


 THE
ESPLANADE
 CHESTNUT RIDGE
 LUXURY ASSISTED LIVING


ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplenadeChestnutRidge.com

May 2009



Baseball Ballad

“Buy me some peanuts and Cracker Jack, I don’t care if I never get back ...”

Outside of “The Star Spangled Banner” or “Happy Birthday,” is there a song that represents Americana more than those lyrics from “Take Me Out to the Ball Game”? Jack Norworth penned the tune’s words in 1908 while riding a train to New York. Albert Von Tizler later composed the music for the song that now is a staple of Major League Baseball during the seventh-inning stretch.

The residents and staff at The Esplanade at Chestnut Ridge marked the beginning of baseball season with our own first pitch. Pictured above, adorned with baseball caps, gloves, bat and ball, we declared *“Play Ball!!”* We are looking forward to watching the 2009 season on our new flat screen television in our media room.



Highlights

- 5th 3:30pm Cinco De Mayo w/Burt Stromholm
- 6th 10:30am Tai Chi Chi Gong with John Hood
- 6th 3:00pm National Nurses Day Social
- 10th 3:00pm Mother’s Day with Mary Stella
- 12th 3:30pm Birthday Party with Moshe
- 12th 6:30pm Lecture with Barbara Steinberg
- 14th 4:00pm Catholic Mass with Father Simon
- 14th 6:30pm Dr. Dang Speaks on Psychiatry
- 20th 10:30am Tai Chi-Chi Gong with John Hood
- 21st Senior Awareness Day
- 21st 10:30am Ray and Nancy Sing
- 25th 12:00pm Memorial Day Picnic
- 25th 1:00pm Music by Billy Killoran
- 26th 11:00am Shavuot with Esther Berkowitz
- 27th 3:00pm Red Hat Ladies Meet
- 28th 3:30pm Resident Council

Join us every Monday at 10:30am–So You-Sewing and Design and 3pm for Music w/Vinson.

Join us on most Tuesdays and Thursdays for Piano with Lillian Nadler.

CALENDAR KEY

- AR..... Activity Room
- 2AR..... 2nd Fl. Art Room
- K..... 2nd Fl. Kitchen
- PA..... Parlor
- L..... Library
- TV..... TV Room
- C..... Courtyard
- PD..... Pvt Dining Room
- Bus..... Bus

Activity Department

Personnel Key

Leaders

- Scott Dellay
- Jessie Paul
- Rose Buskin
- Fabienne Jean Louis

Volunteers

- Don & Carol Rosenthal
- Pearl Lowy
- Jack Kreismer
- Jeanie Blauschild
- Liz Burak
- Vinson Hill
- Spring Valley HS Key Club
- Frisch High School Church of the Presentation, USR

Resident Volunteers

- Terry Melville, Resident Council President
- Anne Cohen, Sundries Shop
- Adele Halpern, Librarian
- Lillian Nadler, Pianist

Visit Our Sundries Shop

- Open 11:30-12:00 Mon., Wed., Fri., Sat.
- Shower and Bath
- Supplies
- Toiletries
- Candy
- Cards
- Stamps

Sunday	Monday	Tuesday
<p>Beauty Parlor opened every Wednesday and Friday Located on the second floor. Appointments made at front desk.</p>	<p>Bus Trips Sign up at the front desk WEDNESDAYS: Local errands, Scenic drives FRIDAYS: Lunch Bunch, Special Outings SATURDAYS: Shop Rite, Walmart, or local outings</p>	<p>New clubs forming every day ... See Scott for details.</p>
<p style="text-align: right;">3</p> <p>Leader- Rose 10:00PA Range of Motion 11:00AR Communion 11:00PA Reminiscing 1:15 AR Bingo Lib Rummikub TV Sports 3:00PA Social Hour 4:00 PA Spelling Bee 6:30 AR Sunday Nite at the Movies</p>	<p style="text-align: right;">4</p> <p>Leader- Jessie Volunteer- Don 9:00AR Chronic Disease Self-Management Program 10:00PA Morning Stretch 10:30 2AR So You-Sewing and Design 11:00 PA Bowling League 1:15 AR Bingo PA Buzz Word 3:00PA Music w/Vinson 6:30 AR Movie Madness</p>	<p style="text-align: right;">5</p> <p>Cinco De Mayo Leader-Scott Volunteers- Don, Pearl 9:30 PA Daily Chronicles 10:00 PA Mexican Hat Dancercize 11:00AR Tee Time Golf 1:15 AR Pokeno L Cards 3:00PA Cinco De Mayo Fiesta 3:30 PA Burt Plays Accordion 6:30 AR On the Big Screen</p>
<p style="text-align: right;">10</p> <p>Mother's Day Leader- Rose 10:00PA Sunday Stretch 11:00AR Communion 11:00PA Crosswords/Jumble 1:15 AR Bingo Lib Yahtzee TV Sports 3:00PA Mary Stella Performs for Mother's Day 4:00 PA Password 6:30 AR Sunday Nite at the Movies</p>	<p style="text-align: right;">11</p> <p>Leader- Jessie Volunteer- Don 9:00AR Chronic Disease Self-Management Program 10:00PA Morning Stretch 10:30 2AR So You-Sewing and Design 11:00 PA Bowling League 1:15 AR Bingo PA Buzz Word 3:00PA Music w/Vinson 6:30 AR Movie Madness</p>	<p style="text-align: right;">12</p> <p>Leader-Scott Volunteers Don, Pearl 9:30PA Daily Chronicles 10:00PA Dancercize 11:00PA Miniature Golf 12:00 PD Birthday Luncheon 1:15 AR Pokeno-Dominoes 3:00PA Afternoon Social 3:30PA Birthday Party Moshe 6:30AR Movie Special 6:30 PA Lecture B. Steinberg</p>
<p style="text-align: right;">17</p> <p>Leader- Rose 10:00PA Limber Up 11:00AR Communion 11:00PA Sunday Crosswords 1:15 AR Bingo Lib Scrabble TV Sports 3:00PA Sundaes on Sunday 4:00 PA Wheel of Fortune 6:30 AR Popcorn & Movie</p>	<p style="text-align: right;">18</p> <p>Leader- Jessie Volunteer- Don 9:00AR Chronic Disease Self-Management Program 10:00PA Morning Stretch 10:30 2AR So You-Sewing and Design 11:00 PA Bowling League 1:15 AR Bingo PA Buzz Word 3:00PA Music w/Vinson 6:30 AR Movie Madness</p>	<p style="text-align: right;">19</p> <p>Leader-Scott Volunteers- Don, Pearl 9:30 PA Piano-Lillian Nadler 10:00 PA Chair Aerobics 11:00AR Hole in One 1:15 AR Art Club & Ceramics 1:30 L Card Corner 3:00 PA Piano-Lillian Nadler 3:30 PA Employee Highlights-Ed Kling 6:30 AR Film Critic's Choice</p>
<p style="text-align: right;">24/31</p> <p>Leader- Rose 10:00PA Range of Motion 11:00AR Communion 11:00PA Reminiscing 1:15 AR Bingo Lib Puzzles TV Sports 3:00PA Social Hour 4:00 PA Spelling Bee 6:30 AR Sunday Nite at the Movies</p>	<p style="text-align: right;">25</p> <p>Memorial Day Leader Jessie Volunteer- Don 10:00 AR Exercise 11:00 AR Moment of Silence 12:00C Memorial Day Picnic 1:00 C Billy Killoran Sings 3:00 PA Music with Vinson 6:30 AR Movie Favorite</p>	<p style="text-align: right;">26</p> <p>Leader-Scott Volunteers- Don, Pearl 9:30 PA Piano-Lillian Nadler 10:00 PA Get Fit Club 11:00 AR Shavuot w/Esther Berkowitz 1:15 AR Art Appreciation 1:30 L Card Corner 3:00 PA Piano Social-Lillian Nadler 4:00 AR Music Appreciation 6:30 AR Film Critic's Choice</p>

Wednesday	Thursday	Friday	Saturday
<p>Memorial Day Picnic 5-25 Noon</p> <p>Please R.S.V.P. at the front desk by 5-18.</p>		<p>Leaders-Scott Volunteers- Don, Liz 9:30 PA Friday Fun 10:00 PA Fitness Club 11:00 BUS Outing 11:00 AR Oldie but Goodie 1:15 AR Jackpot Bingo w/Liz 3:00 PA TGIF Social 3:30 L Computer Class 3:30 AR Shabbat Service 6:30 AR Musical Movie</p>	<p>Leader- Scott, Fabienne 10:15 PA Exercise for all 11:00 PA Brain Games 1:00 BUS Local Shopping 1:15 AR Jackpot Bingo 1:30 PA Parlor Games 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Movie</p>
<p>National Nurses Day Leader- Scott Volunteers- Don, Liz 9:30 PA News and Views 10:30 PA Tai Chi-Chi Gong 11:30 PA Brain Teasers 1:15 AR Bingo PA Billiards 1:15BUS Local Errands 3:00 PA A Salute to our Nurses Social 4:00 PA Trivia 6:30 AR Netflix Feature</p>	<p>AVI Meets Leader- Scott Volunteers- Don, Pearl 9:45 PA News of the Day 10:30PA Thursday Stretch 11:30 PA Reminisce with Don 1:30 AR Art of the Masters 3:00 AR Piano Social-Lillian Nadler 3:30 AR Wheel of Fortune 6:30 AR Comedy Central</p>	<p>Leader- Scott Volunteers- Don, Liz 9:30PA Daily Chronicles 10:00 PA Friday Fitness 11:15 BUS Lunch Trip 11:15 AR Reruns 1:15 AR Liz calls BINGO 3:00 PA Social Hour 3:30 L Computers 3:30 AR Shabbat Services 4:00PA Music Appreciation 6:30 AR Netflix Favorite</p>	<p>Leader-Scott, Fabienne 10:15 PA Saturday Stretch 11:00 PA Pet therapy 1:00BUS Local shopping 1:15AR Bingo Surprise 1:30PA Parlor Games, Knit Knacks Club 3:00PA Saturday Social 4:00AR Bible Study 6:30 AR Top Picks Movie</p>
<p>Leader- Scott Volunteers- Don and Liz 9:30PA Daily Chronicles 10:30PA Walking Club 11:30 PA Brain Teasers 1:15 AR Bingo TV Wii Fun 1:15 PA Local Errands 3:00PA Social Hour 4:00 PA Game Show w/Scott 6:30 AR New Release</p>	<p>9:30PA Week in Review 10:00 PA Dancercise with Special Guest 11:30 2AR Cooking Demo w/Scott 1:30AR Art Club 3:00PA Piano Social-Lillian Nadler 4:00 AR Catholic Mass w/ Father Simon 6:30 PA Lecture- Dr. Dang</p>	<p>Leader- Scott Volunteers- Don, Liz 9:30PA Week in Review 10:00 PA Friday Fitness 11:00 BUS Outing 11:15 AR Talk Show Hosts 1:15 AR Liz calls BINGO 3:00 PA Social Hour 3:30 AR Shabbat Services 4:00PA Storytelling 6:30 AR Friday Nite at the Movies</p>	<p>Leader- Scott, Fabienne 10:15 PA Exercise for all 11:00 PA Brain Games 1:00 BUS Local Shopping 1:15 AR Jackpot Bingo 1:30 PA Parlor Games 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Movie</p>
<p>Leader- Scott Volunteers- Don, Liz 9:30 PA News Currents 10:30 PA Tai Chi-Chi Gong 11:30 PA Discussion Group 1:15 AR Bingo PA Billiards 1:15BUS Local Errands 3:00 PA Social Hour 4:00 PA Trivia 6:30 AR Movie of the Week</p>	<p>AVI Meets Senior Awareness Day Leader- Scott Volunteers- Don, Pearl 9:30 PA Thursday Stretching 10:30PA Ray & Nancy Sing 1:30 PA Dining Committee 2:15AR Art Expression Part I 3:00PA Piano Social-Lillian Nadler 3:30 AR Art Expression Part II 6:30 AR Comedy Central</p>	<p>Leader- Scott Volunteers- Don, Liz 9:30PA In the News 10:00 PA Friday Fitness 11:00 BUS Lunch Bunch 11:15 AR Oldies but Goodies 1:15 AR Liz calls BINGO 3:00 PA Social 3:30 AR Shabbat Services 4:00PA Music Appreciation 6:30 AR Movie Thriller</p>	<p>Lucky Penny Day Leader- Scott, Fabienne 10:15 PA Senior Fitness 11:00 PA Cranium Crunches 1:00 BUS Local Shopping 1:15 AR Penny Bingo 1:30 PA Parlor Games 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Movie</p>
<p>Leader- Scott Volunteers- Don, Liz 9:30 PA May Facts 10:30PA Exercise for the Soul 11:30 PA Brain Teasers 1:15 AR Bingo PA Billiards 1:15BUS Local Errands 3:00 PA Red Hat Society Meets 4:00 PA Music Appreciation 6:30 AR Wed Nite at the Movies</p>	<p>Leader- Scott Volunteers Don, Pearl 10:00PA Chair Aerobics 11:00PA News Currents 12:00PD Circle of Friends Luncheon 1:15 AR Art Club L Card Club 3:00PA Piano Social-Lillian Nadler 3:30PA Residents' Council 6:30PA Comedy Central</p>	<p>Leader- Scott Volunteers- Don, Liz 9:30PA Hot Topics 10:00 PA Friday Fitness 11:00 BUS Outing 11:15 AR Travelogue 1:15 AR Liz calls BINGO 3:00 PA Chef Choice Social 3:30 AR Shabbat Services 4:00PA Music Appreciation 6:30 AR Movie Special</p>	<p>Leader- Scott, Fabienne 10:15 PA Exercise 11:00 PA Pet Therapy 1:00 BUS Local Shopping 1:15 AR Bingo 1:30 PA Billards 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Movie Classic</p>

May 2009

Retirement News



(L-R) John Menary and William O'Connor

Who is the person responsible for making sure our community is safe and pristine at all times? Our director of maintenance and housekeeping William O'Connor, of course. You may not realize how many tasks he handles on a day-to-day basis. For the past seven years Bill has overseen all of the landscaping, painting, housekeeping, laundry, trash removal, air conditioning/heating systems, smoke alarms, carpet cleaning, snow removal, plumbing and electricity. And that's only a brief description! His job is much more complicated than we could describe in a simple newsletter story. Nevertheless, we offer our thanks and a special salute to him as he enters retirement. Bill has transitioned his role to John Menary so that he can rest easy during his retirement knowing that The Esplanade is in good hands. Good luck to you, Bill, and welcome, John!

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