

THE
ESPLANADE
CHESTNUT RIDGE
LUXURY ASSISTED LIVING

ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplenadeChestnutRidge.com

"HOW SWEET IT IS ... "

Our residents will be stepping out in style this month when they enjoy a delicious 12-course luncheon (plus unlimited champagne mimosa) at **The Mulberry Street Grill** on South Middletown Road in Nanuet, NY, on Oct. 4. Three re-creations of **The Honeymooners** will be performed as a tribute to **Jackie Gleason** and his friends.



BERGEN COUNTY PLAYERS

On Oct. 25 we will be going to see the **Bergen County Players'** performance of "**Solid Gold Cadillac**" in Oradell, New Jersey. This show will have us laughing and cheering in our seats as good triumphs over greed in corporate America in the 1950s.

October 2009



OPERATION ESPLANADE

Since our visit on Aug. 27 with Derek McLoughlin of the West Nyack Post Office we have begun our endeavor to contribute to their **ADOPT A PLATOON** project.

We already have a large box of paperbacks that we will be donating, as well as at least 20 handwritten cards to the soldiers. We have a container at the front desk where residents, their families and staff members can donate cash to cover the cost of shipping our packages.

We will become a **Drop Off Center** for any personal items (this month we are concentrating on collecting flavored drink mixes that the soldiers can add to their bottled water) that anyone would like to donate to our packages for the military.

In addition, we will have a meeting of **Operation Esplanade** in the Parlor at 1:30 p.m. on **Tuesdays, Oct. 6 and 20.**

PLEASE JOIN US!

CALENDAR KEY

AR..... Activity Room
 AR2.... 2nd Fl. Act. Room
 K..... 2nd Fl. Kitchen
 PA..... Parlor
 LIB..... Library
 TV..... TV Room
 C..... Courtyard
 PD..... Pvt Dining Room
 Bus..... Bus

Activity Department

Director

Linda O'Donnell

Leaders

Scott Dellay

Rose Buskin

Fabienne Jean Louis

Volunteers

Don & Carol Rosenthal

Pearl Lowy

Carol Baretz

Jack Kreismer

Jeanie Blauschild

Liz Burak

Vinson Hill

Church of the

Presentation, USR

Resident Volunteers

Terry Melville, Resident

Council President

Anne Cohen,

Sundries Shop

Adele Halpern, Librarian

Lillian Nadler, Pianist

Sundries Shop

Shower & Bath Supplies

Toiletries

Candy

Cards & Stamps

BEAUTY PARLOR is
 open **Wednesday** and

Friday.

Please make your
 appointment at the front
 desk.

Sunday	Monday	Tuesday
<p>BUS Trips- Sign up at clipboard on bulletin board counter. WEDNESDAYS- Local errands, scenic drives. FRIDAYS- Lunch bunch, banks. SATURDAYS- ShopRite, Walmart</p>	<p>Leaders- Linda- Sunday-Thursday as well as Wednesday evening. Scott- Tuesday-Saturday as well as Tuesday evening. This activity calender is subject to change. Please check the TV monitors for updates.</p>	<p>Happy Birthday to You! Happy Birthday Residents: Alice L.....7th Jane Y.....10th Dorothy M.....11th Mary M.....15th Bernet S.....21st Ying L.....29th</p>
<p>Leader- Linda 4 10:00 PA Thoughts to Ponder 10:30 PA Movin' and Groovin' 11:00 AR Communion 11:30--3 BUS Mulberry Street Grille- "How Sweet It Is. Tribute to Jackie Gleason" 3:00 PA Social Hour 4:00 PA You Be the Judge 6:30 AR Sunday Night at the Movies</p>	<p>Leader- Linda 5 9:30 PA Thoughts to Ponder 10:00 PA Let's Get Movin' 10:30 AR2 Make a Friendship Bracelet 1:30 LIB Book Club 1:30 AR Bingo with Don 3:00 PA Afternoon Social 3:30 PA Vinson on Piano 6:30 AR Movie Night</p>	<p>6 Leaders- Linda & Scott 10:00 PA Thoughts to Ponder 10:30 PA Zumba with Milena 1:15 AR Canasta w/Pearl 1:30 PA Operation Esplanade 3:00 PA Harvest Social 4:00 PA Dave Isaacson, Esq.-Interview 6:30 AR Movie Night</p>
<p>Leader- Linda 11 10:00 PA Thoughts to Ponder 10:30 PA Movin' and Groovin' 11:00 AR Communion 11:00 PA Trivia 1:30 AR Puzzles 3:00 PA Sunday Social 3:30 PA You Be the Judge 6:30 AR Sunday Night at the Movies</p>	<p>Columbus Day 12 Leader- Linda 9:30 PA Thoughts to Ponder 10:00 PA Let's Get It Going ... 10:30 AR2 Crafts & Sewing 1:30 LIB Book Club 1:30 AR Spanish Bingo-Don 3:00 PA Afternoon Social 3:30 PA Music with Moshe 6:30 AR Movie Night Special</p>	<p>13 Leaders- Linda & Scott 10:00 PA Thoughts to Ponder 10:30 PA Morning Workout 11:00 AR Just Talk ... 1:15 AR Canasta w/Pearl 1:30 LIB Bird Lover's Club 1:30 PA Golf 3:00 LIB Red Hat Club 3:30 PA Word Games 6:00 AR Pokeno 6:30 TV Movie Night</p>
<p>Leaders- Linda & Rose 18 10:00 PA Thoughts to Ponder 10:30 PA Exercise 11:00 AR Communion 11:00 PA Trivia Fun 1:15 AR Bingo with Rose 3:00 PA Social Hour 3:30 PA The Hudsoners 6:30 AR Sunday Night at the Movies</p>	<p>19 Leader- Linda 9:30 PA Thoughts to Ponder 10:00 PA Let's Get Movin' 10:30 AR2 Make a Yarn Doll 1:30 LIB Book Club 1:30 AR Bingo with Don 3:00 PA Afternoon Social 3:30 PA Vinson on Piano 6:30 AR Movie Night</p>	<p>20 Leaders- Linda & Scott 10:00 PA Thoughts to Ponder 10:30 PA Work It Out 11:00 PA This and That 12:00 PD Birthday Luncheon 1:15 AR Canasta w/ Pearl 1:30 PA Operation Esplanade 3:30PA Birthday Party with Mike Trombetta 6:00 AR Price is Right w/Scott 6:30 TV Movie Night</p>
<p>Leaders- Linda & Rose 25 10:00 PA Daily Chronicles 10:30 PA Exercise 11:00 AR Communion 11:00 PA Trivia Games 1:15 AR Bingo with Rose 1:30 BUS "Solid Gold Cadillac" 3:00 PA Social Time 3:30 Fun Time with Rose 6:30 AR Sunday Night at the Movies</p>	<p>26 Leader- Linda 9:30 PA Thoughts to Ponder 10:00 PA Exercise Time 10:30AR2 Pumpkin Decorating 1:30 LIB Book Club 1:30 AR Bingo with Don 3:00 PA Afternoon Social 3:30 PA Vinson on Piano 6:30 AR Movie Night</p>	<p>27 Leaders- Linda & Scott 10:00 PA Thoughts to Ponder 10:30 PA Work It Out 11:00 PA It's Up to You!! 1:15 AR Canasta w/ Pearl 1:30 PA Golf 1:30 LIB Bird Lover's Club 3:00 LIB Red Hat Club 4:00 PA Interview G. Lagos 6:00 AR Pokeno 6:30 TV Movie Night</p>

Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday to You!</p> <p>Happy Birthday, Staff & Volunteers:</p> <p>Margarette.....7th Marsha8th Gail.....14th Karin.....15th Evins.....23rd Pearl.....30th</p>	<p>AVI Meets 1</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Exercise with Scott 11:00 PA Redwing & Liz 1:15 LIB Cards with Pearl 1:30 AR2 Pokeno with Carol 1:45 AR Project SEE 3:00 PA Social & Snack 3:30 PA Music/Warren O'Neill 6:30 AR Movie Night</p>	<p>2</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:30 PA Discussion Group 1:15 BUS Local Outings 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 AR Shabbat Services 4:00 PA Game Show w/ Jack 6:30 AR Movie Special</p>	<p>3</p> <p>Leader- Scott 10:00 PA Daily Chronicles 10:30 PA Work Out with Scott 11:00AR Crossword Puzzles 1:15 BUS Out and About 1:30 AR Bingo with Fabienne 3:00 PA Saturday Social 4:00 AR Bible Discussion 6:30 AR Saturday Night at the Movies</p>
<p>7</p> <p>Leaders- Linda & Scott 10:00 PA Daily Chronicles 10:30 Tai Chi with John Hood 12:00 PD Circle of Friends 1:30 AR Bingo with Liz 2:00 BUS Beth Haverim Shir Shalom- Sukkot 3:00 PA Afternoon Social 4:00 PA Resident Council 6:00 AR Andre Rieu Concert 6:30 TV Movie Special</p>	<p>Family Support Group 8</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 11:00 PA Redwing & Liz 1:15 LIB Cards with Pearl 1:30 AR Pokeno with Carol 3:00 PA Social & Snack 3:30 PA Radio with Scott 6:30 AR Movie Night 7:00 LIB Family Support Group</p>	<p>9</p> <p>Leader- Scott 9:30 Daily Chronicles 10:00 PA Exercise for All 10:45 AR Oldies but Goodies 11:30 BUS Lunch Bunch 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 AR Shabbat Services 4:00 PA Brain Teasers 6:30 BUS Beth Haverim Shir Shalom-Simchat Torah</p>	<p>10</p> <p>Leader- Scott 10:00 PA Daily Chronicles 10:30 PA Work Out with Scott 11:00 PA Pet Therapy - Cody 1:15 BUS Local Outings 1:30 AR Bingo with Fabienne 3:00 PA Saturday Social 4:00 AR Bible Discussion 6:30 AR Saturday Night at the Movies</p>
<p>14</p> <p>Leaders- Linda & Scott 10:00 PA Daily Chronicles 10:30 PA Work Out with Scott 11:30 BUS Men's Club- The Saloon- Scott & John 1:30 AR Bingo with Liz 3:00 AR Snack with Sherlock Holmes 6:00 AR Tour Metropolitan Museum Art- Without the Walk 6:30 TV Movie Night</p>	<p>AVI Meets 15</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 11:00 PA Redwing & Liz 1:15 LIB Cards with Pearl 1:30 AR2 Pokeno with Carol 1:45 AR Project SEE 3:00 PA Social & Snack 3:30 AR Board Games 6:30 AR Movie Night</p>	<p>16</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:45 PA Discussion Group 1:15 BUS Local Outings 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 AR Shabbat w/ Rabbi 4:00 PA Game Show w/ Jack 6:30 AR Movie Night</p>	<p>17</p> <p>Leader- Scott 10:00 PA Daily Chronicles 10:30 PA Work Out with Scott 11:00 AR Crossword Puzzles 1:15 BUS Out and About 1:30 AR Bingo with Fabienne 3:00 PA Saturday Social 4:00 AR Bible Discussion 6:30 AR Saturday Night at the Movies</p>
<p>21</p> <p>Leaders- Linda & Scott 10:00 PA Daily Chronicles 10:30 PA Tai Chi- John Hood 1:30 AR Bingo with Liz 1:15 BUS Out & About 3:00PA Afternoon Social 3:30PA Food Committee 6:00 AR2 Dippin' in Chocolate 6:30 AR Movie Night</p>	<p>22</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 10:30 AR2 Applesauce Making 11:00 PA Redwing & Liz 1:15 LIB Cards with Pearl 1:30 AR2 Pokeno with Carol 1:45 AR Project SEE 3:00 PA Social & Snack 3:30 PA Bee Study 6:30 AR Movie Night</p>	<p>Flu Clinic 10:30-12:00pm 23</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise 10:30 PA Flu Shot Clinic 11:30 BUS Lunch Bunch 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 AR Shabbat Services 4:00 PA Brain Teasers 6:30 AR Movie Night</p>	<p>24</p> <p>Leader- Scott 10:00 PA Daily Chronicles 10:30 PA Work Out with Scott 11:00 PA Pet Therapy - Cody 1:15 BUS Local Outings 1:30 AR Bingo with Fabienne 3:00 PA Saturday Social 4:00 AR Bible Discussion 6:30 AR Saturday Night at the Movies</p>
<p>28</p> <p>Leaders- Linda & Scott 10:00 PA Daily Chronicles 10:30 PA Work Out with Scott 1:30 AR Bingo with Liz 1:15 BUS Out & About 3:00 PA Afternoon Social 3:30 AR Board Games 6:00 AR Andre Rieu Concert 6:30 TV Movie Special</p>	<p>29</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 11:00 PA Redwing & Liz 1:15 LIB Cards 1:30 AR Art with Scott 1:30 AR2 Pokeno with Carol 3:00 PA Social & Snack 3:30 PA Lillian Nadler- Piano 4:00 PA Trivia with Scott 6:30 AR Movie Night</p>	<p>30</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:45 AR Discussion Group 1:15 BUS Local Outings 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 AR Shabbat w Rabbi 4:00 PA Game Show w/ Jack 6:30 AR Movie Night</p>	<p>Happy Halloween!!! 31</p> <p>Leader- Scott 10:00 PA Daily Chronicles 10:30 PA Work Out with Scott 11:00 AR Crossword Puzzles 1:15 BUS Fall Foliage Ride 1:30 AR Bingo with Fabienne 3:00 PA Halloween Party with Irvin Finger 6:30 AR Saturday Night at the Movies</p>

October 2009

IT'S RAINING DOGS AT THE ESPLANADE



Residents have been enjoying weekly visits with 6-month-old golden retriever, REDWING, thanks to our bingo volunteer, Liz Burak! Redwing, named after the hockey team, is so happy when Liz pulls into the Esplanade parking lot. Volunteers Don and Carol Rosenthal will again be visiting with their 8-year-old English lab, Cody, on alternating Saturday mornings. Residents also enjoyed a surprise visit from resident Lucille G's son and his huge golden retriever ... What a charmer! (the dog and her son!) **COMING SOON** are visits from 10 chihuahuas by animal rescuer, Caroline Higgins, from Bardonia. These delightful animals are all decked out in bandanas and hats and will be visiting us in a shopping cart!!

Thanks, dogs ... You add such a bark, I mean spark, of joy to our days!

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