

THE  
**ESPLANADE**  
CHESTNUT RIDGE  
LUXURY ASSISTED LIVING

ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606  
[www.EsplenadeChestnutRidge.com](http://www.EsplenadeChestnutRidge.com)

Employee  
of the  
**Month**



Scott Dellay, Activities Leader at the Esplanade at Chestnut Ridge, has been named Employee of the Month for October 2010. Scott has a true passion for the work he does with our seniors. He is creative, energetic, knowledgeable, dependable, resourceful, reliable, artistic, witty and wise. Some of his favorite moments include dressing up as a chicken and doing the chicken dance, playing match game with our volunteer Jack K., holding our weekly Bible discussions and, of course, driving us all around town. There is so much more to say about Scott but as one of our residents said it best: "He's a jolly good fellow which nobody can deny!"

November 2010

On Veterans Day, we pay tribute to the men and women who have served and who continue to serve our country in the armed forces. Take a moment on Nov. 11 to honor those heroes whose dedication has kept our liberties intact. If you are a veteran, we'd like to thank you for your courage and service.

On Nov. 2, our veterans will attend the United Hospice of Rockland's Veterans Recognition Breakfast.

On Nov. 10 at 11 a.m., we will host Veterans Specialist Aurelio Orlandini from the County of Rockland who will speak about services offered by the Veterans Service Agency.

On Nov. 11 at 6:30 p.m., Barbara Steinberg, Certified Financial Planner™ and Registered Financial Gerontologist™, will be here to discuss a pension benefit for veterans.

To R.S.V.P., call (845) 620-0606. We hope you'll join us.



## CALENDAR KEY

AR ..... Activity Room  
 AR2 .... 2nd Fl. Act. Room  
 K ..... 2nd Fl. Kitchen  
 PA ..... Parlor  
 LIB ..... Library  
 TV ..... TV Room  
 C ..... Courtyard  
 PD ..... Pvt Dining Room  
 Bus ..... Bus  
 L ..... Lobby  
 DR ..... Dining Room

## Activity Department

### Director

Nilly Landa

### Leaders

Scott Dellay

Rose Buskin

Fabienne Jean Louis

### Volunteers

Carol Baretz

Liz Burak

Edith A. Bogart School

Vinson Hill

Jack Kreismer

Pearl Lowy

Church of the

Presentation, USR

### Resident Volunteers

Terry Melville, Resident

Council President

Anne Cohen,

Sundries Shop

Adele Halpern, Librarian

Lillian Nadler, Pianist

Evelyn Gillman, Sunshine

Club

Frances Belitz,

Welcoming Committee

### Sundries Shop

Shower & Bath Supplies

Toiletries

Candy


Cards & Stamps

Store is open Monday

through Friday

from 11:30 a.m.–Noon.

Sunday	Monday	Tuesday
<p>The Beauty Parlor- located on the 2nd floor- will be open every Wednesday and Friday.</p> <p>Please Make Your Appointment At the Front Desk.</p>	<p><b>1</b></p> <p>Leader- Nilly</p> <p>9:45 PA Monday Moves</p> <p>10:30 PA Daily Chronicles</p> <p>11:00 PA Painters Palette</p> <p>1:30 LIB Scrabble</p> <p>1:30 AR B-I-N-G-O</p> <p>3:00 PA Authors Day Social</p> <p>3:30 AR Manicures &amp; Music</p> <p>6:15 AR Residents' Choice</p>	<p><b>2</b></p> <p><b>Election Day</b></p> <p>Leaders-Scott &amp; Nilly</p> <p>9:00 Trip- <b>VETERANS BREAKFAST</b></p> <p>9:45 PA News of the Day</p> <p>10:30 PA Zumba W/ Milena</p> <p>11:00 PA Famous Leaders</p> <p>1:15 LIB Canasta</p> <p>1:15 AR Art Club</p> <p>3:00 PA Election Day Social</p> <p>3:30 PA Our Election Process</p> <p>6:15 AR Reel to Reel</p>
<p><b>Daylight Saving Time Ends</b> <b>7</b></p> <p>Leaders-Nilly &amp; Rose</p> <p>10:00 PA Rise and Shine</p> <p>10:30 PA In the News</p> <p>11:00 AR Communion</p> <p>11:00 PA Person, Place or Thing</p> <p>1:30 AR Bingo Bonanza</p> <p>1:30 PA Trivia Mania</p> <p>3:00 PA Fall Back Day Social</p> <p>3:30 PA <b>Music- Mary Stella</b></p> <p>6:15 AR PBS Presents</p>	<p><b>8</b></p> <p>Leader- Nilly</p> <p>9:45 PA Monday Moves</p> <p>10:30 PA Daily Chronicles</p> <p>11:00 PA <b>Music W/ Bob Kopeland</b></p> <p>1:30 LIB Scrabble</p> <p>1:30 AR B-I-N-G-O</p> <p>3:00 PA Gone With The Wind Social</p> <p>3:30 AR Manicures &amp; Music</p> <p>6:15 AR Residents' Choice</p>	<p><b>9</b></p> <p>Leaders-Scott &amp; Nilly</p> <p>9:45 PA In the Groove</p> <p>10:30 PA News of the Day</p> <p>11:00 PA Song and Dance</p> <p>12:00 AR <b>RED HAT LADIES "LUNCH IN"</b></p> <p>1:15 LIB Canasta</p> <p>1:15 AR Art Club</p> <p>3:00 PA Peanut Butter Social</p> <p>3:30 AR Catholic Mass &amp; Confession</p> <p>6:15 AR Reel to Reel</p>
<p>Leaders-Nilly &amp; Rose <b>14</b></p> <p>10:00 PA Rise and Shine</p> <p>10:30 PA In the News</p> <p>11:00 AR Communion</p> <p>11:00 PA Where in the World</p> <p>12:00 PD Birthday Luncheon</p> <p>1:30 AR Bingo Bonanza</p> <p>3:00 PA Where in the World Social</p> <p>3:30 PA <b>Birthday Party w/ Randi Accardi</b></p> <p>6:15 AR PBS Presents</p>	<p><b>15</b></p> <p>Leader- Nilly</p> <p>9:45 PA Monday Moves</p> <p>10:30 PA Daily Chronicles</p> <p>11:00 AR2 Holiday Crafting</p> <p>1:30 LIB Scrabble</p> <p>1:30 AR B-I-N-G-O</p> <p>3:00 America Recycles Social</p> <p>3:30 AR Manicures &amp; Music</p> <p>6:15 AR Residents' Choice</p>	<p><b>16</b></p> <p>Leaders-Scott &amp; Nilly</p> <p>9:45 PA Jazzercise</p> <p>10:30 PA News of the Day</p> <p>11:00 PA Boogie Down</p> <p>1:15 LIB Canasta</p> <p>1:15 AR Art Club</p> <p>3:00 PA Putting on the Ritz</p> <p>3:30 RA <b>RESIDENTS ART GALLERY</b></p> <p>6:15 AR Reel to Reel</p>
<p>Leaders-Nilly &amp; Rose <b>21</b></p> <p>10:00 PA Rise and Shine</p> <p>10:30 PA Read All About It</p> <p>11:00 AR Communion</p> <p>11:00 PA Times We Treasured</p> <p>1:30 AR Bingo Bonanza</p> <p>1:30 PA Trivia Mania</p> <p>3:00 PA Games Day Social</p> <p>3:30 PA Wheel of Fortune</p> <p>6:15 AR PBS Presents</p>	<p><b>22</b></p> <p>Leader- Nilly</p> <p>9:45 PA Monday Moves</p> <p>10:30 PA Daily Chronicles</p> <p>11:00 2AR Holiday Floral Arranging</p> <p>1:30 LIB Scrabble</p> <p>1:30 AR B-I-N-G-O</p> <p>3:00 PA Stardust Social</p> <p>3:30 AR Manicures &amp; Music</p> <p>4:00 PA The Kennedys</p> <p>6:15 AR Residents' Choice</p>	<p><b>23</b></p> <p>Leaders-Scott &amp; Nilly</p> <p>9:45 PA Boogie Down</p> <p>10:30 PA News of the Day</p> <p>11:00 PA Remember When</p> <p>1:15 LIB Canasta</p> <p>1:15 AR Art Club</p> <p>3:00 PA Talk Turkey Social</p> <p>3:30 PA Scattergories</p> <p>6:15 AR <b>HARVEST BALL W/ SHAWN FLEMING</b></p>
<p>Leaders-Nilly &amp; Rose <b>28</b></p> <p>10:00 PA Rise and Shine</p> <p>10:30 PA In the News</p> <p>11:00 AR Communion</p> <p>11:00 PA the Good Ole Days</p> <p>1:30 AR Bingo Bonanza</p> <p>1:30 PA Trivia Mania</p> <p>3:00 PA TV Show Premier Day Social</p> <p>3:30 PA Boggle</p> <p>6:15 AR PBS Presents</p>	<p><b>29</b></p> <p>Leader- Nilly</p> <p><b>10:00 - 3:00 L Claire Meyer Jewelry Sale</b></p> <p>9:45 PA Monday Moves</p> <p>10:30 PA Daily Chronicles</p> <p>11:00 PA Crafters Corner</p> <p>1:30 LIB Scrabble</p> <p>1:30 AR B-I-N-G-O</p> <p>3:00 PA Little Women Day Social</p> <p>3:30 AR Manicures &amp; Music</p> <p>6:15 AR Residents' Choice</p>	<p><b>30</b></p> <p>Leader-Scott &amp; Nilly</p> <p>9:45 PA Stretchersize</p> <p>10:30 PA News of the Day</p> <p>11:00 PA Old Time TV Greats</p> <p>1:15 LIB Canasta</p> <p>1:15 AR Art Club</p> <p>3:00 PA Musical Social</p> <p>3:30 PA <b>Music W/ Allen Bolna</b></p> <p>6:15 AR Reel to Reel</p>

Wednesday	Thursday	Friday	Saturday
<p><b>3</b></p> <p>Leaders-Scott &amp; Nilly            9:45 PA Warm-ups            10:30 PA Daily Chronicles            11:00 AR Yahtzee            12:00 PD <b>Circle of Friends</b>            12:00 Bus Trip- Men's Club            1:30 AR Bingo w/Liz            3:00 PA Sandwich Day Social            3:30 PA <b>Resident Council</b>            6:15 AR Front Row Seats</p>	<p><b>4</b></p> <p>Leaders- Scott &amp; Nilly            9:45 PA In the Groove            10:15 PA Daily Chronicles            11:00 PA Biography - News            11:30 PA Red Wing Visits            1:30 LIB Card Club w/Pearl            1:30 PA Pokeno w/Carol            3:00 PA The Way It Is Social            3:30 AR <b>Music w/ Ron R.</b>            6:15 AR Critics Choice            7:00 LIB <b>Support Group</b></p>	<p><b>5</b></p> <p>Leader-Scott            9:45 PA Jazzersize            10:30 PA Daily Chronicles            11:00 PA Bowling League            1:30 LIB Card Club            1:30 BUS Shopping/Errands            2:00 AR Bingo            3:00 PA Roy Rogers Day Social            3:30 LIB Fun w/ Wii            3:30 AR Shabbat w/Rabbi            6:15 AR Cultural Showcase</p>	<p><b>6</b></p> <p>Leader- Scott            9:30 PA Exercise for All            10:00 PA Daily Chronicles            11:00 PA Crosswords            1:30 AR Bingo            3:00 PA Sadie Hawkins Day Social            4:00 AR Bible Discussion            6:15 AR Cinemascope</p>
<p><b>10</b></p> <p>Leaders-Scott &amp; Nilly            9:45 PA Warm-ups            10:30 PA Daily Chronicles            11:00 AR <b>County of Rockland Veterans Service Agency</b>  <b>Speaker Aurelio Orlandini</b>            1:30 AR Bingo w/Liz            1:30 <b>Bus Trip- AC MOORE CRAFT PROGRAM</b>            3:00 PA Trivia Pursuit Social            3:30 PA Jeopardy            6:15 AR Front Row Seats</p>	<p><b>11</b></p> <p><b>Veterans Day</b>            Leaders- Scott &amp; Nilly            9:45 PA In the Groove            10:15 PA Daily Chronicles            11:00 PA Famous Veterans            11:30 PA Red Wing Visits            1:30 PA Pokeno LIB Cards            3:00 PA <b>Honoring our Veterans Social and More</b>            6:15 AR Critics Choice            6:30 PA <b>Barbara Steinberg-VA Pension Benefit Seminar</b></p>	<p><b>12</b></p> <p>Leader-Scott            9:45 PA Jazzersize            10:30 PA Daily Chronicles            11:00 PA Putting Green            1:30 LIB Card Club            1:30 BUS Local Outing            2:00 AR Bingo            3:00 PA French Toast Social            3:30 AR Shabbat            3:30 PA Karaoke            6:15 AR Lights, Camera, Action</p>	<p><b>13</b></p> <p>Leader- Scott &amp; Fabienne            9:30 PA Exercise for All            10:00 PA Daily Chronicles            11:00 PA Crosswords            1:30 AR Bingo            1:30 BUS Outing            3:00 PA World Kindness Social            4:00 AR Bible Discussion            6:15 AR Cinemascope</p>
<p><b>17</b></p> <p>Leaders-Scott &amp; Nilly  <b>WORLD PEACE DAY</b>            9:45 PA Daily Chronicles            10:30 PA Tai Chi w/ John            11:15 PA World Around Us            11:30 <b>Bus Trip- Lunch Madelines Petit Paris</b>            1:30 AR Bingo w/Liz            3:00 PA Bread Day Social            3:30 PA Cultural Showcase            6:15 AR Front Row Seats</p>	<p><b>18</b></p> <p>Leaders- Scott &amp; Nilly            9:45 PA In the Groove            10:15 PA Daily Chronicles            11:00 PA Make Em Laugh            11:30 PA Red Wing Visits            1:30 LIB Card Club w/Pearl            1:30 PA Pokeno w/Carol            3:00 PA Thankful Thursday Social            3:30 PA <b>Lillian Nadler-Piano</b>            6:15 AR Critics Choice</p>	<p><b>19</b></p> <p>Leader-Scott            9:45 PA Jazzersize            10:30 PA Daily Chronicles            11:00 PA Beyond Headlines            1:30 LIB Card Club            1:30 BUS Shopping/ Errands            2:00 AR Bingo 3:00 Social            3:30 PA Food Lovers Trivia            3:30 AR Shabbat w/Rabbi            3:30 <b>Bus Trip: Saddle River Day School Tea Party</b>            6:15 AR Movie Special</p>	<p><b>20</b></p> <p>Leader- Scott            9:30 PA Exercise for All            10:00 PA Daily Chronicles            11:00 PA Crosswords            12 AR Men's Club <b>"Lunch In"</b>            1:30 AR Bingo            4:00 AR Bible Discussion            6:15 AR Cinemascope</p>
<p><b>24</b></p> <p>Leaders-Scott &amp; Nilly            9:45 PA Warm-ups            10:30 PA Daily Chronicles            11:00 PA Recipes from the Heart            1:30 AR Bingo w/Liz            1:30 Bus Trip- Bear Mountain            3:00 PA Puzzle Day Social            3:30 PA Crossword Puzzle            6:15 AR Front Row Seats</p>	<p><b>25</b></p> <p><b>Thanksgiving</b>            Leaders- Scott &amp; Nilly            9am-12pm TV Macy's Thanksgiving Day Parade            9:45 PA In the Groove            10:15 PA Daily Chronicles            11:00 PA Coming to America            12 DR <b>Thanksgiving Feast</b>            3:00 PA Holiday Social            3:30 AR Holiday Reminiscing            6:15 AR Critics Choice</p>	<p><b>26</b></p> <p>Leader-Scott            9:45 PA Jazzersize            10:30 PA Daily Chronicles            11:00 PA Headliners and Legions            1:30 LIB Card Club            1:30 BUS Shopping/ Errands            2:00 AR Bingo            3:00 PA Black Friday Social            3:30 PA The Price Is Right            3:30 AR Shabbat            6:15 AR Lucy Classics</p>	<p><b>27</b></p> <p>Leader- Scott &amp; Fabienne            9:30 PA Exercise for All            10:00 PA Daily Chronicles            11:00 PA Crosswords            12:00 Scenic Ride W/Scott            1:30 AR Bingo            3:00 PA Scott's Social Hour            4:00 AR Bible Discussion            6:15 AR Netflix Top</p>
	<p><b>November</b></p>	<p><b>Leaders-</b>  <b>Nilly-</b> Sunday -Thursday  <b>Scott-</b> Tuesday - Saturday.</p> <p>This activity calendar is subject to change. Please check the TV monitors for updates.</p>	<p>Happy Birthday to our residents:            2nd...Mary A.            4th...Gaetano M.            11th...Florence C.            Happy Birthday to our Staff:            13th...Edmonde A.            19th. Benji M.            21st...Marie G.            21st...Meg B.            28th ...Carlene B.</p>

# November 2010



For info contact Mimi Hoffman, United Hospice-  
mhoffman@hospiceofrockland.org and to purchase bracelets, Nilly Landa, Activities Director at the Esplanade (845) 620-0606.

We are helping United Hospice of Rockland bead bracelets which will be sold to support the work of Choice Trust, a hospice in T'zaneen, South Africa. Over 85 hospice programs across the country partner with hospices in sub-saharan Africa and commit to raising \$5,000 as well as helping them in other ways, and at the same time learning from them. Choice Trust's health workers primarily work with villagers with AIDS, TB, cholera and other diseases. They also work with AIDS orphans and help other members of the community get vaccines and medications to improve their health. Monies raised for the bracelets will be used to help some of Choice Trust's sickest patients get relief from pain and symptoms, as well as give the health workers essentials they need, like water bottles and umbrellas, to traverse the challenging rural terrain in Limpopo Province, South Africa, the most remote province in the country.

The bracelets we will be making are appended and will sell for \$15.

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