

THE
ESPLANADE
CHESTNUT RIDGE
LUXURY ASSISTED LIVING

ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplenadeChestnutRidge.com

March 2010

Employee
of the
Month



AMONCE PIERRE

Amonce has been part of housekeeping since August 2001.

How thrilled everyone was to learn that he was the staff member being celebrated this month.

Comments submitted by residents read "good worker," "courteous" and "polite." It is with genuine excitement that we congratulate you, Amonce!



CELEBRATE LIFE!

Our theme for March is Celebrate Life! To that end we have scheduled a program with Dr. Wellbeing from the Laughter Club and life coach, Irene Gutmann with her program "There's Only One You!" We will enjoy a performance by real live clowns and have a "Day of Smiles." Jack Vartan, who sings in five languages, will be here to entertain. Moshe will return for our monthly birthday celebration, and we can look forward to another visit from our favorite teenagers from the Frisch School. Our third visit from the second graders from the Bogert School is also scheduled. Two first-time events—entertainment by the Verlin School of Irish step dancers and a visit from a handful of bagpipers and drummers.

Of course, there will be our exercise programs, crosswords and the new cryptograms. The craft group will get to participate in a brand new class "Needle Felting," and the art group will move on to "Pop Up Art," which is painting with acrylics. A trip to the musical *42nd Street* by Ramsey High School players is also on the calendar.

Our main highlight will be our activity board filled with candid photos of our residents. Be sure to take time to check out all these wonderful photos.

CALENDAR KEY

AR..... Activity Room
 AR2.... 2nd Fl. Act. Room
 K..... 2nd Fl. Kitchen
 PA..... Parlor
 LIB..... Library
 TV..... TV Room
 C..... Courtyard
 PD..... Pvt Dining Room
 Bus..... Bus

Activity Department

Director

Linda O'Donnell

Leaders

Scott Dellay

Rose Buskin

Fabienne Jean Louis

Volunteers

Carol Baretz

Jeanie Blauschild

Liz Burak

Frisch School Students

Vinson Hill

Jack Kreismer

Pearl Lowy

Church of the

Presentation, USR

Resident Volunteers

Terry Melville, Resident

Council President

Anne Cohen,

Sundries Shop

Adele Halpern, Librarian

Lillian Nadler, Pianist

Evelyn Gillman, Sunshine

Club

Frances Belitz,

Welcoming Committee

Sundries Shop

Shower & Bath Supplies

Toiletries

Candy

Cards & Stamps

Store is open Monday

through Friday

at 11:30 a.m.-Noon.

Sunday	Monday	Tuesday
<p>Leaders:</p> <p>Linda- Sunday -Thursday as well as Wednesday evening. Scott- Tuesday - Saturday.</p> <p>This activity calender is subject to change. Please check the TV monitors for updates.</p>	<p>Purim 1</p> <p>Leader- Linda 9:30 PA Daily Chronicles 10:00 PA Let's get Movin' 10:30AR Needle Felting 1:30 AR B-I-N-G-O 3:00 PA Afternoon Social 3:30 AR Purim with Esther Berkowitz 4:00 LIB Computers 6:30 AR Movie Night</p>	<p>Dr. Seuss Day 2</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 10:30 PA Golf 1:15 LIB Card Party 1:15 AR Art with Scott 3:00 PA Social & Snack 3:30 AR Seuss Stories 6:30 AR Movie Night</p>
<p>82nd Academy Awards 7</p> <p>Leader- Linda & Rose 9:15 PA Coffee Klatch 10:00 PA Daily Chronicles 10:30 PA Exercise 11:00 AR Communion 11:00 PA Trivia 1:30 AR Bingo with Rose 3:00 PA Social & Boggle 6:30 AR Movie 8:00 TV Academy Awards</p>	<p>Women's History Week 8</p> <p>Leader- Linda 9:30 PA Daily Chronicle 10:00 PA Morning Workout 10:30AR Needle Felting 1:30 AR B-I-N-G-O 3:00 PA Afternoon Social 3:30 Cryptograms 6:30 AR Movie Night</p>	<p>Leaders- Linda & Scott 9 7:45BUS Breakfast Club to IHOP 9:30 PA Daily Chronicles 10:00 PA Trivia 10:30 PA Zumba with Milena 11:00 PA Hole in One 1:15 LIB Card Party 1:15 AR Art with Scott 3:00 TV Red Hat Meeting 3:30 AR Irish Proverbs 6:30 AR Movie Night</p>
<p>Daylight Saving 14</p> <p>Leader- Linda & Rose 9:15 PA Coffee Klatch 10:00 PA Daily Chronicles 10:30 PA Exercise 11:00 AR Communion 11:00 PA Trivia 1:30 AR Bingo with Rose 3:00 PA Sunday Social 3:30 PA Boggle 6:30 AR Sunday Night at the Movies</p>	<p>Brain Awareness Week 15</p> <p>Beware the Ides of March Leader- Linda 9:30 PA Daily Chronicles 10:00 PA Let's get Movin' 10:30AR Knit & Crochet 1:30 AR B-I-N-G-O 3:00 PA Afternoon Social 3:30PA Dr. Wellbeing with The Laughter Club 6:30 AR Movie Night</p>	<p>Leaders- Linda & Scott 16 9:30 PA Daily Chronicles 10:00 PA Daily Workout 10:30 PA Golf Shots 10:30 AR2 Let's Bake Irish Soda Bread 1:15 LIB Canasta 1:15 AR Art with Scott 3:00 PA Social & Snack 3:30 PA Clowns from RSVP 6:30 AR Movie Night</p>
<p>Leader- Linda & Rose 21 9:15 PA Coffee Klatch 10:00 PA Daily Chronicles 10:30 PA Exercise 11:00 AR Communion 11:00 PA Trivia 1:30 AR Bingo with Rose 3:00 PA Sunday Social 3:30 PA Bagpipers & Drummers 6:30 AR Sunday Night at the Movies</p>	<p>Smiley Day 22</p> <p>Leader- Linda 9:30 PA Daily Chronicles 10:00 PA Morning Workout 10:30AR Frisch School 1:30 AR B-I-N-G-O 3:00 PA Afternoon Social 3:30 AR Norman Rockwell 6:30 AR Movie Night</p>	<p>Leaders- Linda & Scott 23 9:30 PA Daily Chronicles 10:00 PA Daily Workout 10:30 PA Hole in One 12:00PD Birthday Luncheon 1:15 LIB Canasta 1:15 AR Art with Scott 3:00 PA Social & Snack 3:30 AR Birthday Party with Moshe 6:30 AR Movie Night</p>
<p>Palm Sunday 28</p> <p>Leader- Linda 9:15PA Coffee Klatch 10:00 PA Exercise 10:30PA Daily Chronicles 11:00 AR Communion 1:30 AR Cryptograms 3:00 PA Sunday Social 3:30 PA Jack Vartan Sings in 5 Languages 6:30 AR Sunday Night at the Movies</p>	<p>Passover- First Seder 29</p> <p>Leader- Linda 9:30 PA Daily Chronicles 10:00 PA Let's get Movin' 10:30AR Crafter's Club- "Warm Up America" 1:30 AR B-I-N-G-O 3:00 PA Afternoon Social 3:30 PA "There's Only One You" with Irene Gutmann 6:30 AR Movie Night</p>	<p>Passover- Second Seder 30</p> <p>Leaders- Linda & Scott 9:30 AR Daily Chronicles 10:00 AR Daily Workout 10:30 AR Golf Shots 12:00 AR Red Hat Luncheon 1:15 LIB Cards 1:30 AR Art with Scott 3:00 PA Social & Snack 3:30 AR Word Games 6:30 AR Movie Night</p>

Wednesday	Thursday	Friday	Saturday
<p>Leaders- Linda & Scott 3</p> <p>9:30 PA Daily Chronicles 10:00 PA Work It Out 10:00 BUS Michaels-Yarn 10:30 PA Discussion Group 12:00 PD Circle of Friends 1:30 AR Bingo with Liz 1:15 BUS Outing-Walmart 3:30 PA Resident Council-Employee of Month 4:00 Men's Club Meeting 6:00AR Best of Big Bands</p>	<p>AVI 4</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 10:30 PA It's Greek to Me 11:00 PA Redwing & Liz 11:30 PA Limericks 1:30 LIB Cards PA Billiards 1:30 AR Pokeno with Carol 3:30 AR Karaoke 6:30 AR Movie Night</p>	<p>5</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:30 PA In the News 1:00 BUS Local Outings 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 PA Game Show 3:30 AR Shabbat Services 6:30 AR Movie Special</p>	<p>6</p> <p>Leader- Scott & Fabienne 9:30 PA Daily Chronicles 10:00 PA Saturday Stretch 11:00 PA Crosswords 1:00 BUS Local Outings 1:15 AR Bingo 3:00 PA Saturday Social 4:00 AR Bible Discussion 6:30 AR Movie Special</p>
<p>10</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Work Out with Scott 10:30 PA Discussion Group 1:30 AR Bingo with Liz 1:15 BUS Banks 3:30PA Verlin School of Irish Step Dancers 6:00 AR Andre Rieu-Dreaming</p>	<p>11</p> <p>Leaders- Linda & Scott 9:15 AR Bogert School 11:00 AR Daily Workout 11:00 PA Redwing & Liz 11:30 AR Daily Chronicles 1:30 LIB Cards PA Billiards 1:30 AR Pokeno with Carol 3:30 PA Karaoke Sing-A-Long 6:30 AR Movie Night 7:00 LIB Family Support Group</p>	<p>12</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:30 PA In the News 1:00 BUS Local Outings 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 PA Game Show 3:30 AR Shabbat Services 6:30 AR Movie Special</p>	<p>13</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 11:00 PA Crosswords 12:00 AR Men's Club- Hot Dogs, Beer & Non Beer 2:00 AR To Tell the Truth 3:00 PA Saturday Social 4:00 AR Bible Discussion 6:30 AR Movie Special</p>
<p>St. Patty's Day- Wear Green 17</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Trivia 10:30 PA Tai Chi -John Hood 11:30 PA St. Patty's Day Fun 1:15 BUS Target 1:30 AR Bingo with Liz 3:30PA Bert on the Accordion 4:30 PA Green Photo Shoot 6:30 AR Movie Night</p>	<p>AVI 18</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 10:30 PA Brain Busters 11:00 PA Redwing & Liz 11:30 PA Who Am I? 1:30 LIB Cards PA Billiards 1:30 AR Pokeno with Carol 3:30PA Lillian Nadler- Piano 4:00AR Karaoke Sing-A-Long 6:30 AR Movie Night</p>	<p>19</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:30 PA In the News 12:00 BUS Lunch Bunch 1:30 AR Bingo with Liz 2:00 PA Cranium Crunches 3:00 PA Friday Social 3:30 PA Game Show 3:30 AR Shabbat Services 6:30 AR Movie Special</p>	<p>Spring Equinox 20</p> <p>Leader- Scott & Fabienne 9:30 PA Daily Chronicles 10:00 PA Saturday Stretch 11:00 PA Crosswords 1:00 BUS Local Outings 1:15 AR Bingo 3:00 PA Saturday Social 3:30 PA Spring Fling with Randy Accardi 6:30 AR Movie Special</p>
<p>24</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Exercise with Scott 10:30 PA Bowling 12:00 BUS Men's Club Lunch 1:30 AR Bingo with Liz 2:00 PA Word Game 3:30 PA Food Committee 4:00 PA Word Game 5:30 BUS 42nd Street Musical at Ramsey H.S. 6:30 AR Movie Night</p>	<p>25</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 10:30 PA Discussion Group 11:00 PA Redwing & Liz 11:30 PA Trivia 1:30 LIB Cards with Pearl 1:30 AR Pokeno PA Billiards 3:30AR Karaoke Sing-A-Long 6:30 AR Movie Night</p>	<p>26</p> <p>Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:30 PA In the News 1:00 BUS Local Outings 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 PA Game Show 3:30 AR Passover Mock Seder 6:30 AR Movie Special</p>	<p>27</p> <p>Leader- Scott & Fabienne 9:30 PA Daily Chronicles 10:00 PA Saturday Stretch 11:00 PA Crosswords 1:00 BUS Local Outings 1:15 AR Bingo 3:00 PA Saturday Social 4:00 AR Bible Discussion 6:30 AR Movie Special</p>
<p>31</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Work Out with Scott 10:30 PA Discussion Group 1:30 AR Bingo with Liz 1:15 BUS Banks 3:30 AR Wii 6:00 AR Dean Martin Concert</p>	<p>The Beauty Parlor- located on the 2nd floor- will be open every Wednesday and Friday.</p> <p>Happy Birthday to our staff Milana K.....13th Rose B.....13th Marie Jean P...19th Lymena P.....20th Sherly J.....23rd</p>	<p>Happy Birthday!</p> <p>To our residents: Sophie W.....9th James G.....11th Dorothy S.....15th Ann K.....15th Emily D.....21st Ted V.....25th Antoinette A..30th</p>	<p>Sign up at clipboard on bulletin board counter.</p> <p>WEDNESDAYS- Walmart/Target FRIDAYS- Lunch/drives. (Bank trips every other week) SATURDAYS-alternating- trips SUNDAYS- alternating- Local plays, concerts and exhibits</p>

March 2010

BACK BY POPULAR DEMAND



Our residents joined in the "Warm Up America!" program last summer when they began knitting or crocheting 7" X 9" pieces that would later be joined together by volunteers at a local library. These afghans would then be donated to homeless shelters, battered women or victims of natural disasters.

We only made about 12 rectangles before the deadline at the library was up.

Now that our knit/crochet group has grown so, we are anxious to get started on this project once again. Our goal is to deliver lots of rectangles in plenty of time to have our work included in this summer's afghans.

If anyone has 4-ply yarn that they no longer have need of, please keep us in mind ... color is unimportant ... weight of yarn and dimensions of pieces are.

Or, better yet, join us in this endeavor!

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