

THE  
**ESPLANADE**  
CHESTNUT RIDGE  
LUXURY ASSISTED LIVING

ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606  
[www.EsplenadeChestnutRidge.com](http://www.EsplenadeChestnutRidge.com)

March 2011

Employee  
of the  
**Month**



**Lymena Pierre**

Congratulations to Lymena Pierre, our Employee of the Month for February 2011. Lymena has been with the Esplanade since October 2003. Her love of our residents and our community makes her so valuable and appreciated by us all. Lymena is the first to volunteer to stay over during a snow storm. She truly cares about the well-being of others and it shows. What better month to present her with this award than February, the month we express our love. Lymena, the residents and your fellow coworkers ... **LOVE YOU!**



**Join Us!**

We offer a wide variety of activities each month and invite each and every one of you to come and join in on the fun. It's a great way to meet up with friends and maybe even try something new! This past month we tried our *hand* at blackjack. Nilly transformed the room to make us feel like we were in Atlantic City. This month we are looking forward to our festive Mardi Gras Celebration on March 8! We hope you'll join us!



## CALENDAR KEY

AR..... Activity Room  
 AR2..... 2nd Fl. Act. Room  
 K..... 2nd Fl. Kitchen  
 PA..... Parlor  
 LIB..... Library  
 TV..... TV Room  
 C..... Courtyard  
 PD..... Pvt Dining Room  
 Bus..... Bus  
 L..... Lobby  
 DR..... Dining Room

## Activity Department Director

Nilly Landa

### Leaders

Scott Dellay

Rose Buskin

Fabienne Jean Louis

## Volunteers

Carol Baretz

Liz Burak

Redwing

Edith A. Bogart School

Jack Kreisler

Pearl Lowy

Church of the

Presentation, USR

## Resident Volunteers

Terry Melville, Resident

Council President

Anne Cohen,

Sundries Shop

Evelyn Gillman, Sunshine Club

## Sundries Shop

Shower & Bath Supplies

Toiletries

Candy

Cards & Stamps

Store is open Monday through Friday,

11:30 a.m.-Noon.

	Sunday	Monday	Tuesday
	<p>The Beauty Parlor- located on the 2nd floor- will be open every Wednesday and Friday.</p> <p>Please Make Your Appointment At the Front Desk.</p> <p>Please join us in the parlor each afternoon at 3 p.m. for our daily social. Refreshments are always served.</p>	<p><b>Leaders-</b></p> <p><b>Nilly-</b> Sunday -Thursday  <b>Scott-</b> Tuesday - Saturday</p> <p>This activity calendar is subject to change. Please check the TV monitors for updates.</p>	<p><b>1</b></p> <p>Leaders Scott &amp; Nilly            9:45 PA Jazzercise            10:30 PA News Briefs            11:00 PA Name That Tune            1:15 LIB Canasta            1:15 AR Art Club            3:00 PA In the Mood Social            3:30 PA It's a Matter of Fact            6:15 AR Reel to Reel</p>
	<p><b>6</b></p> <p>Leaders-Nilly &amp; Rose            10:00 PA Rise and Shine            10:30 PA On This Day            11:00 AR Communion            11:00 PA Down Memory Lane            12:00 PD <b>Birthday Luncheon</b>            1:30 AR Bingo Bonanza            3:00 PA Michelangelo's Social            3:30 PA <b>Birthday Party w/ Mary Stella</b>            6:15 AR PBS Presents</p>	<p><b>7</b></p> <p>Leader - Nilly            9:45 PA Exercise for the Soul            10:30 PA Daily Chronicles            11:00 PA Modern Marvels            1:30 LIB Scrabble            2:00 AR Games People Play            3:00 PA Telephone Social            3:30 AR Manicures &amp; Music            4:00 LIB Computer Club            6:15 AR Hollywood Classics</p>	<p><b>8</b></p> <p>Leaders Scott &amp; Nilly            9:45 PA Groovin and Moovin            10:30 PA World Around Us            11:00 AR "NEW ORLEANS"            1:15 LIB Canasta            1:15 AR Art Club            3:00 PA Fat Tuesday Social            3:30 PA <b>Mardi Gras Party w/ Nick Artsey</b>            6:15 AR Lights, Camera, Action</p>
	<p><b>13</b></p> <p><b>Daylight Saving Time</b>            Leaders-Nilly &amp; Rose            10:00 PA Sit and Be Fit            10:30 PA On This Day            11:00 AR Communion            11:00 PA Days Gone by            1:30 AR Bingo Bonanza            1:30 PA Trivia Mania            3:00 PA Daylight Saving Social            3:30 PA Word Boggle            6:15 AR Classical Showcase</p>	<p><b>14</b></p> <p>Leader - Nilly            9:45 PA Exercise for the Soul            10:30 PA Daily Chronicles            11:00 PA Crosswords            1:30 AR Fun and Games            1:30 LIB Scrabble            3:00 PA Brainy Week Social            3:45 PA <b>Verlin School of Irish Step Dance Performance</b>            4:00 LIB Computer Club            6:15 AR Residents Choice</p>	<p><b>15</b></p> <p>Leaders Scott &amp; Nilly            9:45 PA Jazzercise            10:30 PA St. Patrick's Day Crafting            12:00 AR <b>Red Hat Luncheon</b>            1:15 LIB Canasta            1:15 AR Art Club            3:00 PA Ides of March Social            3:30 PA <b>Food Committee</b>            6:15 AR Reel to Reel</p>
	<p><b>20</b></p> <p><b>First Day of Spring</b>            Leaders-Nilly &amp; Rose            10:00 PA Rise and Shine            10:30 PA On This Day            11:00 AR Communion            11:00 PA Remember When            1:30 AR Bingo Bonanza            1:30 PA Trivia Mania            3:00 PA Spring Equinox Social            3:30 PA Finishing Line            6:15 AR Movie Greats</p>	<p><b>21</b></p> <p>Leader - Nilly            9:45 PA Monday Moves            10:30 PA Daily Chronicles            11:00 PA <b>Purim w/ Queen Esther</b>            1:30 AR - Yahtzee            1:30 LIB Scrabble            3:00 PA Bach Day History            3:30 AR Manicures &amp; Music            4:00 LIB Computer Club            6:15 AR Critics Choice</p>	<p><b>22</b></p> <p>Leaders Scott &amp; Nilly            9:45 PA Groovin to the Tunes            10:30 PA Read All About It            11:00 PA Women Who Made A Difference            1:15 LIB Canasta            1:15 AR Art Club            3:00 PA Women's History Social            3:30 PA <b>Spring Fling Party w/ Randi Accardi</b>            6:15 AR Lots of Laughs</p>
	<p><b>27</b></p> <p>Leaders-Nilly &amp; Rose            10:00 PA Sit and Be Fit            10:30 PA On This Day            11:00 AR Communion            11:00 PA Those Were the Days            1:30 AR Bingo Bonanza            1:30 PA Trivia Mania            3:00 PA Spring Clean Social            3:30 PA Jeopardy            6:15 AR PBS Presents</p>	<p><b>28</b></p> <p>Leader - Nilly            9:45 PA Monday Moves            10:30 PA Daily Chronicles            11:00 PA BuzzWords            1:30 LIB Scrabble            1:30 AR Win, Lose or Draw            3:00 PA Mythology Monday Social            3:30 AR Manicures &amp; Music            6:15 AR Residents Choice</p>	<p><b>29</b></p> <p>Leaders Scott &amp; Nilly            9:45 PA Flex-R-Cize            10:30 PA News and Views            10:30 AR2 <b>Cooking w/ Class</b>            11:00 PA In My Opinion            1:15 LIB Canasta            1:15 AR Art Club            3:00 PA Coca Cola Social            3:30 PA Bible History            6:15 AR You Outta Be in Pictures</p>

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;"><b>2</b></p> <p>Leaders-Scott &amp; Nilly 9:45 AR Warm-ups 10:30 AR Daily Chronicles 11:00 AR Biography - Inventors and Innovators 1:30 AR Bingo w/Liz 1:30 Bus- <b>Mall Walkers</b> 3:00 PA My Favorite Things Social 3:30 PA Its Puzzling 6:15 AR Front Row Seats</p>	<p style="text-align: right;"><b>3</b></p> <p><b>AVI</b> Leaders- Scott &amp; Nilly 9:45 PA Stretch-R-Cize 10:30 2AR Mardi Gras Mask Making 11:30 PA Red Wing Visits 1:30 LIB Cards PA Pokeno 3:00 PA Anthem Social 3:30 AR Mass w/ Father Simon 3:30 AR Family Feud 6:15 AR Critics Choice</p>	<p style="text-align: right;"><b>4</b></p> <p>Leader-Scott 9:45 PA Daily Workout 10:30 PA Daily Chronicles 11:00 PA Bowlethon 1:30 BUS Shopping/Errands 2:00 AR Bingo 3:00 PA Grammar Day Social 3:30 PA Anagrams 3:30 AR Shabbat Service 6:15 AR Cultural Showcase</p>	<p style="text-align: right;"><b>5</b></p> <p>Leader- Scott 9:30 PA Exercise for All 10:00 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 1:30 BUS Scenic Ride w/ Scott 3:00 PA <b>Chinese American Cultural Performance</b> 4:30 Bible Discussion 6:15 AR Movie Special</p>
<p style="text-align: right;"><b>9</b></p> <p><b>ASH WEDNESDAY</b> Leaders-Scott &amp; Nilly 9:45 PA Fitness Club 10:30 PA Daily Chronicles 11:00 PA Do You Know That! 1:30 AR Bingo w/Liz 1:30 Bus- <b>Rockland Bakery</b> 3:00 PA Barbi Social 3:30 PA Church of the Presentation Service 6:15 AR Mystery Theatre</p>	<p style="text-align: right;"><b>10</b></p> <p>Leaders- Scott &amp; Nilly 9:45 PA Morning Fitness 10:15 PA Daily Chronicles 11:00 PA Wonders of Nature 11:30 PA Red Wing Visits 1:30 LIB Card Club w/Pearl 1:30 PA Pokeno w/Carol 3:00 PA Paper Money Social 3:30 PA Make Em Laugh 6:15 AR Critics Choice 7:00 LIB <b>Support Group</b></p>	<p style="text-align: right;"><b>11</b></p> <p>Leader-Scott 9:45 PA Jazzersize 10:30 PA Daily Chronicles 11:00 PA Pet Therapy Visits 1:30 BUS Shopping/Errands 2:00 AR Bingo 3:00 PA Wonderful Day Social 3:30 PA Food Lovers Trivia 3:30 AR Shabbat Services 6:15 AR Timeless Classics</p>	<p style="text-align: right;"><b>12</b></p> <p>Leader- Scott 9:30 PA Flex-R-Cize 10:00 PA Daily Chronicles 11:00 PA Crosswords 12:00 AR Men's "Lunch In" 1:30 AR Bingo 3:00 PA Girl Scouts Social 4:00 AR Bible Discussion 6:15 AR Netflix Top Pix</p>
<p style="text-align: right;"><b>16</b></p> <p>Leaders-Scott &amp; Nilly 9:45 PA Warm-ups 10:30 PA Daily Chronicles 11:00 PA Let's Make Irish Soda Bread 12:00 PD <b>Circle of Friends</b> 1:30 AR Bingo w/Liz 1:30 Bus Trip- <b>Library</b> 3:00 PA King of Comedy Social 3:30 PA <b>Resident Council</b> 6:15 AR Comedy Central</p>	<p style="text-align: right;"><b>17</b></p> <p><b>St. Patty's Day--AVI</b> Leaders- Scott &amp; Nilly 9:45 PA In the Groove 10:15 PA Daily Chronicles 11:00 TV Travels- <b>IRELAND</b> 11:30 PA Red Wing Visits 1:30 LIB Card Club w/Pearl 1:30 PA Pokeno w/Carol 3:00 PA Shamrock Social 3:30 PA <b>St. Patrick's Day Party</b> 6:15 AR St. Patrick's Movie</p>	<p style="text-align: right;"><b>18</b></p> <p>Leader-Scott 9:45 PA Daily Workout 10:30 PA Daily Chronicles 11:00 PA Tee Time 1:30 BUS Shopping/Errands 2:00 AR Bingo 3:00 PA Poppin Fresh Social 3:30 AR Shabbat Services w/ Rabbi Friedman 3:30 AR Art Appreciation 6:15 AR Hollywood Classic</p>	<p style="text-align: right;"><b>19</b></p> <p>Leader- Scott 9:30 PA Exercise for All 10:00 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 1:30 BUS Scenic Ride w/ Scott 3:00 PA "M" Day Social 4:00 AR Bible Discussion 6:15 AR Netflix Top Choice</p>
<p style="text-align: right;"><b>23</b></p> <p>Leaders-Scott &amp; Nilly 7:30 Trip- Breakfast Outing 9:45 PA Fitness Club 10:30 PA Daily Chronicles 11:00 PA R.S.V.P. Clowns Visit 1:30 AR Bingo w/Liz 1:30 Bus Trip- <b>Museum</b> 3:00 PA Yo -Yo Social 3:30 PA Wheel of Fortune 5:00 Trip: <b>Out on the Town</b> 6:15 AR Great Performances</p>	<p style="text-align: right;"><b>24</b></p> <p>Leaders- Scott &amp; Nilly 9:45 PA Morning Fitness 10:15 PA Daily Chronicles 11:00 PA A Stitch in Time 11:30 PA Red Wing Visits 1:30 LIB Card Club w/Pearl 1:30 PA Pokeno w/Carol 3:00 PA Celebrate Anything Social 3:30 PA <b>"Beat the Clock"</b> 6:15 AR Cinema Scope</p>	<p style="text-align: right;"><b>25</b></p> <p>Leader-Scott 9:45 PA Jazzersize 10:30 PA Daily Chronicles 11:00 PA Headliners &amp; Legends 1:30 BUS Shopping/Errands 2:00 AR Bingo 3:00 PA Waffle Day Social 3:30 AR Shabbat Services 3:30 PA TV Greats 6:15 AR Lights, Camera, Action</p>	<p style="text-align: right;"><b>26</b></p> <p>Leader- Scott 9:30 PA Exercise for All 10:00 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 3:00 PA Duncan Hines Social 3:00 PA <b>Musical Melody Performance w/ Mrs. Swenson's Class</b> 6:15 AR Movie Special</p>
<p style="text-align: right;"><b>30</b></p> <p>Leaders-Scott &amp; Nilly 9:45 PA Warm-ups 10:30 PA Daily Chronicles 11:00 PA Spring Scrapbooking 1:30 AR Bingo w/Liz 1:30 Bus Trip- <b>Walmart</b> 3:00 PA Van Gogh Social 3:30 PA Don't Forget the Lyrics 6:15 AR Front Row Seats</p>	<p style="text-align: right;"><b>31</b></p> <p>Leaders- Scott &amp; Nilly 9:45 PA In the Groove 10:15 PA Daily Chronicles 11:00 PA The American Experience 11:30 PA Red Wing Visits 1:30 LIB Card Club w/Pearl 1:30 PA Pokeno w/Carol 3:00 PA The First Ball Social 3:30 PA Opening Day - Baseball Greats 6:15 AR Critics Choice</p>	<p>Happy Birthday to Our Residents ... Ardith G. - 7th Sophie W. - 9th James G. - 11th Ann K. - 15th Philomena V. - 17th Florence O. - 22nd Elizabeth S. - 23rd Irving S. - 24th Ted V. - 25th</p>	<p>... And to Our Staff Yvelouse G. - 8th Milana K. - 13th Rose B. - 13th Lymena P. - 20th Sherly J. - 23rd</p>

# March 2011



## *Spring Forward!*

*Don't forget,*

daylight saving time begins the  
second Sunday in March!

Move your clocks ahead one  
hour at 2 a.m.

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