer, Executive Director. "This weeklong celebration is a demonstration of the commitment assisted living professionals feel when providing care and services to residents in their communities."

We welcome you to join our assisted living events.

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