

THE
ESPLANADE
CHESTNUT RIDGE
LUXURY ASSISTED LIVING

ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplenadeChestnutRidge.com



Word for December—JOY!

When skies are gray, and cold winds whip through the trees, we gather inside for laughter and good cheer.

The *Merriam-Webster Dictionary* defines “joy” as “a source or cause of delight,” and December delivers such joy with holiday festivities, family dinners, get-togethers and finding the right gift for that special someone.

The Esplanade family will embrace all that the beautiful holiday season brings. We have planned many activities to allow our residents to fully enjoy the significance of their holiday traditions by fostering celebration through music, live entertainment, religious services, crafts, cooking, reminiscing and visits from outside groups.

OUR HEARTFELT WISHES FOR A JOYOUS HOLIDAY SEASON TO EACH OF YOU!



December 2009

EMPLOYEE OF THE MONTH

Resident council president, Terry M., and resident, Jean O., presented medication technician, Fern LaBarre, with the prestigious honor of being named Employee of the Month for November.

Fern began her service to our facility thirteen years ago this month ... How fitting that she be honored for the month of November.

Fern was touted as being responsible, caring, mature, efficient, professional, hard-working, always ready to dress up for Esplanade activities, friendly, smart, trustworthy, dependable and yes, we all agree, you are indeed stylish!

Congratulations, Fern ... You so well deserve this recognition!



CALENDAR KEY

AR..... Activity Room
 AR2.... 2nd Fl. Act. Room
 K..... 2nd Fl. Kitchen
 PA..... Parlor
 LIB..... Library
 TV..... TV Room
 C..... Courtyard
 PD..... Pvt Dining Room
 Bus..... Bus

Activity Department

Director

Linda O'Donnell

Leaders

Scott Dellay

Rose Buskin

Fabienne Jean Louis

Volunteers

Don & Carol Rosenthal

Pearl Lowy

Carol Baretz

Jack Kreismer

Jeanie Blauschild

Liz Burak

Vinson Hill

Church of the

Presentation, USR

Resident Volunteers

Terry Melville, Resident

Council President

Anne Cohen,

Sundries Shop

Adele Halpern, Librarian

Lillian Nadler, Pianist

Evelyn Gillman, Sunshine

Club

Frances Belitz,

Welcoming Club

Sundries Shop

Shower and Bath

Supplies

Toiletries

Candy

Cards and Stamps

Store is open Monday

through Friday

from 11:30 a.m.–Noon.

Sunday	Monday	Tuesday
Bus Trips MONDAYS—Breakfast & Other Club Outings WEDNESDAYS—Walmart/Target FRIDAYS—Lunch/Drives (Bank Trips Every Other Week) SATURDAYS -alternating- Trips SUNDAYS -alternating- Local Plays, Concerts and Exhibits	Please join us in the parlor each afternoon at 3 p.m. for our daily social. Refreshments are always served. The Beauty Parlor—located on the 2nd floor—will be open every Wednesday and Friday. Please make your appointment at the front desk.	1 Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Morning Exercise 10:30 PA Zumba with Milena 11:00 PA Let's Play Golf 1:15 LIB Cards with Pearl 1:30 Tree Trimming and Eggnog Party 3:30 AR Painting with Scott 6:00 AR Nutcracker Ballet 6:30 TV Movie Night
Leader- Linda & Rose 6 10:00 PA Crosswords 11:00 AR Communion 11:00 PA Daily Chronicles 11:30 PA Exercise 12:15 BUS The Nutcracker—Coupe Dance Juniors, CSHS 1:30 AR Bingo with Rose 3:30 PA Temple Beth El-Hanukkah Get-Together 6:30 AR Sunday Night at the Movies	Leader- Linda 7 9:30 PA Thoughts to Ponder 10:00 PA Let's Get Movin' 10:30 AR Craft a Holiday Gift 1:15 BUS Trip to Summit Park Model Train—Linda/Don 1:30 AR "Miracle on 34th Street" 3:00 PA Afternoon Social 3:15 PA Vinson on Piano 4:00 PA You Be the Judge 6:30 AR Movie Night	Leader- Linda & Scott 8 9:30 PA Daily Chronicles 10:00 PA Let's Get Movin' 11:00 PA Hole in One 1:30 LIB Cards with Pearl 1:30 AR Painting with Scott 3:30 PA Jokes 6:00 AR Radio City Christmas Extravaganza (DVD) 6:30 TV Movie
Leader- Linda & Rose 13 10:00 PA Crosswords 11:00 AR Communion 11:00 PA Daily Chronicles 11:30 PA Exercise 1:30 AR Bingo with Rose 3:00 PA Sunday Social 3:30 PA Boggle 4:30 PA Hanukkah, 3rd Candle 6:30 AR Sunday Night at the Movies	Leader- Linda 14 9:30 PA Thoughts to Ponder 10:00 PA Let's Get Movin' 10:30 AR Holiday Yarn Dolls 1:30 AR Bingo with Don 1:30 LIB Favorite Authors 3:15 PA Vinson on Piano 4:00 PA KPMG Caroling 4:30 PA Hanukkah, 4th Candle 6:00 LIB- Red Hat Holiday Party 6:30 AR Movie Night	Leaders- Linda & Scott 15 9:30 PA Daily Chronicles 10:30 PA Work It Out 11:00 PA Hole in One 12:00 PD Birthday Luncheon 1:15 LIB Cards with Pearl 1:30 AR Painting with Scott 3:30 PA Birthday Party with Mike Trombetta 4:30 PA Hanukkah, 5th Candle 6:30 AR Movie Night
Leader- Linda & Rose 20 10:00 PA Crosswords 11:00 AR Christmas Mass 11:00 PA Daily Chronicles 11:30 PA Exercise 1:00 BUS Train Show—St. Joseph's H.S., Montvale, NJ 1:30 AR Bingo with Rose 3:30 PA Song & Dance Man Randy Accardi 6:30 AR Sunday Night at the Movies	21 First Day of Winter Leader- Linda 9:30 PA Thoughts to Ponder 10:00 PA Let's Get Movin' 10:30 AR Snowman Soup 12:00 BUS Red Hat Luncheon 1:30 AR Bingo with Don 3:00 PA Vinson's Christmas Piano 4:00 PA Brownie Troop 40877 Come-a-Caroling 6:30 AR Movie Night	22 Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Work It Out 11:00 PA Let's Play Golf 1:15 LIB Cards with Pearl 1:30 Painting with Scott 3:30 AR Art Show 6:00 AR Andre Rieu Christmas 6:30 TV Movie Night
Leader- Linda & Rose 27 10:00 PA Crosswords 11:00 AR Communion 11:00 PA Daily Chronicles 11:30 PA Exercise 1:30 AR Bingo with Rose 3:00 PA Sunday Social 3:30 PA Boggle 6:30 AR Sunday Night at the Movies	28 Leader- Linda 7:45 BUS Breakfast Club 9:30 PA Thoughts to Ponder 10:00 PA Let's Get Movin' 10:30 AR Craft Fun Fun Fun 1:30 AR Bingo with Don 3:15 PA Vinson on Piano 6:30 AR Movie Night	29 Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 11:00 PA Let's Play Golf 1:15 LIB Cards with Pearl 1:30 AR Painting with Scott 3:00 PA Social & Snack 3:30 PA Travel Route 66 6:30 AR Movie Night

Wednesday	Thursday	Friday	Saturday
<p>Leaders- Linda & Scott 2 9:30 PA Daily Chronicles 10:30 PA Tai Chi-John Hood 11:30 PA Who Am I? 12:00 PD Circle of Friends 1:30 AR Bingo with Liz 1:00 BUS Target 3:00 PA Employee of the Month 3:30 PA Resident Council 4:00 LIB ROMEO-Men's Club 6:30 AR Movie Night</p>	<p>AVI 3 Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 11:00 PA Redwing & Liz 11:30PA Jokes 1:15 LIB Cards with Pearl 1:30 AR Pokeno with Carol Board Games Scott & Don 3:30 PA Travel Route 66 6:30 AR Movie Night</p>	<p>4 Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:30PA Word Games 1:00 BUS Local Outings 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 AR Shabbat Services 4:00 PA Game Show 6:30 AR Movie Special</p>	<p>5 Leader- Scott 9:30 PA Daily Chronicles 10:30 PA Work Out with Scott 11:00 PA Political Current Events 1:30 AR Penny Ante 3:00 PA Saturday Social 4:00 AR Bible Discussion 6:30 AR Saturday Night at the Movies</p>
<p>Leaders- Linda & Scott 9 9:30 AR Daily Chronicles 10:00 AR Work It Out 10:30 AR2 Bake Hanukkah Coin Cookies 11:00 PA Family Feud 11:30 BUS Men's Club to The Saloon-Scott & John 1:30 AR Bingo with Liz 1:45 PA Bird Lover's Club 3:30 PA Food Committee 6:30 TV Movie Night</p>	<p>10 Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 11:00 PA Redwing & Liz 11:30PA Fun Facts 1:15 LIB Cards with Pearl 1:30 AR Pokeno with Carol 6:00 BUS Christmas Lights 6:30 AR Movie Night 7:00 LIB Support Group</p>	<p>Hanukkah 11 Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:30 PA Let's Make a Deal 1:00 BUS Local Outings 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 AR Shabbat Services 4:00 PA Game Show 4:30 PA Hanukkah, 1st Candle 6:30 AR Movie Special</p>	<p>12 Leader- Scott & Fabienne 9:30 PA Daily Chronicles 10:30 PA Exercise for All 11:00 PA Local News & Views 1:15 BUS Holiday Shopping-Nanuet Mall 1:30 AR Bingo with Fabienne 3:00 PA Saturday Social 4:00 AR Bible Discussion 4:30 PA Hanukkah, 2nd Candle 6:30 AR Movie Special</p>
<p>16 Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:30 PA Tai Chi-John Hood 11:30 PA Who Am I? 1:30 AR Bingo with Liz 1:00 BUS Out & About-Banks 4:00 Early Bird Dinner 5:00 PA Hanukkah, 6th Candle 6:00-8:00 Resident/Family Party with Mary Stella</p>	<p>AVI 17 Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Daily Workout 11:00 PA Redwing & Liz 11:30PA Fun Facts 1:30 AR Pokeno with Carol Board Games Scott & Don 3:30 PA Lillian Nadler Piano 4:00 PA Scattergories 4:30 PA Hanukkah, 7th Candle 7:00-9:30 Staff Holiday Party</p>	<p>18 Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 10:30 PA Who Do You Trust? 11:45 BUS Lunch Bunch 1:30 AR Bingo with Liz 3:00 PA Friday Social 3:30 AR Shabbat Services 4:00 PA Bee Study with Scott 4:30 PA Hanukkah, 8th Candle 6:30 AR Movie Special</p>	<p>19 Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Exercise for All 11:00 PA National & World News 12:00 AR Men's Club-Hot Dogs, Beer & Near Beer 1:30 AR To Tell the Truth 3:00 PA Saturday Social 4:00 AR Bible Discussion 6:30 AR Movie Special</p>
<p>23 Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:30 PA Work Out with Scott 10:30 AR2 Bake Christmas Cookies 11:00 PA Meet the Famous 1:00 BUS Walmart 1:30 AR Bingo with Liz 3:00 PA Afternoon Social 3:30 PA Bee Study 6:30 TV Movie Night</p>	<p>Christmas Eve 24 Leader- Scott 9:30 PA Daily Chronicles 10:00 PA Daily Exercise 11:00 PA Preparing for the Holiday-Reminisce 1:30 AR Christmas Unwrapped The History of Christmas 3:00 PA Holiday Social 3:30 PA Christmas Sing-a-long 6:30 AR "A Christmas Carol"</p>	<p>Christmas 25 Leader - Scott 9:30 PA Holiday Chronicles 10:00 PA Christmas Work Out 10:30 PA Holiday Reminiscing 12:00 DR Holiday Feast 1:30 AR "White Christmas" 3:00 PA Eggnog Social 3:30 PA Christmas Music 6:30 AR "It's a Wonderful Life"</p>	<p>26 Leader- Scott & Fabienne 9:30 PA Daily Chronicles 10:00 PA Exercise for All 11:00 PA Let's Talk- Open Forum 1:15 BUS Local Outings 1:30 AR Bingo w. Fabienne 3:00 PA Saturday Social 4:00 AR Bible Discussion 6:30 AR Movie Special</p>
<p>30 Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:30 PA Tai Chi-John Hood 11:30 PA Who Am I? 1:30 AR Bingo with Liz 1:00 BUS Out & About-Target & Michaels Craft Store 3:30 PA Bird Lover's Club 6:30 AR Movie Night</p>	<p>31 Leaders- Linda & Scott 9:30 PA Daily Chronicles 10:00 PA Exercise Program 11:00 PA Year in Review 1:30 PA Balderdash 3:30 PA New Year's Party with Irwin Finger 5:00 DR Accordion Music 6:30 AR New Year's Eve with Guy Lombardo (1958)-Mocktail Party</p>	<p>Happy Birthday to You! Residents: Mary D. ... Dec. 4 Maureen D. ... Dec. 6 Matilda M. ... Dec. 13 Matilda C. ... Dec. 13 John R. ... Dec. 13 Peter M. ... Dec. 19 Pat F. ... Dec. 24 Trudy K. ... Dec. 24</p>	<p>Staff: Scott ... Dec. 1 Judy ... Dec. 4 Debbie B. ... Dec. 10 Alvis B. ... Dec. 16 Linda ... Dec. 25 Minda ... Dec. 27</p>

December 2009

Collective Art at the Esplanade at Chestnut Ridge



Resident Art Club proudly displaying their masterpiece!

Collective Art uses 12 to 15 small works, placed together, to create one large work of art. Scott Dellay, our activity leader, is responsible for all the drawings of birds, animals and florals.

Coloring with both soft and bold color adds dimension to the finished piece. The finest quality paper along with colored pencils in an array of colors are used to achieve optimum results.

Residents experience the sense of creativity and being part of the ever-changing display of collective art displayed in the custom frames built for us by Benji from maintenance.

The new art venture for the month of December is **Pop-Up Art**, which is painting with acrylics.

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