


 THE
ESPLANADE
 CHESTNUT RIDGE
 LUXURY ASSISTED LIVING


ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplenadeChestnutRidge.com

February 2012



This month, we've stepped away from our tradition of honoring an individual as our Employee of the Month because our residents wished to recognize one of our outstanding departments.

Congratulations to our Maintenance Department, under the capable direction of Benji Magboo, for being chosen as Employee of the Month for February 2012.

Each member of our maintenance staff works tirelessly to ensure that our building is safe, clean and well-maintained. No request is too small and every work order is serviced with a smile. All year long, and particularly during these cold, blistery winter months, residents at The Esplanade at Chestnut Ridge want to take this opportunity to single out this diligent department for their hard work and dedication to the safety and security of our community.

Congratulations to Benji, Rene, Amonce and Abner. Our residents know they can always count on you to keep our community safe and well-maintained.

ACTIVITY HIGHLIGHTS

- 1 11:30am - Lunch Outing
- 2 3:30pm - Groundhog Day Party w/ Stephanie
- 3 3:00pm - National Wear Red Day Photo
- 3 3:30pm - Shabbat w/Rabbi Friedman
- 5 3:30pm - Super Bowl Sunday Pre-Party
- 7 11:00am - Zumba w/ Milena
- 7 3:30pm - Food Committee
- 8 12:00pm - Men's Club Luncheon
- 8 1:30pm - Trip to Library
- 9 3:30pm - Bday Party w/ George Tuzzeo
- 9 7:00pm - Support Group w/ Judy Tamaroff
- 10 3:30pm - Tu B'Shevat w/ Bette
- 13 11:00am - Black History Month
- 14 3:30pm - Valentine's King and Queen Party
- 14 5:00pm - Valentine's Day Sweetheart Dinner
- 15 12:00pm - Red Hat Luncheon
- 15 1:30pm - Trip to Panera at Tices Corner
- 16 11:00am - Resident Council Meeting
- 16 12:00pm - Circle of Friends Luncheon
- 16 3:30pm - Mass with Father Simon
- 20 3:30pm - Presidential Ball w/ Mitch Korn
- 22 1:30pm - Residents' Choice Outing
- 22 11:00am - Ashes for Ash Wednesday
- 23 3:30pm - Mardi Gras w/ Mary Stella
- 28 10:30am - Cooking with Class
- 28 3:30pm - Karaoke with Benji
- 29 1:30pm - Museum Trip



CALENDAR KEY

AR Activity Room
 AR2 2nd Fl. Act. Room
 K 2nd Fl. Kitchen
 PA Parlor
 LIB Library
 TV TV Room
 C Courtyard
 PD Pvt Dining Room
 Bus Bus
 L Lobby
 DR Dining Room

Activity Department Director

Nilly Landa

Leaders

Scott Dellay

Rose Buskin

Fabienne Jean Louis

Volunteers

Carol Baretz

Liz Burak

Redwing

Edith A. Bogart School

Jack Kreisler

Pearl Lowy

Church of the

Presentation, USR

Resident Volunteers

Terry M., Council

President

Jean A., Council VP

Anne C., Sundries Shop

Evelyn G., Sunshine Club

Sundries Shop

Shower & Bath Supplies

Toiletries

Candy

Cards & Stamps

Store is open Monday through Friday,

11:30 a.m.–Noon.

| Sunday | Monday | Tuesday |
|--|---|--|
| <p>Leaders-</p> <p>Nilly- Sunday -Thursday Scott- Tuesday - Saturday</p> <p>This activity calendar is subject to change. Please check the TV monitors for updates.</p> | <p>The Beauty Parlor- located on the 2nd floor- will be open every Wednesday and Friday.</p> <p>Please Make Your Appointment at the Front Desk.</p> <p>Rosary Prayer Daily at 8:45 a.m. in the TV Room</p> | <p>Weekly Trip: Mass at the Church of the Presentation, Upper Saddle River, N.J. Wednesdays 8:30 a.m.</p> <p>Snacks Daily at 3 p.m. In the Parlor</p> |
| <p>Super Bowl Sunday 5</p> <p>Leaders-Rose & Nilly 10:00 PA Forever Fit 10:30 PA News Briefs 11:00 AR Communion 11:00 PA Once Upon a Time 1:30 AR Bingo Bonanza 1:30 PA Trivia Mania 3:30 PA Super Bowl Sunday Party 6:15 AR On the Silver Screen 6:25 TV Super Bowl Kick-Off</p> | <p>6</p> <p>Leader - Nilly 9:30 PA Exercise for the Soul 10:15 PA Daily Chronicles 11:00 PA What's My Line? 1:30 LIB Scrabble 1:30 AR Games People Play 3:30 AR Manicures & Music 4:00 LIB Computer Club 6:15 AR Comedy Central</p> | <p>7</p> <p>Leaders - Nilly & Scott 9:30 PA If Walls Could Talk 10:15 PA Daily Chronicles 11:00 PA Zumba w/ Milena 1:15 LIB Canasta 1:30 AR Art Club 2:00 PA A Stitch In Time 3:30 PA Food Committee 6:15 AR Showtime</p> |
| <p>12</p> <p>Leaders-Rose & Nilly 10:00 PA Morning Stretch 10:30 PA News and Views 11:00 AR Communion 11:00 PA Gather Around 1:30 AR Bingo Bonanza 1:30 PA Trivia Mania 3:30 PA Jewelry Making 6:15 AR Hollywood's Greats</p> | <p>13</p> <p>Leader - Nilly 9:30 PA Sit and Be Fit 10:15 PA Daily Chronicles 11:00 PA Biography-Celebrating Black History Month 1:30 LIB Scrabble 1:30 AR Games Galore 3:30 AR Manicures & Music 4:00 LIB Computer Club 6:15 AR Blockbuster Movies</p> | <p>Valentine's Day 14</p> <p>Leaders - Nilly & Scott 9:30 PA Rise and Shine 10:15 PA Daily Chronicles 11:00 PA Name That Tune-Songs From the Heart 1:15 LIB Canasta 1:30 AR Art Club 3:30 PA Valentine's King and Queen Party w/ Randi 5:00 DR Valentine's Dinner 6:15 AR Romantic Movie</p> |
| <p>19</p> <p>Leaders-Rose & Nilly 10:00 PA Forever Fit 10:30 PA Read All About It 11:00 AR Communion 11:00 PA Folktales and Legions 1:30 AR Bingo Bonanza 1:30 PA Trivia Mania 3:30 PA From the Artist's Den 6:15 AR Residents' Choice</p> | <p>Presidents' Day 20</p> <p>Leader - Nilly 9:30 PA Exercise for the Soul 10:30 PA Our Nation's Presidents 1:30 AR All About Fun and Games and Scrabble 3:30 AR Presidential Ball w/ Mitch Korn 4:00 LIB Computer Club 6:15 AR Netflix Pix</p> | <p>Mardi Gras 21</p> <p>Leaders - Nilly & Scott 9:30 PA Jazzercise 10:15 PA Daily Chronicles 11:00 PA Armchair Travels-New Orleans 1:15 LIB Canasta 1:30 AR Art Club 2:00 PA A Stitch in Time 3:30 PA Word Jumble 6:15 AR Reel to Reel</p> |
| <p>26</p> <p>Leaders-Rose & Nilly 10:00 PA Morning Stretch 10:30 PA In My Opinion 11:00 AR Communion 11:00 PA Music Matters 1:30 AR Bingo Bonanza 1:30 PA Trivia Mania 3:30 PA And the Winner Is ... 6:15 AR Academy Presents 8:00 AR The Academy Awards</p> | <p>27</p> <p>Leader - Nilly 9:30 PA Sit and Be Fit 10:15 PA Daily Chronicles 11:00 PA Buzzword 1:30 LIB Scrabble 1:30 AR Winner Takes All 3:30 AR Manicures & Music 4:00 LIB Computer Club 6:15 AR Monday Night at the Movies</p> | <p>28</p> <p>Leaders - Nilly & Scott 9:30 PA Rise and Shine 10:15 PA Daily Chronicles 10:30 PA Cooking w/ Class 1:15 LIB Canasta 1:30 AR Art Club 3:30 PA Karaoke w/ Benji 6:15 AR Hollywood's Best</p> |

| Wednesday | Thursday | Friday | Saturday |
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| <p style="text-align: right; margin: 0;">1</p> <p>Leaders-Nilly & Scott 9:30 PA Fitness Club 10:15 PA Daily Chronicles 11:00 PA Word Jumble 11:30 BUS: Lunch Outing 1:30 AR Bingo w/Liz 3:30 PA It's Anybodies Guess 6:15 AR On the Silver Screen</p> | <p style="text-align: right; margin: 0;">2</p> <p>AVI Groundhog Day Leaders-Scott & Nilly 9:30 PA Stretch-R-Size 10:15 PA Daily Chronicles 11:00 PA What Would You Do? 11:30 PA Red Wing Visits 1:30 AR Pokeno w/ Carol 1:30 LIB Card Club w/Pearl 3:30 PA Groundhog Party w/ Stephanie Romm 6:15 AR Blockbuster Video</p> | <p style="text-align: right; margin: 0;">3</p> <p>Wear Red Day Leader-Scott 9:30 PA Daily Workout 10:15 PA Daily Chronicles 11:00 PA Heart Health 1:30 Bus: Local Shopping 2:00 AR Bingo 3:00 PA Wear Red Photo 3:30 AR Shabbat w/ Rabbi Friedman 3:30 PA Lots of Laughs 6:15 AR Curtain Calls</p> | <p style="text-align: right; margin: 0;">4</p> <p>Leader-Scott 9:30 PA Exercise for All 10:15 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 3:30 TV Saturday Matinee 3:30 PA Voices of the Cornerstone Church 4:00 AR Senior Bible Group 6:15 AR Critics Choice</p> |
| <p style="text-align: right; margin: 0;">8</p> <p>Tu B'Shevat Leaders-Nilly & Scott 9:30 PA Warm-Ups 10:15 PA Daily Chronicles 11:00 PA Roses Are Red Poetry 12:00 AR Men's Club Luncheon 1:30 BUS: Trip to Library 1:30 AR Bingo w/Liz 3:30 PA Wheel of Fortune 6:15 AR Golden Oldie</p> | <p style="text-align: right; margin: 0;">9</p> <p>Leaders-Scott & Nilly 9:30 PA Let's Get Fit 10:15 PA Daily Chronicles 11:00 PA Valentine's Crafts 12:00 PD Birthday Luncheon 11:30 PA Red Wing Visits 1:30 AR Pokeno w/Carol 1:30 LIB Card Club w/Pearl 3:30 PA Birthday Party w/ George Tuzzeo 6:15 AR Movie Greats 7:00 LIB Support Group</p> | <p style="text-align: right; margin: 0;">10</p> <p>Leader-Scott 9:30 PA Let's Get Moving 10:15 PA Daily Chronicles 11:00 PA Tee Time 1:30 Bus: Local Shopping 2:00 AR Bingo 3:30 AR Tu B'Shevat w/ Bette Birnbaum 3:30 PA Press Your Luck 6:15 AR Classical Showcase</p> | <p style="text-align: right; margin: 0;">11</p> <p>Leader-Scott 9:30 PA Get in the Groove 10:15 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 1:30 BUS: Outing 3:30 TV Saturday Matinee 3:30 AR Voices of the Cornerstone Church 4:00 AR Senior Bible Group 6:15 AR Timeless Classic</p> |
| <p style="text-align: right; margin: 0;">15</p> <p>Leaders-Nilly & Scott 9:30 PA Fitness Club 10:15 PA Daily Chronicles 11:00 PA American Masters 12:00 AR Red Hat Luncheon 1:30 AR Bingo w/Liz 1:30 BUS: Panera 3:30 PA What's the Big Idea? 6:15 AR Residents' Choice</p> | <p style="text-align: right; margin: 0;">16</p> <p>Leaders-Scott & Nilly 9:30 PA Stretch-R-Size 10:15 PA Daily Chronicles 11:00 PA Resident Council 12:00 AR Circle of Friends 11:30 PA Red Wing Visits 1:30 AR Pokeno w/ Carol 1:30 LIB Card Club w/Pearl 3:30 PA Mass w/ Father Simon 3:30 AR Who's Who? 6:15 AR On the Big Screen</p> | <p style="text-align: right; margin: 0;">17</p> <p>Leader-Scott 9:30 PA Fit for Life 10:15 PA Daily Chronicles 11:00 PA Anagrams 1:30 Bus: Local Shopping 2:00 AR Bingo 3:30 AR Shabbat Services 3:30 PA Jokes From Jack's Book 6:15 AR Hollywood Presents</p> | <p style="text-align: right; margin: 0;">18</p> <p>Leader-Scott 9:30 PA Exercise for All 10:15 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 3:30 TV Saturday Matinee 3:30 AR Voices of the Cornerstone Church 4:00 AR Senior Bible Group 6:15 AR In Cinemascope</p> |
| <p style="text-align: right; margin: 0;">22</p> <p>Ash Wednesday Leaders-Nilly & Scott 9:30 PA Warm-Ups 10:15 PA Daily Chronicles 11:00 AR Church of the Presentation-Ash Wednesday 11:00 PA Cranium Crunches 1:30 AR Bingo w/Liz 1:30 BUS: Residents' Choice 3:30 PA Modern Marvels - Thomas Edison 6:15 AR Great Performances</p> | <p style="text-align: right; margin: 0;">23</p> <p>Leaders-Scott & Nilly 9:30 PA Let's Get Fit 10:15 PA Daily Chronicles 11:00 PA People Who Make the Difference 11:30 PA Red Wing Visits 1:30 AR Pokeno w/Carol 1:30 LIB Card Club w/Pearl 3:30 PA Mardi Gras Festivities w/ Mary Stella 6:15 AR Netflix Choice</p> | <p style="text-align: right; margin: 0;">24</p> <p>Leader-Scott 9:30 PA Let's Get Moving 10:15 PA Daily Chronicles 11:00 PA Behind the Headlines 1:30 Bus: Local Shopping 2:00 AR Bingo 3:30 AR Shabbat Services 3:30 PA Food Lovers Trivia 6:15 AR Front Row Seats</p> | <p style="text-align: right; margin: 0;">25</p> <p>Leader-Scott 9:30 PA Get in the Groove 10:15 PA Daily Chronicles 11:00 PA Crosswords 1:30 AR Bingo 1:30 Bus: Outing 3:30 TV Saturday Matinee 3:30 AR Voices of the Cornerstone Church 4:00 AR Senior Bible Group 6:15 AR Residents' Choice</p> |
| <p style="text-align: right; margin: 0;">29</p> <p>Leap Year Day Leaders - Nilly & Scott 9:30 PA Fitness Club 10:15 PA Daily Chronicles 10:30 PA The History of Leap Year 11:00 PA Pet Visits 1:30 BUS: Museum Trip 1:30 AR Bingo w/Liz 3:30 PA The Whiz Quiz 6:15 AR Let's Go to the Movies</p> | <p style="font-size: 2em; font-family: cursive;">February</p> <p>Happy Birthday Residents: Arthur N...3rd Fay G...14th Joseph C...21st Lydia I....25th</p> | | <p style="font-size: 2em; font-family: cursive;">Be My Valentine</p>  |

February 2012



American Heart
Association



Learn and Live

For years now, The Esplanade at Chestnut Ridge has participated in *Wearing Your Support on Your Sleeve*. Don't forget to **dress in red on Feb. 3** as an outward sign of your support. Our annual group photo will be taken at 3 p.m., so stop by and join us for this photo opportunity.

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