

THE  
**ESPLANADE**  
CHESTNUT RIDGE  
LUXURY ASSISTED LIVING

ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606  
[www.EsplanadeChestnutRidge.com](http://www.EsplanadeChestnutRidge.com)

Employee  
of the  
**Month**



**Edmonde Zamor- November 2010**

No matter how many times we say it, or how many languages we can find to express our gratitude, we can never thank Edmonde enough for her years of service to our residents. Edmonde just reached a milestone of 14 years of service in our community.

She is responsible, dependable, dedicated and devoted to her work with our seniors. We are all lucky to be the beneficiaries of her hard work and compassionate care. The residents and families love her and are pleased to bestow this honor upon her. As her employee of the month poster states in all languages, "THANK YOU!"

December 2010

**Home for the Holidays**

Seasons Greetings--

The Esplanade Family would like to wish you a joyous holiday season and a very Happy New Year.

As our staff and residents decorate our community for the holidays, there is excitement in the air as we eagerly anticipate the many activities planned at The Esplanade during this festive month of December!

Our Hanukkah festivities begin on Dec. 1 and will include daily Hanukkah lighting of the Menorah, visits from the Beth Rishon Trio, Temple Beth El and latke making. Just before you know it, Christmas will be arriving at our doorstep! Some of our special programs include Christmas crafting, candy making, holiday baking and parties!

Other holiday events include a fun-filled *Penny Social* and a special performance from our very own "Esplanade Snowbirds Holiday Choir." As is our annual tradition, we once again look forward to enjoying visitors we receive from Boy/Girl Scouts, children from schools, congregants from churches and temples, and many other community groups.

Last but not least, we'll top off the end of a perfect holiday season by "Toasting in the New Year."

Please make sure you R.S.V.P. for the "Esplanade Residents and Family Holiday Celebration" on Dec. 15 from 6 to 8 p.m.

We hope that all our residents and family members will join us for as many holiday celebrations as possible!

Happy Holidays,  
Nilly Landa, Activities Director

## CALENDAR KEY

AR ..... Activity Room  
 AR2 .... 2nd Fl. Act. Room  
 K ..... 2nd Fl. Kitchen  
 PA ..... Parlor  
 LIB ..... Library  
 TV ..... TV Room  
 C ..... Courtyard  
 PD ..... Pvt Dining Room  
 Bus ..... Bus  
 L ..... Lobby  
 DR ..... Dining Room

## Activity Department Director

Nilly Landa

### Leaders

Scott Dellay

Rose Buskin

Fabienne Jean Louis

## Volunteers

Carol Baretz

Liz Burak

Edith A. Bogart School

Vinson Hill

Jack Kreismer

Pearl Lowy

Church of the

Presentation, USR

## Resident Volunteers

Terry Melville, Resident

Council President

Anne Cohen,

Sundries Shop

Adele Halpern, Librarian

Lillian Nadler, Pianist

Evelyn Gillman, Sunshine

Club

Frances Belitz,

Welcoming Committee

## Sundries Shop

Shower & Bath Supplies

Toiletries

Candy

Cards & Stamps

Store is open Monday

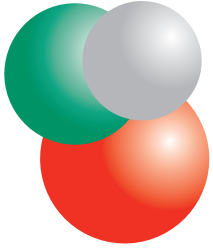
through Friday

from 11:30 a.m.–Noon.

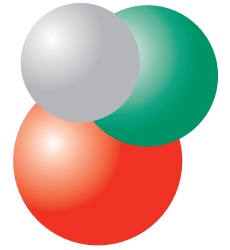
| Sunday   | Monday   | Tuesday   |
|--|--|---|
| <p><b>Please Join Us at 4:30 p.m. In the Lobby</b></p> <p><b>Dec. 1-8</b></p> <p><b>For Our Hanukkah Candle Lighting Ceremony.</b></p>   | <p><b>Leaders-</b></p> <p><b>Nilly-</b> Sunday - Thursday<br/> <b>Scott-</b> Tuesday - Saturday</p> <p>This activity calendar is subject to change. Please check the TV monitors for updates.</p>  | <p>The Beauty Parlor- located on the 2nd floor- will be open every Wednesday and Friday.</p> <p>Please Make Your Appointment At the Front Desk.</p>   |
| <p>Leaders-Nilly &amp; Rose <b>5</b></p> <p>10:00 PA Rise and Shine<br/>                     10:30 PA In the News<br/>                     11:00 AR Communion<br/>                     11:00 PA Winter Reflections<br/>                     1:30 AR Bingo Bonanza<br/>                     1:30 PA Trivia Mania<br/>                     3:00 PA <b>TEMPLE BETH EL HANUKKAH PARTY</b><br/>                     3:30 PA Boggle<br/>                     6:15 AR PBS Presents</p>            | <p><b>6</b></p> <p>Leader - Nilly<br/>                     9:45 PA Monday Moves<br/>                     10:30 PA Daily Chronicles<br/> <b>11:00 - 4:00 AR "BILL'S FESTIVE BARGAINS"</b><br/>                     1:30 LIB Scrabble<br/>                     1:30 2AR Games People Play<br/>                     3:00 PA I Got Rhythm Social<br/>                     3:30 2AR Manicures &amp; Music<br/>                     6:15 AR Residents' Choice</p>                        | <p>Leaders-Scott &amp; Nilly <b>7</b></p> <p>10:00 <b>Bus Trip: All Seasons Chamber Music- Pearl River</b><br/>                     10:30 PA Zumba W/ Milena<br/>                     11:00 AR Movie- Pearl Harbor<br/>                     1:15 LIB Canasta<br/>                     1:15 AR Art Club<br/>                     3:00 PA Gingerbread Social<br/>                     3:30 AR CATHOLIC MASS<br/>                     4:30 <b>Bus- Dinner &amp; Lights</b><br/>                     6:15 AR Reel to Reel</p> |
| <p>Leaders-Nilly &amp; Rose <b>12</b></p> <p>10:00 PA Rise and Shine<br/>                     10:30 PA In the News<br/>                     11:00 AR Communion<br/>                     11:00 PA Memorable Moments<br/>                     12:00 PD B'day Luncheon<br/>                     1:30 AR Bingo Bonanza<br/>                     3:00 PA Ole Blue Eyes Social<br/>                     3:30 PA B'day Party w/ Randi<br/>                     6:15 AR Lights, Camera, Action</p> | <p><b>13</b></p> <p>Leader - Nilly<br/>                     9:45 PA Monday Moves<br/>                     10:30 AR Craft Ornaments<br/>                     12:00 AR <b>Red Hat "Lunch In"</b><br/>                     1:30 LIB Scrabble<br/>                     1:30 AR Games &amp; Get-Togethers<br/>                     3:00 PA Made in America<br/>                     3:30 AR Manicures &amp; Music<br/>                     6:15 AR Residents' Choice</p>                | <p>Leaders-Scott &amp; Nilly <b>14</b></p> <p>9:45 PA News of the Day<br/>                     10:30 PA Jazzercise<br/>                     11:00 PA <b>HOLIDAY BAKING</b><br/>                     1:15 LIB Canasta<br/>                     1:15 AR Art Club<br/>                     3:00 PA Toys Tuesday Social<br/>                     3:30 PA <b>FOOD COMMITTEE</b><br/>                     6:15 AR Reel to Reel</p>  |
| <p>Leaders-Nilly &amp; Rose <b>19</b></p> <p>10:00 PA Rise and Shine<br/>                     10:30 PA In the News<br/>                     11:00 AR Christmas Communion<br/>                     11:00 PA Winter Word Twist<br/>                     1:30 AR Bingo Bonanza<br/>                     1:30 PA Trivia Mania<br/>                     3:00 PA Believe It or Not Social<br/>                     3:30 PA Word Jumble<br/>                     6:15 AR Holiday Inn</p>          | <p><b>20</b></p> <p>Leader - Nilly<br/>                     9:45 PA Monday Moves<br/>                     10:30 AR Holiday Workshop<br/>                     1:30 LIB Scrabble<br/>                     1:30 AR Social Games<br/>                     3:00 PA Go Caroling Social<br/>                     3:30 PA <b>GIRL SCOUTS #40877 HOLIDAY GET-TOGETHER</b><br/>                     3:30 AR Manicures &amp; Music<br/>                     6:15 AR It's A Wonderful Life</p> | <p>Leaders-Scott &amp; Nilly <b>21</b></p> <p>9:45 PA News of the Day<br/>                     10:30 PA Boogie Down<br/>                     11:00 PA <b>Holiday Candy Making</b><br/>                     1:15 LIB Canasta<br/>                     1:15 AR Art Club<br/>                     3:00 PA Winter Begins Social<br/>                     3:30 PA <b>DAVID and ANNE DANIELS HOLIDAY PERFORMANCE</b><br/>                     6:15 AR Christmas Vacation</p>  |
| <p>Leaders-Nilly &amp; Rose <b>26</b></p> <p>10:00 PA Rise and Shine<br/>                     10:30 PA In the News<br/>                     11:00 AR Communion<br/>                     11:00 PA Buzz Words<br/>                     1:30 AR Bingo Bonanza<br/>                     1:30 PA Trivia Mania<br/>                     3:00 PA <b>KWANZAA PARTY And Its Traditions</b><br/>                     6:15 AR Cultural Showcase</p>   | <p><b>27</b></p> <p>Leader - Nilly<br/>                     9:45 PA Monday Moves<br/>                     10:30 AR New Year's Crafts<br/>                     1:30 LIB Scrabble<br/>                     1:30 AR All About Fun and Games<br/>                     3:00 PA Snowflake Social<br/>                     3:30 AR Manicures &amp; Music<br/>                     6:15 AR Residents' Choice</p>   | <p>Leaders-Scott &amp; Nilly <b>28</b></p> <p>9:45 PA News of the Day<br/>                     10:30 PA Daily Chronicles<br/>                     11:00 PA Boogie Down<br/>                     1:15 LIB Canasta<br/>                     1:15 AR Art Club<br/>                     3:00 PA Full Deck Social<br/>                     3:30 PA Jeopardy<br/>                     6:15 AR Reel to Reel</p>  |

| Wednesday   | Thursday   | Friday   | Saturday   |
|---|--|--|--|
| <b>1 First Night of Hanukkah</b><br>Leaders-Scott & Nilly<br>9:45 PA Warm-ups<br>10:30 PA Daily Chronicles<br>11:00 AR <b>Let's Make Latkes</b><br>1:15 <b>Bus Trip: Rockland Historical Association: Dolls and Trains</b><br>1:30 AR Bingo W/Liz<br>3:00 PA Recipe Social<br>3:30 PA Wheel of Fortune<br>6:15 AR Front Row Seats | <b>2 AVI</b><br>Leaders- Scott & Nilly<br>9:45 PA In the Groove<br>10:15 PA Daily Chronicles<br>11:00 PA Story of Hanukkah<br>11:30 PA Red Wing Visits<br>1:30 LIB Card Club W/Pearl<br>1:30 PA Pokeno W/Carol<br>3:30 PA <b>HOLIDAY MUSIC BY BETH RISHON TRIO</b><br>6:15 AR Critics Choice                         | <b>3</b><br>Leader-Scott<br>9:45 PA Jazzercise<br>10:30 PA Daily Chronicles<br>11:00 PA Bowling League<br>1:30 PA The Whiz Quiz<br>3:00 PA Weather Bureau Social<br>3:30 LIB Fun W/ Wii<br>3:30 AR <b>HANUKKAH SERVICE W/ RABBI</b><br>6:15 AR Cultural Showcase                               | <b>4</b><br>Leader- Scott<br>9:30 PA Exercise for All<br>10:00 PA Daily Chronicles<br>11:00 PA Crosswords<br>1:30 AR Bingo<br>1:30 BUS Outing<br>3:00 PA Social<br>4:00 AR Bible Discussion<br>6:15 AR Netflix Top Picks   |
| <b>8</b><br>Leaders-Scott & Nilly<br>9:45 PA Warm-ups<br>10:30 PA Daily Chronicles<br>11:00 PA In My Opinion<br>12:00 <b>PD Circle of Friends</b><br>1:30 AR Bingo W/Liz<br>1:30 PA Celebrating Around the World<br>3:00 PA Cocoa Day Social<br>3:30 PA <b>RESIDENT COUNCIL</b><br>6:15 AR Front Row Seats                        | <b>9</b><br>Leaders- Scott & Nilly<br>9:45 PA In the Groove<br>10:15 PA Daily Chronicles<br>10:30 AR Holiday Card Making<br>11:30 PA Red Wing Visits<br>1:30 PA Pokeno LIB Cards<br>3:00 PA Christmas Seal Social<br>3:30 AR Mary Kay Makeovers<br>6:15 AR Critics Choice<br>7:00 LIB Support Group                  | <b>10</b><br>Leader-Scott<br>9:45 PA Jazzercise<br>10:30 PA Daily Chronicles<br>11:00 PA Tee Time Golf<br>1:30 LIB Card Club<br>1:30 BUS Shopping/Errands<br>2:00 AR Bingo<br>3:00 PA Nobel Prize Social<br>3:30 PA Food Lovers Trivia<br>3:30 AR Shabbat Service<br>6:15 AR Cultural Showcase | <b>11</b><br>Leader- Scott<br>9:30 PA Exercise for All<br>10:00 PA Daily Chronicles<br>11:00 PA Crosswords<br>1:30 AR Bingo<br>1:30 BUS Outing<br>3:00 PA BRRR Day Social<br>4:00 AR Bible Discussion<br>6:15 AR Cinemascope   |
| <b>15</b><br>Leaders-Scott & Nilly<br>9:45 PA Warm-ups<br>10:30 PA Tai Chi<br>11:00 PA Name That Holiday Tune<br>1:30 AR Bingo W/Liz<br>1:30 Bus Trip- HOLIDAY SHOPPING<br>3:00 PA Grinch Day Social<br>4:00 DR Early Dinner<br>6:00 - 8:00 <b>Resident/Family Holiday Party</b>  | <b>16 AVI</b><br>Leaders- Scott & Nilly<br>9:45 PA In the Groove<br>10:15 PA Daily Chronicles<br>11:00 PA Holiday Trivia<br>11:30 PA Red Wing Visits<br>1:30 LIB Card Club W/Pearl<br>1:30 PA Pokeno W/Carol<br>3:00 PA <b>"KPMG HOLIDAY PERFORMANCE"</b><br>6:15 AR Critics Choice                                  | <b>17</b><br>Leader-Scott<br>9:45 PA Jazzercise<br>10:30 PA Daily Chronicles<br>11:00 PA Headliners and Legions<br>1:30 BUS Shopping/ Errands<br>2:00 AR Bingo<br>3:00 PA Fruitcake Social<br>3:30 AR Shabbat Service W/Rabbi<br>3:30 PA Scattergories<br>6:15 AR Comedy Hour                  | <b>18</b><br>Leader- Scott<br>9:30 PA Exercise for All<br>10:00 PA Daily Chronicles<br>11:00 PA Crosswords<br>12:00 AR <b>MEN'S CLUB "LUNCH IN"</b><br>1:30 AR Name That Personality<br>3:00 PA Nutcracker Day Social<br>4:00 AR Bible Discussion<br>6:15 AR Netflix Top Picks                         |
| <b>22</b><br>Leaders-Scott & Nilly<br>9:45 AR Warm-ups<br>10:30 AR Daily Chronicles<br>11:00 AR In My Opinion<br>1:30 AR Bingo W/Liz<br>1:30 <b>AC MOORE HOLIDAY CRAFTING</b><br>3:00 PA "FUN AND PRIZES HOLIDAY PENNY SOCIAL"<br>6:15 AR White Christmas   | <b>23</b><br>Leaders- Scott & Nilly<br>9:45 PA In the Groove<br>10:15 PA Daily Chronicles<br>11:00 AR Floral Arranging<br>11:30 PA Red Wing Visits<br>1:30 LIB Card Club W/Pearl<br>1:30 PA Pokeno W/Carol<br>3:00 PA All Smiles Social<br>3:30 AR <b>THE ESPLANADE "SONGBIRD CHOIR"</b><br>6:15 AR The Holiday      | <b>24 Christmas Eve</b><br>Leader-Scott<br>9:45 PA Jazzercise<br>10:30 PA Daily Chronicles<br>11:00 PA History of Ideas<br>1:30 Bus- Last Minute Shopping<br>2:00 AR Holiday Bingo<br>3:00 PA <b>"A CHRISTMAS TO REMEMBER HOLIDAY SOCIAL"</b><br>6:15 AR A Christmas Carol                     | <b>25 Christmas Day</b><br>Leader- Scott<br>9:30 PA Exercise for All<br>10:00 PA Christmas Traditions & Reminiscing<br>11:00 PA Crosswords<br>12:00 DR <b>Christmas Feast</b><br>1:30 AR Holiday Bingo<br>3:00 PA <b>Christmas Cheer</b><br>4:00 AR Bible Discussion<br>6:15 AR Miracle on 34th Street |
| <b>29</b><br>Leaders-Scott & Nilly<br>9:45 PA Warm-ups<br>10:30 PA Daily Chronicles<br>11:00 PA <b>R.S.V.P. CLOWN VISIT</b><br>1:30 AR Bingo W/Liz<br>1:30 Bus- Trip to Museum<br>3:00 PA Full of Fun Social<br>3:30 PA Historically Speaking<br>6:15 AR Front Row Seats  | <b>30</b><br>Leaders- Scott & Nilly<br>9:45 PA In the Groove<br>10:15 PA Daily Chronicles<br>11:00 PA A Song and a Dance<br>11:30 PA Red Wing Visits<br>1:30 LIB Card Club W/Pearl<br>1:30 PA Pokeno W/Carol<br>3:00 PA Cup of Coffee Social<br>3:30 AR <b>New Year's Around The World</b><br>6:15 AR Critics Choice | <b>31 NEW YEAR'S EVE</b><br>Leaders-Scott & Nilly<br>9:45 PA Jazzercise<br>10:30 PA Daily Chronicles<br>11:00 PA COUNTDOWN TO NEW YEAR'S<br>1:30 BUS Shopping/ Errands<br>2:00 AR Holiday Bingo<br>3:00 PA <b>"NEW YEAR'S CELEBRATION 2011"</b><br>6:15 AR Movie Special                       | Happy Birthday Residents:<br>Maureen D. ... 6th<br>Violet M. & Mary S. ...11th<br>Matilda C. & John R. ... 13th<br>Peter M. ... 19th<br>Trudy K. & Pat F. ... 24th<br>Happy Birthday Staff<br>Scott D. ... 1st<br>Judy T. ... 4th<br>Debra B. ... 10th<br>Minda M. ... 27th                            |

# December 2010



## Greetings of the Season



**Happy Holidays!** Our entire staff would like to wish you and your family and friends a joyful holiday season and a wonderful New Year!

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