

THE
ESPLANADE
CHESTNUT RIDGE
LUXURY ASSISTED LIVING

ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplenadeChestnutRidge.com



Our residents have been thoroughly enjoying our twice monthly **ANDRE RIEU** Concerts.

We've followed these most engaging performances throughout London, Tuscany, the Netherlands and Radio City Music Hall in New York City.

Everyone agrees that although some of us have seen Andre on TV, experiencing his concerts on the big screen surrounded by other enthused fans is what makes these concerts so special.

Each resident receives an invitation at their dinner place setting with a photo of Andre in the country where he will be performing that evening. At least 40 residents arrive, anxious to hear more of his glorious music. When the concert is over about two hours later, a very joyous group of people enjoy a glass of "bubbly" and discuss the evening's event.

For the month of November we are planning two concerts by **ANDRE BOCCELLI**, "In Tuscany" and "Under the Desert Skies."

If you are ever in the building while a concert is going on, please feel free to join us. Enter quietly, however, or you will quickly be hushed by our avid listeners.



November 2009

Employee of the Month



Resident Council President, Terry Melville, presented employee, **Marsha Wright**, with the prestigious honor of being selected **Employee of the Month for October**. Some of the adjectives used to nominate Marsha include ... patient, kind, hard-working, considerate, helpful, caring, smart and that she is a delight to know.

Congratulations to Marsha, who has a smile for everyone she meets.

CALENDAR KEY

AR..... Activity Room
 AR2..... 2nd Fl. Act. Room
 K..... 2nd Fl. Kitchen
 PA..... Parlor
 LIB..... Library
 TV..... TV Room
 C..... Courtyard
 PD..... Pvt Dining Room
 Bus..... Bus

Activity Department

Director

Linda O'Donnell

Leaders

Scott Dellay

Rose Buskin

Fabienne Jean Louis

Volunteers

Don & Carol Rosenthal

Pearl Lowy

Carol Baretz

Jack Kreismer

Jeanie Blauschild

Liz Burak

Vinson Hill

Church of the

Presentation, USR

Resident Volunteers

Terry Melville, Resident

Council President

Anne Cohen,

Sundries Shop

Adele Halpern, Librarian

Lillian Nadler, Pianist

Evelyn Gillman, Sunshine

Club

Frances Belitz,

Welcoming Club

Sundries Shop

Shower & Bath Supplies

Toiletries

Candy

Cards & Stamps

Store is open Monday

through Friday

at 11:30 a.m.–Noon.

Sunday	Monday	Tuesday
<p>Leader- Linda & Rose 1</p> <p>10:00 PA Daily Chronicles 10:30 PA Movin' and Groovin' 11:00 AR Communion 11:00 PA Crosswords 1:30 AR Bingo with Rose 2:15 BUS Rockland Symphony at RCC-Young People's Concert 3:30 PA Word Games 6:30 AR Sunday Night Movies</p>	<p>Leader- Linda 2</p> <p>9:30 PA Thoughts to Ponder 10:00 PA Let's Get Movin' 10:30 AR Rock Painting 1:30 LIB Book Club 1:30 AR Bingo with Don 3:00 PA Afternoon Social 3:15 PA Vinson on Piano 4:00 LIB Computers 101 6:30 AR Movie Night</p>	<p>Election Day 3</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:30 Zumba with Milena 11:00 PA On the Green-Golf 1:30 PA History of Election Day 1:15 LIB Canasta with Pearl 3:30 PA Word Game 4:00 LIB Computers 6:30 TV Movie Night</p>
<p>Leader- Linda & Rose 8</p> <p>10:00 PA Daily Chronicles 10:30 PA Movin' and Groovin' 11:00 AR Communion 11:00 PA Across & Down 1:30 AR Bingo with Rose 3:00 PA Promenade Visits 3:30 PA A Musical Salute w/ Puppets—Dayle Friedman 6:30 AR Sunday Night Movies</p>	<p>Leader- Linda 9</p> <p>10:00 PA Let's Get Movin' 10:30 AR Rock Painting Concluded 12:00 BUS Red Hats to Panera for Lunch 1:30 AR Bingo with Don 1:30 LIB Book Club 3:00 PA Social—Vinson, Piano 4:00 LIB Computers 6:30 AR Monday Night Movie</p>	<p>Leaders- Linda & Scott 10</p> <p>9:30 PA Daily Chronicles 10:00 PA Work It Out 11:00 PA Tee Time 1:15 LIB Canasta with Pearl 1:30 AR1 Bingo with Don 1:00 BUS West Nyack Post Office to Deliver Items from Operation Esplanade 3:30 PA Music-Ray & Nancy 6:30 TV Movie Night</p>
<p>Leader- Linda & Rose 15</p> <p>10:00 PA Daily Chronicles 10:30 PA Movin' and Groovin' 11:00 AR Communion 11:00 PA Crosswords 1:30 AR Bingo with Rose 3:00 PA Social 3:30 PA The Hudsoners 6:30 Sunday Movie Night</p>	<p>Leader- Linda 16</p> <p>9:30 PA Thoughts to Ponder 10:00 PA Let's Get Movin' 10:30 AR Weaving 1:30 BUS Book Club to Barnes & Noble 1:30 AR Bingo with Don 3:00 Social—Vinson, Piano 4:00 TV Dale Chihuly 6:30 AR Movie Night</p>	<p>Leaders- Linda & Scott 17</p> <p>9:30 PA Daily Chronicles 10:00 PA Work It Out 10:00 AR2 Cake/Cupcake Decorating with Irene 11:00 PA Golf 1:15 LIB Canasta with Pearl 1:30 AR Bingo with Don 1:30 PA Bird Lovers Club 3:30 PA- Music Makers—Tribute to Frank Sinatra 6:30 TV Movie Night</p>
<p>Leader- Linda & Rose 22</p> <p>10:00 PA Daily Chronicles 10:30 PA Movin' and Groovin' 11:00 AR Communion 11:00 PA Trivia 1:30 AR Bingo with Rose 3:00 BUS Promenade Social 3:30 PA Crosswords with Rose 6:30 AR Sunday Night Movies</p>	<p>Leader- Linda 23</p> <p>9:30 PA Thoughts to Ponder 10:00 PA Let's Get Movin' 10:30 AR Thanksgiving Craft 1:30 BUS Book Club—Library Exhibit 1:30 AR Bingo with Don 3:15 PA Vinson on Piano 4:00 LIB Computers—Search Engines 4:00 TV Dale Chihuly 6:30 AR Movie Night</p>	<p>Leaders- Linda & Scott 24</p> <p>9:30 PA Daily Chronicles 10:00 PA Work It Out 11:00 PA Round of Golf 12:00 PD Birthday Luncheon 1:15 LIB Card Club 1:30 AR Bingo Bonanza 1:30 PA Bird Lovers Club 1:30 TV Red Hat Society 3:30 PA Birthday with Moshe 6:30 TV Movie Night</p>
<p>Leader- Linda & Rose 29</p> <p>10:00 PA Daily Chronicles 10:30 PA Movin' and Groovin' 11:00 AR Communion 11:00 PA Crossword Puzzles 1:30 AR Bingo with Rose 3:30 PA Meredith-Fashion Design for Little Girls 6:30 AR Sunday Night Movie</p>	<p>Leader- Linda 30</p> <p>10:00 PA Let's Get Movin' 10-2 Holiday Sale (Costume Jewelry and Novelty Gifts) 10:30 AR Craft Project 1:30 LIB Book Club 1:30 AR B - I - N - G - O 3:00 PA Social—Vinson, Piano 4:00 AR Greeting Cards-Nancy 6:30 AR Movie Night</p>	<p>Leaders-</p> <p>Linda- Sunday -Thursday as well as Wednesday evening. Scott- Tuesday - Saturday.</p> <p>This activity calendar is subject to change. Please check the TV monitors for updates.</p>

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">4</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:30 PA Tai Chi, John Hood 1:30 AR Bingo with Liz 1:15 BUS Out & About 3:00 PA Employee of the Month Is Announced! 3:30 PA Resident Council 6:30 TV Movie Night</p>	<p style="text-align: right;">5</p> <p>Veterans Breakfast Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 11:00 PA Redwing-Pet Therapy 11:30 PA Who Am I? AR AVI 1:15 LIB Cards with Pearl 1:30 AR Pokeno, Board Games and More 3:30 PA News and Views 6:30 AR Movie Night</p>	<p style="text-align: right;">6</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:30 PA Discussion Group 1:15 BUS Local Outings 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 AR Shabbat Services 4:00 PA Game Show with Jack 6:30 AR Movie Special</p>	<p style="text-align: right;">7</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:30 PA Work Out with Scott 11:00 AR Wheel of Fortune 1:15 AR Art of the Masters 3:00 PA Social 4:00 AR Bible Discussion 6:30 AR Saturday Night Movies</p>
<p style="text-align: right;">11</p> <p>Veterans' Day Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 Exercise 10:30 AR2-Bake Macaroons 11:00 PA Trivia 1:15 BUS Out & About 1:30 AR Bingo with Liz 3:30 Honor Our Vets with Bert 6:00 AR Andre Boccelli, Tuscany 7:00 PA V.A. Benefits Lecture</p>	<p style="text-align: right;">12</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 11:00 PA Redwing-Pet Therapy 11:30 Who Am I? 1:15 LIB Cards with Pearl 1:30 AR Pokeno, Board Games and More 3:30 AR Cranium Crunches 6:30 AR Movie Night</p>	<p style="text-align: right;">13</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:30 PA Discussion Group 11:30 BUS Lunch Bunch 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 AR Shabbat Services 4:00 PA Game Show with Jack 6:30 AR Movie Special</p>	<p style="text-align: right;">14</p> <p>Leader- Scott & Fabienne 9:30 PA Daily Chronicles 10:30 PA Work Out with Scott 11:00 PA Pet Therapy-Cody 11:30 PA Music Appreciation 1:15 BUS Around Town 1:30 AR Bingo with Fabienne 4:00 AR Bible Discussion 6:30 AR Saturday Night at the Movies</p>
<p style="text-align: right;">18</p> <p>Leaders- Linda & Scott 9:30 Daily Chronicles 10:00 PA Tai Chi, John Hood 11:00 PA Golf Shots 11:30 BUS Men's Club Lunch at The Saloon 1:30 AR Bingo with Liz 3:30 PA Food Committee 6:00 AR That's Entertainment! 6:30 TV Movie Night</p>	<p style="text-align: right;">19</p> <p>AVI Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 11:00 PA Redwing-Pet Therapy 11:30 PA Who Am I? 1:15 LIB Cards with Pearl 1:30 PA Pokeno and Dice Games 3:30 PA Lillian Nadler Piano 6:30 AR Movie Night</p>	<p style="text-align: right;">20</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:30 PA Discussion Group 1:15 BUS Local Outings 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 AR Shabbat Services 4:00 PA Game Show w/ Jack 6:30 AR Movie Special</p>	<p style="text-align: right;">21</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:30 PA Work Out with Scott 11:00 PA Wheel of Fortune 1:30 AR Holiday Art 3:00 PA Social 4:00 AR Bible Discussion 6:30 Saturday Movie Night</p>
<p style="text-align: right;">25</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Exercise Routine 10:30AR2 Baking Apple Crisp 10:30 PA Group Discussion 1:15 BUS Around Town 1:30 AR Bingo with Liz; PA Golf 3:00 AR Social- Sherlock Holmes 6:00 AR Andre Boccelli 6:30 TV Movie Night</p>	<p style="text-align: right;">26</p> <p>Thanksgiving Leaders- Linda & Scott 9:00 AR Thanksgiving Parade 11:00 PA Morning Exercise 11:30 PA Let Us Give Thanks 12:00 Thanksgiving Feast 1:30 PA Holiday Reminiscing 3:00 PA Holiday Social 3:30 PA Roaring '20s Sing-a-long 6:30 AR Holiday Movie</p>	<p style="text-align: right;">27</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:30 PA Discussion Group 11:30 BUS Lunch Bunch 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 AR Shabbat Services 4:00 PA Game Show with Jack 6:30 AR Movie Special</p>	<p style="text-align: right;">28</p> <p>Leader- Scott & Fabienne 9:30 PA Daily Chronicles 10:00 PA Work Out with Scott 11:00 PA Pet Therapy-Cody 11:30 PA Music Appreciation 1:15 BUS Around Town 1:30 AR Bingo with Fabienne 3:00 PA Social 4:00 AR Bible Discussion 6:30 AR Saturday Night Movie</p>
<p>Happy Birthday Residents Mary A. — Nov. 2 Tom M. — Nov. 4 and to Our Staff: Ilva C. — Nov. 2 Carol P. — Nov. 7 Edmonde Z. — Nov. 13 Marie J. — Nov. 17 Benji M. — Nov. 19 Meg B. — Nov. 21 John — Nov. 26 Carlene B. — Nov. 28</p>	<p>Our new Welcoming Committee is being led by Fran B.</p> <p>Our new Sunshine Committee is being led by Evelyn G.</p>	<p>Please join us in the parlor each afternoon at 3:00pm for our daily social. Refreshments are always served.</p>	<p>BEAUTY PARLOR (on the 2nd Floor) is open Wednesday and Friday.</p> <p>Please make your appointment at the front desk.</p>

November 2009

WHO SAID BIRDS FLY SOUTH FOR THE WINTER?



The new birdfeeders at The Esplanade at Chestnut Ridge

We are so excited to announce the new bird feeders right outside our parlor window. We have a thistle/Niger seed feeder to attract small birds, a sunflower seed feeder for larger birds and a suet feeder for our woodpeckers. We are also looking forward to a platform feeder which will allow our residents to handcraft some pinecones filled with peanut butter and popcorn chains. Our kitchen will also share all their leftover bread which can be broken up for the birds.

Residents can now look forward to many hours of watching the antics of all our outdoor, feathered friends. Just envision a snowy day with colorful cardinals, chickadees and woodpeckers at our feeders ... our Esplanade family all warm and snug inside, yet enjoying this beautiful, ever-changing aspect of nature.

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