

THE
ESPLANADE
CHESTNUT RIDGE
LUXURY ASSISTED LIVING

ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplanadeChestnutRidge.com



The Busy Month of February

We are jam-packed with activities this month! We're celebrating Black History Month, Jewish Arbor Day on the 1st, National Heart (wear red) Day on Feb. 5, Super Bowl Sunday on the 7th, Mardi Gras on the 11th and Valentine's Day on the 14th.

A return visit from "Grace on the Floor" will get us all in tune with balance and exercise and feeling the best we can on Feb. 9.

We also have Presidents' Day on the 15th and Chinese New Year on the 16th.

Of course, we have our special luncheon in the private dining room for February birthday folks followed by their birthday party ... this month on the 23rd.

Our Circle of Friends brings our newest residents to join with the welcoming committee and staff for a private luncheon where we get to know each other better.

Round it all out with our staple activities like exercise, socials, crossword puzzles, live entertainment, crafts, card games, bingo and our other clubs, and you can see why life at the Esplanade can be as busy as it is.

February 2010

Employee of the Month



Carlene Barnaby- January 2010

Was Carlene ever surprised to find she was being honored as Employee of the Month when she came in on her day off for what she thought was a staff meeting!

Having worked at the Esplanade as a personal care assistant for 2½ years, Carlene stands out with her exceptional job performance.

Our residents voted for Carlene because "she goes the extra mile." They find her to be kind, helpful, willing, attentive, responsible, reliable, hardworking and "someone you can count on!"

CALENDAR KEY

AR..... Activity Room
 AR2 2nd Fl. Act. Room
 K..... 2nd Fl. Kitchen
 PA..... Parlor
 LIB..... Library
 TV..... TV Room
 C..... Courtyard
 PD..... Pvt Dining Room
 Bus..... Bus

Activity Department

Director

Linda O'Donnell

Leaders

Scott Dellay

Rose Buskin

Fabienne Jean Louis

Volunteers

Don & Carol Rosenthal

Pearl Lowy

Carol Baretz

Jack Kreismer

Jeanie Blauschild

Liz Burak

Vinson Hill

Church of the

Presentation, USR

Resident Volunteers

Terry Melville, Resident

Council President

Anne Cohen,

Sundries Shop

Adele Halpern, Librarian

Lillian Nadler, Pianist

Evelyn Gillman, Sunshine

Club

Frances Belitz,

Welcoming Club

Sundries Shop

Shower & Bath Supplies

Toiletries


Candy

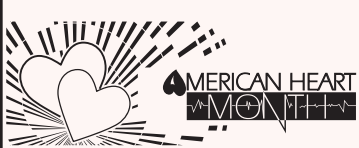
Cards & Stamps

Store is open Monday

through Friday

at 11:30 a.m.-Noon.

Sunday	Monday	Tuesday
<i>February</i>	1 Leader- Linda 10:00 PA Let's Get Movin' 10:30AR2 Create with Marzipan 1:30 AR Jackpot Bingo 3:00 PA Afternoon Social 3:15 PA Vinson on Piano 3:30 AR Jewish Arbor Day- Esther Berkowitz 4:15 LIB Computer Fun 6:30 AR Movie Night	2 Groundhog Day Leaders- Linda & Scott 9:30 AR Daily Chronicles 10:30 AR Zumba with Milana 11:00 AR Let's Play Golf 1:30 LIB Cards with Pearl 1:30 AR Art Club 3:00 PA Me & My Shadow Social 3:30 PA Karaoke Sing-A-Long 6:00 AR Lawrence Welk "To America with Love"
7 Super Bowl Sunday Leader- Linda & Rose 9:15 Coffee Klatch with Linda 10:00 PA Exercise 10:30 PA Daily Chronicles 11:00 AR Communion 11:00 PA Spelling Bee 1:30 AR Bingo with Rose 3:00 PA Super Sunday Social 3:30 AR Boggle 6:28 TV Super Bowl Kickoff 6:30 AR Sunday Night Movie	8 Leader- Linda 10:00 PA Let's Get Movin' 10:30AR Craft- Heart Bracelets 1:30 AR Bingo Bonanza 3:00 PA Afternoon Social 3:15 PA Vinson on Piano 4:15 LIB Book Club- Favorite Authors 6:30 AR Movie Night	9 Leaders- Linda & Scott 9:30 AR Daily Chronicles 10:30 AR Grace on the Floor 11:30 AR Trivia Club 1:30 LIB Cards with Pearl 1:30 AR Art Expression 3:00 PA Social 3:30 PA Karaoke Sing-A-Long 6:00 AR Andre Rieu Concert-"Dreaming"
14 Happy Valentine's Day Leader- Linda & Rose 9:15 Coffee Klatch with Linda 10:00 PA Sit and Fit 10:30 PA Daily Chronicles 11:00 AR Communion 11:00 PA Search a Word 1:30 AR Bingo with Rose 3:00 PA Love Stories Social 3:30 PA Valentine's Party w/Music by Gary Lovett 6:30 AR Sunday Night Movies	15 Presidents' Day Leader- Linda 10:00 PA Let's Get Movin' 10:30AR Knit & Crochet 1:30 AR Jackpot Bingo 3:00 PA Presidential Social 3:15 PA Vinson on Piano 4:15 LIB Computer Jibberish 6:30 AR Movie Night	16 Chinese New Year Leaders- Linda & Scott 9:30 AR Daily Chronicles 10:00 AR Daily Workout 10:30 PA Golf Tic Tac Toe 1:30 LIB Card Club with Pearl 1:30 AR Art Expression-China 3:00PA Fortune Social 3:00 TV Red Hats Meet 3:30 AR Game Show 6:30 AR That's Entertainment-3
21 Leader- Linda & Rose 9:15 Coffee Klatch with Linda 10:00 PA Exercise 10:30 PA Daily Chronicles 11:00 AR Communion 11:00 PA Word Jumble 1:30 AR Bingo with Rose 3:00 PA Sunday Social 3:30 PA Claude Roman-Cello 6:30 AR Sunday Night at the Movies	22 Leader- Linda 10:00 PA Let's Get Movin' 10:30AR Craft- Studded Keepsake Boxes 1:30 AR Jackpot Bingo 3:00 PA Afternoon Social 3:15 PA Vinson on Piano 4:15 LIB Book Club- Favorite Authors 6:30 AR Movie Night	23 Leader- Linda 9:30 AR Daily Chronicles 10:00 AR Sit and Stretch 10:30 AR NYC Architecture 12:00 PD Birthday Luncheon 1:30 LIB Card Club with Pearl 1:30 AR Craft-Tiffany Stained Glass 3:30 PA Birthday Party with Randy Accardi 6:30 AR Movie Night
28 Leader- Rose 10:00 AR Exercise 10:30 PA Daily Chronicles 11:00 AR Communion 11:00 PA Word Games 1:30 AR Bingo with Rose 3:00 PA Sunday Social 3:30 AR Boggle 6:30 AR Sunday Night at the Movies	<i>Be My Valentine</i> 	Leaders- Linda- Sunday -Thursday as well as Tuesday evening. Scott- Tuesday - Saturday. This activity calender is subject to change. Please check the TV monitors for updates.

Wednesday	Thursday	Friday	Saturday
<p>Norman Rockwell Day 3</p> <p>Leaders- Linda & Scott 9:30 AR Daily Chronicles 10:00 AR Work Out with Scott 10:30 AR Norman Rockwell 12:00 PD Circle of Friends 1:00 BUS Walmart 1:30 AR Bingo with Liz 3:00 PA Employee- Month 3:30 PA Resident Council 4:00 Men's Club Meeting 6:30 AR Movie Night</p>	<p>AVI 4</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 10:30 PA Dice Games 11:00 PA Redwing & Liz 11:30 PA Comedy Club 1:30 LIB Card Club with Pearl 1:30 AR Pokeno-Carol & Scott 3:00 PA Social 3:30 AR Bowling 6:30 AR Movie Night</p>	<p>Wear Red- National Heart Day 5</p> <p>Leader- Scott 9:30 AR Daily Chronicles 10:00 AR Exercise for All 10:30 AR Red Day Picture 1:00 BUS Local Outings 1:30 AR Bingo with Liz 3:00 PA Heart Healthy Social w/Guest Speaker 3:30 AR Shabbat w/Rabbi 6:30 AR Movie Special</p>	<p>6</p> <p>Leader- Scott & Fabienne 9:30 AR Daily Chronicles 10:00 AR Saturday Stretch 11:00 AR Crosswords 1:00 BUS Local Outings 1:15 AR Bingo PA Billiards 3:00 PA Saturday Social 4:00 AR Bible Discussion 6:30 AR Movie Special</p>
<p>10</p> <p>Leaders- Linda & Scott 9:30 AR Daily Chronicles 10:30 AR Work Out with Scott 10:30 AR2- Chocolate Making 11:00AR Trivia 1:00 BUS Local Outing 1:30 AR Bingo with Liz 2:15 PA Life Stories 3:00 PA Daily Social 3:30 PA Food Committee 6:30 TV Movie Night</p>	<p>11</p> <p>Leaders- Linda & Scott 9:30 AR Daily Chronicles 10:00 AR Daily Workout 10:30 TV Wii Games 11:00 PA Redwing & Liz 11:30 AR Just for Laughs 1:30 LIB Cards with Pearl 1:30 AR Pokeno-Carol & Scott 3:00 Mardi Gras Social 6:30 AR Movie Night 6:30 LIB Family Support Group</p>	<p>12</p> <p>Leader- Scott 9:30 AR Daily Chronicles 10:00 AR Exercise for All 11:30 BUS Lunch Bunch 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 PA Word Games 3:30 AR Shabbat Services 6:30 AR Movie Special</p>	<p>13</p> <p>Leader- Scott & Fabienne 9:30 AR Daily Chronicles 10:00 AR Saturday Stretch 11:00 AR Crosswords 1:15 BUS- Local Outings 1:15 AR Bingo PA Billiards 3:00 PA Saturday Social 4:00 AR Bible Discussion 6:30 AR Movie Special</p>
<p>Ash Wednesday 17</p> <p>Leaders- Linda & Scott 9:30 AR Daily Chronicles and More 10:30 AR Tai Chi- John Hood 11:30 AR Ashes- Church of Presentation USR 1:00 BUS- Banks 1:30 AR Bingo with Liz 3:00PA Afternoon Social 3:30 PA Karaoke Sing-A-Long 6:30 AR Movie Night</p>	<p>AVI 18</p> <p>Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 10:30 PA Balderdash 11:00 PA Redwing & Liz 11:30 PA Comedy Central 1:30 LIB Card Club with Pearl 1:30 AR Pokeno-Carol & Scott 3:30 PA Lillian Nadler Piano 4:00 AR Game Shows 6:30 AR Movie Night</p>	<p>19</p> <p>Leader- Scott 9:30 AR Daily Chronicles 10:00 AR Exercise for All 10:30 AR Bocce Ball 1:00 BUS Local Outings 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 PA Word Games 3:30 AR Shabbat Services 6:30 AR Movie Special</p>	<p>20</p> <p>Leader- Scott 9:30 AR Daily Chronicles 10:00 AR Saturday Stretch 11:00 AR Crosswords 12:00 AR Men's Club- Hot Dogs, Beer & Non-Beer 2:00 AR To Tell the Truth 3:00 PA Saturday Social 4:00 AR Bible Discussion 6:30 AR Movie Special</p>
<p>24</p> <p>Leader- Linda 9:30 AR Daily Chronicles 10:00 AR Work It Out 10:30 AR Borough of Queens Reminiscing 1:15 BUS Serendipity at Historical Society in New City 1:30 AR Bingo with Liz 3:00 PA Daily Social 3:30 PA Karaoke Sing-A-Long 6:30 Movie Night</p>	<p>25</p> <p>Leader- Linda 9:15 AR Bogart School Visits 10:45 AR Daily Workout 11:15 AR Daily Chronicles 11:30 PA Liz & Redwing 1:30 LIB Cards Club w/ Pearl 1:30 AR Pokeno w/ Carol 3:00 PA House Social 3:30 PA You Be the Judge 6:30 AR Movie Night</p>	<p>26</p> <p>Leader- Linda 10:00 PA Coffee Klatch 11:00 AR Arm Chair Travel 1:00 BUS Local Outing 1:30 AR B-I-N-G-O w/Liz 3:00 PA Social 3:30 AR Shabbat w/Rabbi 3:30 PA Music Appreciation 6:30 AR Movie</p>	<p>27</p> <p>Leader- Linda 10:00 AR Walking Club 11:00 AR Trivia 12:00 AR Red Hats-Grilled Cheese & Wine Lunch 2:00 LIB Computer Fun 3:00 PA Saturday Social 4:00 PA Thoughts to Ponder 6:15 BUS Purim- Beth Haverim Shir Shalom 6:30 AR Movie Special</p>
	<p>The Beauty Parlor—located on the 2nd floor—will be open every Wednesday and Friday.</p> <p>Please make your appointment at the front desk.</p>	<p>Happy Birthday Residents:</p> <ul style="list-style-type: none"> Arthur N. ... Feb. 3 Daniel C. ... Feb. 4 Carmella G. ... Feb. 8 Rose G. ... Feb. 11 Ann K. ... Feb. 12 Euphemia G. ... Feb. 14 Esther S. ... Feb. 16 Lucille R. ... Feb. 19 Jean O. ... Feb. 24 Lydia I. ... Feb. 25 Hilda L. ... Feb. 27 	<p>Please join us in the parlor each afternoon at 3 p.m. for our daily social. Refreshments are always served.</p>

February 2010

Intergenerational Program



January through June 2010 will be highlighted by an intergenerational program with the Bogart School in Upper Saddle River, New Jersey.

Twenty-two 4th graders (9- and 10-year-olds) will visit us on a monthly basis to do craft projects, sing-a-longs and "getting to know you" visits with our residents.

The goal of the program is to allow an opportunity for relationship building between young and old. The students will visit a few of the residents' rooms and spend time getting to know how residents spend their days. We so look forward to discovering new avenues of enrichment with our young visitors.

Thank you, Grace Sala of the Bogart School, for choosing to offer your exceptional program here at the Esplanade.

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