


 THE
ESPLANADE
 CHESTNUT RIDGE
 LUXURY ASSISTED LIVING


ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplanadeChestnutRidge.com

January 2012

Employee
 of the
Month


Marsha Wright–January 2012

Congratulations to Marsha Wright for being nominated for Employee of the Month, January 2012. Marsha has the honor of being the very first Employee of the Month when the program was started over a year ago. She set the bar for employee excellence and over the years has helped to unite our staff to the dedicated group of caring professionals we have today. It is with pride and joy and a lot of love in their hearts that the residents give this prestigious honor to Marsha. If there were ever a mutual admiration society it would be between Marsha and the residents at The Esplanade.



ACTIVITY HIGHLIGHTS

- 1 3:30pm - New Years w/ Mitch Korn
- 3 11:00am - Zumba w/ Milena
- 3 3:30pm - Food Committee Meeting
- 5 3:30pm - Snow Ball w/ Alan and Eve
- 8 3:30pm - Elvis's Rock and Roll Party
- 10 10:30am - Cooking with Class
- 10 3:30pm - Mass with Father Simon
- 11 11:00am - RSVP Clowns Visit
- 12 11:00am - Jokesercise with Howard
- 12 3:30pm - Jazz Cafe w/ Eddie
- 12 7:00pm - Support Group w/ Judy Tamaroff
- 13 3:30pm - Shabbat Services -Rabbi Friedman
- 16 11:00am - Honoring Martin Luther King Jr.
- 17 12:00pm - Monthly Birthday Luncheon
- 17 3:30pm - Birthday Party w/ George Romano
- 18 11:30am - Men's Lunch Outing
- 19 11:00am - Resident Council Meeting
- 19 12:00pm - Circle of Friends Luncheon
- 19 3:30pm - Musical Journey w/ Chris Durante
- 20 3:30pm - Shabbat Stories w/ Bette
- 24 3:30pm - Ooh La La Paris
- 25 1:30pm - Rockland Bakery
- 25 3:30pm - A Taste of the Middle East
- 26 11:00am - Wonderful Wonderful Copenhagen
- 26 3:30pm - Around the World Party w/ Mary
- 27 3:30pm - Trip Thru Asia
- 31 12:00pm - Red Hat Luncheon
- 31 3:30pm - Karaoke with Benji

CALENDAR KEY

AR..... Activity Room
 AR2.... 2nd Fl. Act. Room
 K..... 2nd Fl. Kitchen
 PA..... Parlor
 LIB..... Library
 TV..... TV Room
 C..... Courtyard
 PD..... Pvt Dining Room
 Bus..... Bus
 L..... Lobby
 DR..... Dining Room

Activity Department Director

Nilly Landa

Leaders

Scott Dellay

Rose Buskin

Fabienne Jean Louis

Volunteers

Carol Baretz

Liz Burak

Redwing

Edith A. Bogart School

Jack Kreismer

Pearl Lowy

Church of the

Presentation, USR

Resident Volunteers

Terry M., Council

President

Jean A., Council VP

Anne C., Sundries Shop

Evelyn G., Sunshine Club

Sundries Shop

Shower & Bath Supplies

Toiletries

Candy

Cards & Stamps

Store is open Monday

through Friday,

11:30 a.m.–Noon.

Sunday	Monday	Tuesday
New Years Day 1 Leader-Rose & Nilly 10:00 PA Forever Fit 10:30 PA News and Views 11:00 AR Communion 11:00 PA Resolutions 2012 1:30 AR Bingo Bonanza 1:30 PA Trivia Mania 3:30 PA Ringing In The New Year w/Mitch Korn 6:15 AR Blockbuster Movie	2 Leader - Nilly 9:30 PA Exercise for The Soul 10:15 PA Daily Chronicles 11:00 PA Looking Back at 2011 1:30 LIB Scrabble 1:30 AR Fun and Games 3:30 AR Manicures & Music 4:00 LIB Computer Club 6:15 AR Oscar's Choice	3 Leaders - Scott 9:30 PA In My Opinion 10:15 PA Daily Chronicles 10:45 PA Zumba w/ Milena 1:15 LIB Card Club 1:30 AR Art Club 3:30 PA Food Committee 4:00 PA Jeopardy 6:15 AR On The Silver Screen
8 Leader-Rose & Nilly 10:00 PA Morning Stretch 10:30 PA On This Day 11:00 AR Communion 11:00 PA Today's and Yesterdays 1:30 AR Bingo Bonanza 1:30 PA Trivia Mania 3:30 PA Elvis- The King of Rock and Roll Party 6:15 AR Old Time Favorite	9 Leader - Nilly 9:30 PA Sit and Be Fit 10:15 PA Daily Chronicles 11:00 PA It's Just Curiosity 1:30 LIB Scrabble 1:30 AR Winner Takes All 3:30 AR Manicures & Music 4:00 LIB Computer Club 6:15 AR Show Time	10 Leaders - Nilly & Scott 9:30 PA Jazzercise 10:15 PA Daily Chronicles 10:30 PA Cooking w Class 1:15 LIB Card Club 1:30 AR Art Club 3:30 AR Personality Plus 3:30 PA Mass w/ Father Simon 6:15 AR In Cinemascope
15 Leader-Rose & Nilly 10:00 PA Forever Fit 10:30 PA Read All About It 11:00 AR Communion 11:00 PA Remember When 1:30 AR Bingo Bonanza 1:30 PA Trivia Mania 3:30 PA Word Boggle 6:15 AR Residents' Choice	Martin Luther King Jr. Day 16 Leader- Nilly 9:30 PA Exercise the Soul 10:15 PA Daily Chronicles 11:00 PA Honoring Martin Luther King Jr. 1:30 LIB Scrabble 1:30 AR Games People Play 3:30 AR Manicures & Music 4:00 LIB Computer Club 6:15 AR Monday Night Movies	17 Leaders - Nilly & Scott 9:30 PA Jazzercise 10:15 PA Daily Chronicles 11:00 PA Faces and Places 12:00 PD Birthday Luncheon 1:15 LIB Card Club 1:30 AR Art Club 1:30 PA A Stitch In Time 3:30 PA Birthday Party w/ George Romano 6:15 AR Comedy Central
22 Leader-Rose & Nilly 10:00 PA Morning Stretch 10:30 PA News Briefs 11:00 AR Communion 11:00 PA Lifetime of Memories 1:30 AR Bingo Bonanza 1:30 PA Trivia Mania 3:30 PA Buzzword 6:15 AR Front Row Seats	Chinese New Year 23 Leader - Nilly 9:30 PA Sit and Be Fit 10:15 PA Daily Chronicles 11:00 PA Chinese Traditions and Good Fortunes 1:30 LIB Scrabble 1:30 AR Chinese Checkers 3:30 AR Manicures & Music 4:00 LIB Computer Club 6:15 AR PBS Presents	24 Leaders - Nilly & Scott 9:30 PA Jazzercise 10:15 PA Daily Chronicles 11:00 PA Winter Scrapbooking 1:15 LIB Card Club 1:30 AR Art Club 3:30 PA Ooh LA LA - Paris 6:15 AR Reel To Reel
29 Leader-Rose & Nilly 10:00 PA Forever Fit 10:30 PA Headliners and Legions 11:00 AR Communion 11:00 PA A Journey Thru Time 1:30 AR Bingo Bonanza 1:30 PA Trivia Mania 3:30 PA Link- Letters 6:15 AR Oscar's Best	30 Leader - Nilly 9:30 PA Exercise for the Soul 10:15 PA Daily Chronicles 11:00 PA The American Experience 1:30 LIB Scrabble 1:30 AR Games Galore 3:30 AR Manicures & Music 4:00 LIB Computer Club 6:15 AR Resident's Choice	31 Leaders - Nilly & Scott 9:30 PA Jazzercise 10:15 PA Daily Chronicles 11:00 PA Music Appreciation 12:00 AR Red Hat Luncheon 1:15 LIB Card Club 1:30 AR Art Club 1:30 PA A Stitch in Time 3:30 PA Karaoke w/ Benji 6:15 AR Hollywood's Best

Wednesday	Thursday	Friday	Saturday
PAN MEETING 4 Leaders - Scott 9:30 AR Warm-ups 10:15 AR Daily Chronicles 11:00 AR TV'S Funniest Moments 1:30 BUS: Coffee Clatch 1:30 AR Bingo w/Liz 3:30 PA Word Jumble 6:15 AR Hollywood Presents	AVI 5 Leaders-Scott & Nilly 9:30 PA Stretch-R-Cise 10:15 PA Daily Chronicles 11:00 PA Today's World Around Us 11:30 PA Red Wing Visits 1:30 AR Pokeno w/ Carol 1:30 LIB Card Club w/Pearl 3:30 PA Snow Ball w/ Alan and Eve 6:15 AR Golden Classic	6 Leader-Scott 9:30 PA Let's Get Moving 10:15 PA Daily Chronicles 11:00 PA Profiles and Portraits 1:30 Bus: Local Shopping 2:00 AR Bingo 3:30 AR Shabbat Services 3:30 PA Wheel of Fortune 6:15 AR Front Row Seats	7 Leader-Scott 9:30 PA Exercise for All 10:15 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 3:30 TV Saturday Matinee 3:30 PA Voices of The Cornerstone Church 4:00 AR Senior Bible Group 6:15 AR Resident's Choice
11 Leaders-Nilly & Scott 9:30 PA Fitness Club 10:15 PA Daily Chronicles 11:00 PA RSVP Clown Visit 11:15 BUS: Lunch Outing 1:30 AR Bingo w/Liz 3:30 PA It's Anybody's Guess 6:15 AR Golden Oldies	12 Leaders-Scott & Nilly 9:30 PA Let's Get Fit 10:15 PA Daily Chronicles 11:00 PA Jokesercise 11:30 PA Red Wing Visits 1:30 AR Pokeno w/Carol 1:30 LIB Card Club w/Pearl 3:30 PA Jazz Cafe w/Eddie 6:15 AR Let's Go to the Movies 7:00 LIB Support Group	13 Leader-Scott 9:30 PA Fit for Life 10:15 PA Daily Chronicles 11:00 PA Anagrams 1:30 Bus: Local Shopping 2:00 AR Bingo 3:30 AR Shabbat Services w/ Rabbi Friedman 3:30 PA The Price Is Right 6:15 AR On The Big Screen	14 Leader-Scott 9:30 PA Jazzercise 10:15 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 1:30 BUS: Outing 3:30 TV Saturday Matinee 3:30 PA Voices of the Cornerstone Church 4:00 AR Senior Bible Group 6:15 AR Reel to Reel
18 Leaders - Nilly & Scott 9:30 PA Warm-ups 10:15 PA Daily Chronicles 11:00 PA What's The Big Idea? 11:30 PA Men's Lunch Outing 1:30 AR Bingo w/Liz 3:30 PA The Whiz Quiz 6:15 AR In Cinemascope	19 Leaders-Scott & Nilly AVI 9:30 PA Stretch-R-Cise 10:15 PA Daily Chronicles 11:00 PA Resident Council 11:30 PA Red Wing Visits 12:00 PD Circle of Friends 1:30 Pokeno w/ Carol 1:30 LIB Card Club w/Pearl 3:30 PA Musical Journey w/ Chris Durante 6:15 AR Critic's Choice	20 Leader-Scott 9:30 PA Let's Get Moving 10:15 PA Daily Chronicles 11:00 PA Golfer's Paradise 1:30 Bus: Local Shopping 2:00 AR Bingo 3:30 AR Stories Rabbis Tell w/ Bette 3:30 PA Jokes: Jack's Book 6:15 AR Hollywood's Best	21 Leader-Scott 9:30 PA Exercise for All 10:15 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 3:30 TV Saturday Matinee 3:30 PA Voices of the Cornerstone Church 4:00 AR Senior Bible Group 6:15 AR Netflix Choice
25 Leaders - Nilly & Scott 9:30 PA Warm-ups 10:15 PA Daily Chronicles 11:00 PA Family Feud 1:30 BUS- Rockland Bakery 1:30 AR Bingo w/Liz 3:30 PA A Taste of The Middle East 6:15 AR Great Performances	26 Leaders-Scott & Nilly 9:30 PA Stretch-R-Cise 10:15 PA Daily Chronicles 11:00 PA Wonderful Wonderful Copenhagen 11:30 PA Red Wing Visits 1:30 AR Pokeno w/ Carol 1:30 LIB Card Club w/Pearl 3:30 PA Around The World Party w/ Mary Stella 6:15 AR On the Big Screen	27 Leader-Scott 9:30 PA Fit for Life 10:15 PA Daily Chronicles 11:00 PA International Music Appreciation 1:30 Bus: Local Shopping 2:00 AR Shabbat Services 3:30 PA Trip Thru Asia 6:15 AR Timeless Classic	28 Leader-Scott 9:30 PA Jazzercise 10:15 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 1:30 BUS: Outing 3:30 TV Saturday Matinee 3:30 PA Voices of the Cornerstone Church 4:00 AR Senior Bible Group 6:15 AR Curtain Calls
Leaders-Nilly- Sunday -Thursday Scott- Tuesday - Saturday This activity calendar is subject to change. Please check the TV monitors for updates.	The Beauty Parlor- located on the 2nd floor- will be open every Wednesday and Friday. Please Make Your Appointment At the Front Desk. Rosary Prayer Daily at 8:45 a.m. In the T.V. Room	Weekly Trip: Mass at the Church of the Presentation, Upper Saddle River , N.J. - Wednesday's 8:30 a.m. Social Each Day 3 p.m.	Happy Birthday To Our Residents: Evelyn G. - 24th Edward G. - 26th Lillian B. - 27th Happy Birthday To Our Staff: Louna E. - 12th Nan C. - 17th Carmella T. - 17th Ed K. - 17th Amonce P. - 23rd

January 2012



WARMEST WISHES THIS HOLIDAY SEASON FROM YOUR FRIENDS AT THE ESPLANADE AT CHESTNUT RIDGE

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