



 THE
ESPLANADE
 CHESTNUT RIDGE
 LUXURY ASSISTED LIVING

ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplanadeChestnutRidge.com

Project S.E.E. Comes to the Esplanade at Chestnut Ridge

We are excited to introduce a new program at the Esplanade. Project S.E.E., or Senior Environmental Experiences, is a series of educational programs funded by the National Science Foundation. These stimulating and thought-provoking modules will introduce us to the natural history, ecosystem structure and future of the Meadowlands. "Why is the road to Giant Stadium called Paterson Plank Road, and who were in the 4,000 coffins moved to construct Exit 15X on the NJ Turnpike???" Learn the answers to this and other interesting questions that pertain to the history in our own backyards. Dr. Angela Cristini will be leading these groups. Dr. Cristini received her Ph.D. in Biology from the City University of New York. She is a professor of biology and is the executive director of special programs including the Meadowlands Environment Center and the masters of educational technology. Dr. Cristini has grants in science education from the National Science Foundation and the New Jersey Department of Education including her current project connecting older adults to the Meadowlands Environment Center using live Internet conferencing.

Our first module will be held on June 4, 18 and 25 at 1:45 p.m. The second and third modules will be held in September and October. All are welcome to attend.

June 2009



June Highlights

- | | |
|---------|---------------------------------------|
| Mon. | 10:30am So You: Sewing & Design Class |
| Mon. | 3pm Piano Music w/ Vinson Hill |
| Thurs. | 3pm Piano Music w/ Lillian Nadler |
| 4,18,25 | 1:45pm Project S.E.E. |
| 5,19 | 11am Lunch Bunch Departs |
| 7 | 3pm Piano Recital w/ Mrs. Moriarty |
| 9 | 3:30pm Men's Club |
| 10 | 3:30pm Accordion w/ Burt Stromholm |
| 11 | 1:30pm Dining Committee |
| 11 | 3:30pm Catholic Mass and Confession |
| 11 | 7pm Support Group w/ Judy Tamaroff |
| 14 | 3pm Flag Day w/ Mary Stella |
| 17 | 11:30am Depart to Madame Petit Paris |
| 17 | 6pm Music w/ Van Martin |
| 21 | 3pm Father's Day w/ Mitch Korn |
| 23 | 12pm Birthday Luncheon |
| 23 | 3:30pm B'day Party w/Mike Trombetta |
| 24 | 2:30pm Red Hat Society Meets |
| 25 | 12pm Circle of Friends Luncheon |
| 25 | 3:30pm Resident Council |
| 30 | 3:30 Emp Highlights-Cynthia Hastings |

CALENDAR KEY

AR..... Activity Room
 2AR..... 2nd Fl. Art Room
 K..... 2nd Fl. Kitchen
 PA..... Parlor
 L..... Library
 TV..... TV Room
 C..... Courtyard
 PD..... Pvt Dining Room
 Bus..... Bus

Activity Department

Personnel Key

Leaders

Scott Dellay
 Jessie Paul
 Rose Buskin
 Fabienne Jean Louis

Volunteers

Don and Carol Rosenthal
 Pearl Lowy
 Carol Baretz
 Jack Kreisler
 Jeanie Blauschild
 Liz Burak
 Vinson Hill
 Frisch High School
 Church of the
 Presentation, USR

Resident Volunteers

Terry Melville, Resident
 Council President
 Anne Cohen,
 Sundries Shop
 Adele Halpern, Librarian
 Lillian Nadler, Pianist

Visit Our Sundries Shop

Open 11:30 a.m.–noon
 Monday, Wednesday,
 Friday, Saturday
 Shower and Bath
 Supplies
 Toiletries
 Candy
 Cards
 Stamps

Sunday	Monday	Tuesday
Bus Trips: Sign up at the front desk. WEDNESDAYS: Local Errands, Scenic Drives FRIDAYS: Lunch Bunch, Special Outings SATURDAYS: Shop Rite, Walmart or Local Outings	1 Leader- Jessie Volunteer- Don 10:00 PA Morning Stretch 10:30 AR So You- Sewing & Design 11:00 PA June Chronicles 1:15 AR BINGO 3:00 PA Social Hour with Vinson on Piano 6:30 AR Movie Madness	2 Leader-Scott Volunteers- Don, Pearl 9:45 PA Daily Chronicles 10:00 PA Twistin Tuesday 11:00 AR Tee Time Golf 1:15 AR Arts and Crafts 1:30 L Card Corner–Canasta 3:00 PA Chef’s Choice Social 4:00 AR Crosswords 6:30 AR On the Big Screen
7 Leader- Rose 10:00 PA Range of Motion 11:00 AR Communion 11:00 PA Reminiscing 1:15 AR Bingo Lib Rummikub TV Sports 2:30 PA Social 3:00 PA Piano Recital by Mrs. Moriarty’s Students 4:30 PA Spelling Bee 6:30 AR Sunday Night at the Movies	8 Leader- Jessie Volunteer- Don 10:00 PA Morning Stretch 10:30 AR So You- Sewing & Design 11:00 C Discussion Group with Don 1:15 AR BINGO 3:00 PA Social Hour with Vinson on Piano 6:30 AR Movie Madness	9 Leader-Scott Volunteers- Don, Pearl 9:45 PA Daily Chronicles 10:00 PA Chair Aerobics 11:00 AR Hole in One 1:15 AR Pokeno 1:30 L Card Corner–Canasta 3:00 PA Ice Tea Social 3:30 AR Men’s Club 4:00 PA Music Appreciation 6:30 AR Film Critic’s Choice
14 Flag Day Leader- Rose 10:00 PA Sit and Stretch 11:00 AR Communion 11:00 PA Reminiscing 1:15 AR Bingo Lib Rummikub TV Sports 3:00 PA Flag Day Social with Music by Mary Stella 4:15 PA Flag Trivia 6:30 AR Sunday Night at the Movies	15 Leader- Jessie Volunteer- Don 10:00 PA Morning Stretch 10:30 AR So You- Sewing & Design 11:00 C Patio Pleasers 1:15 AR BINGO 3:00 PA Social Hour with Vinson on Piano 6:30 AR Movie Madness	16 Leader-Scott Volunteers- Don, Pearl 9:45 PA Daily Chronicles 10:00 PA Movin n Groovin 11:00 AR On The Green Golf 1:15 AR Art Club & Ceramics 1:30 L Card Corner–Canasta 3:00 PA House Social 4:00 AR Crosswords 6:30 AR On the Big Screen
21 Father’s Day/Summer Begins Leader- Rose 10:00 PA Sunday Stretch 11:00 AR Communion 11:00 PA Summer Crosswords 1:15 AR Bingo 3:00 PA Mitch Korn Performs Our Father’s Favorites 4:15 PA Password 6:30 AR Sunday Night at the Movies	22 Leader- Jessie Volunteer- Don 10:00 PA Morning Stretch 10:30 AR So You- Sewing & Design 11:00 C Reminiscing with Don 1:15 AR BINGO 3:00 PA Social Hour with Vinson on Piano 6:30 AR Movie Madness	23 Leader/Scott Volunteers Don, Pearl 9:45 PA Daily Chronicles 10:00 PA Dancercize 11:00 PA Bowling League 12:00 PD Birthday Luncheon 1:15 AR Art Appreciation 3:00 PA Afternoon Social 3:30 PA Birthday Party with Mike Trombetta 6:30 AR Movie Special
28 Leader- Rose 10:00 PA Sunday Stretch 11:00 AR Communion 11:00 PA Sunday Crosswords 1:15 AR Bingo Lib Scrabble TV Sports 3:00 PA Sundaes on Sunday 4:00 PA Wheel of Fortune 6:30 AR Popcorn & Movie	29 Leader- Jessie Volunteer- Don 10:00 PA Morning Stretch 10:30 AR So You- Sewing & Design 11:00 C Reminiscing with Don 1:15 AR BINGO 3:00 PA Social Hour with Vinson on Piano 6:30 AR Movie Madness	30 Leader-Scott Volunteers- Don, Pearl 9:45 PA Daily Chronicles 10:00 PA Twistin Tuesday 11:00 AR Tee Time Golf 1:15 AR Pokeno 1:30 L Cards, Canasta & Chat 3:00 PA Chef’s Choice Social 3:30 AR Employee Highlights with Cynthia Hastings 6:30 AR On the Big Screen

Wednesday

Thursday

Friday

Saturday

<p>3</p> <p>Leader- Scott Volunteers- Don and Liz 9:45 PA Daily Chronicles 10:30 PA Tai Chi-Chi Gong 11:30 AR Brain Teasers 1:15 BUS Local Outing 1:15 AR Bingo TV Wii Fun 3:00 PA Social Hour 4:00 PA Game Show with Scott 6:30 AR Movie Night</p>	<p>4</p> <p>AVI Meets Leader-Scott Volunteers-Don, Pearl, Carol 9:45 PA Daily Chronicles 10:00 PA Movin n Groovin 11:00 AR On The Green Golf 1:15 L Card Club 1:45 AR Project S.E.E. 2:00 2AR Crafts with Carol 3:00 PA Piano, Lillian Nadler 4:00 AR Crosswords 6:30 AR On the Big Screen</p>	<p>5</p> <p>Leader- Scott Volunteers- Don, Liz 9:45 PA What's Happening 10:00 PA Friday Fitness 11:00 BUS Lunch Bunch 11:15 AR Armchair Travel 1:15 AR Liz Calls BINGO 3:00 PA TGIF Social 3:30 L Computers 3:30 AR Shabbat Services 4:00 PA Music Appreciation 6:30 AR Movie Thriller</p>	<p>6</p> <p>Leader- Scott, Fabienne 10:00 PA Exercise for All 11:00 PA Brain Games 1:00 BUS Local Shopping 1:15 AR Jackpot Bingo 1:30 PA Parlor Games 1:30 PA Knitting and Crocheting with Adele 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Movie</p>
<p>10</p> <p>Leader- Scott Volunteers- Don, Liz 9:45 PA News and Views 10:00 PA Total Fitness 11:00TV Judy Garland Movie 11:15 AR Search a Word 1:15 BUS Local Errands 1:15 AR BINGO with Liz 3:00 PA Social Hour 3:30 PA Accordion Music with Burt Stromholm 6:30 AR Netflix Feature</p>	<p>11</p> <p>Leader- Scott Volunteers-Don, Pearl, Carol 9:45 PA Thursday Stretching 11:00 PA News and Views 1:30 AR Dining Committee 2:00 AR Art Expression Part I 2:00 2AR Crafts w/Carol 3:00 PA Piano, Lillian Nadler 3:30 AR Confession & Mass 6:30 AR Comedy Central 7:00 L Support Group</p>	<p>12</p> <p>Leader- Scott Volunteers- Don, Liz 9:45 PA Friday Facts 10:00 PA Friday Fitness 11:00 BUS Outing C Trivia 1:15 AR Liz Calls BINGO 3:00 PA Social Hour 3:30 L Computers 3:30 AR Shabbat Services 4:00 PA Name That Tune 6:30 AR Netflix Favorite</p>	<p>13</p> <p>Leader-Scott, Fabienne 10:00 PA Saturday Swing 11:00 PA Brain Games 1:00 BUS Local Shopping 1:15 AR Bingo 1:30 PA Parlor Games, Knit Knacks Club 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Top Picks Movie</p>
<p>17</p> <p>Leader- Scott Volunteers- Don, Liz 9:45 PA Daily Chronicles 10:30 PA Tai Chi-Chi Gong 11:30 BUS Luncheon at Madame Petit Paris, Northvale NJ 1:15 AR BINGO with Liz 3:00 PA Social Hour 4:00 AR Trivia 6:00 PA Music with Van Martin</p>	<p>18</p> <p>AVI Meets Leader-Scott Volunteers-Don, Pearl, Carol 9:45 PA Daily Chronicles 10:00 PA Sweat'n to the Oldies 11:00 AR Tee Time 1:15 L Card Club 1:45 AR Project S.E.E. 2:00 2AR Crafts with Carol 3:00 PA Piano, Lillian Nadler 4:00 AR Family Feud 6:30 AR On the Big Screen</p>	<p>19</p> <p>Leader- Scott Volunteers- Don, Liz 9:45 PA All in a Day 10:00 PA Friday Fitness 11:00 BUS Lunch Bunch 11:15 AR Wedding Bells 1:15 AR Liz Calls BINGO 3:00 PA TGIF Social 3:30 L Computers 3:30 AR Shabbat Services 4:00PA Music Appreciation 6:30 AR Comedy Central</p>	<p>20</p> <p>Leader- Scott, Fabienne 10:00 PA Weekend Workout 11:00 PA Word Games 1:15 AR Bingo 1:15 BUS Local Shopping 1:30 PA Knitting Club with Adele 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Saturday Night at The Movies</p>
<p>24</p> <p>Leader- Scott Volunteers- Don, Liz 9:45 PA Hot Topics 10:00 PA Morning Stretch 11:00 AR Word Games 1:15 BUS Local Errands 2:30 AR Red Hat Society 3:00 PA Social Hour 4:00 PA Music Appreciation-Smooth Jazz 6:30 AR Movie of the Week</p>	<p>25</p> <p>Leader-Scott Volunteers-Don, Pearl, Carol 9:45 PA Daily Chronicles 10:00 PA Movin n Groovin 11:00 AR On The Green Golf 12:00 PD Circle of Friends 1:15 L Card Club 1:45 AR Project S.E.E. 2:00 2AR Crafts with Carol 3:00 PA Piano, Lillian Nadler 3:30 PA Resident Council 6:30 AR On the Big Screen</p>	<p>26</p> <p>Leader- Scott Volunteers- Don, Liz 9:45 PA Friday Facts 10:00 PA Friday Fitness 11:00 BUS Mystery Bus Ride C Trivia 1:15 AR Liz Calls BINGO 3:00 PA Graduation Social 3:30 L Computers 3:30 AR Shabbat Services 4:00 PA Name That Tune 6:30 AR Netflix Favorite</p>	<p>27</p> <p>Sunglasses Day Leader- Scott, Fabienne 10:00 PA Total Fitness 11:00 PA Brain Games 1:00 BUS Local Shopping 1:15 AR Jackpot Bingo 1:30 PA Parlor Games 1:30 PA Knit Knacks Club 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Movie</p>
<p>Beauty Parlor open every Wednesday and Friday Located on the second floor. Appointments made at front desk.</p>	<p>Honor Dad on Father's Day</p> 	<p>Celebrate Summer!</p> 	<p>HAPPY BIRTHDAY TO THE FOLLOWING RESIDENTS</p> <p>Lillian D. — June 22 Carmel M. — June 23 Viola K. — June 25 Rita K. — June 30</p>

June 2009

Make a Wish and Blow Out the Candles!



Personalized cakes available for any occasion! Contact Cynthia for more details.

Birthday cakes date back to ancient times. The tradition of placing candles on a cake is attributed to the early Greeks. They used to take the cake to the temple of Artemis, the goddess of the moon. Some scholars say that candles were placed on the cake because people believed that the smoke of the candle carried their wishes and prayers to gods who lived in the skies.

In present times, too, people place candles on birthday cakes, and a silent wish is made before blowing out the candles. It is believed that blowing out all the candles in one breath means the wish will come true. Some also smear out the name of the person before slicing the cake to bring good luck.

Whatever your traditions, please note that you can sponsor a cake for any occasion, and we will do the rest.

Esplanade at Chestnut Ridge
168 Red Schoolhouse Road
Chestnut Ridge, NY 10977
(845) 620-0606
www.EsplanadeChestnutRidge.com