



THE
ESPLANADE
CHESTNUT RIDGE
LUXURY ASSISTED LIVING

ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplanadeChestnutRidge.com

April 2009



Did You Know?

If you're not playing pranks on April 1, you're not celebrating National Fun Day, a day designed to keep the spirit of April Fools' Day alive. Other reasons for amusement this month include: Couple Appreciation Month, International Daffynitions Month, Jazz Appreciation Month, National Humor Month, National Kite Month, Straw Hat Month and Laugh at Work Week, International Juggler's Day, Great Poetry Reading Day and Hairstyle Appreciation Day.

Our residents are always ready to celebrate these themed days. We enjoyed the colorful festivities at our own New Orleans Style Mardi Gras. We dressed in Blue Jeans in honor of Levi Strauss and look forward to adorning our Bonnets for our Easter Bonnet Social. With the graduation and wedding seasons upon us, stay tuned to see what we will dream up!



HIGHLIGHTS

- | | |
|---------|---------------------------------------|
| Mondays | 10:30am So You—Sewing & Design Class |
| 1st | 3:00pm Marcel and Lucky Perform |
| 3rd | 3:30pm Passover w/ Esther Berkowitz |
| 6th | 4:00pm Passover "Mock" Seder |
| 7th | 3:30pm Burt Stromholm on Accordion |
| 8th | 10:30am Tai Chi Chi Gong w/ John Hood |
| 10th | 11:00am Lunch Bunch Departs |
| 12th | Easter Sunday |
| 14th | 3:30pm Van Martin Sings Our Favorites |
| 16th | 3:30pm Healthcare Decisions Lecture |
| 22nd | 10:30am Tai Chi Chi Gong |
| 22nd | 12:30pm Trip to see Vesta |
| 22nd | 6:15pm Birthday Party w/ Gary Lovitt |
| 23rd | 6:30PM VA Benefits Speaker |
| 24th | 11:00am Lunch Bunch Departs |
| 26th | 3:00pm Glen Rock Pops Concert |
| 28th | 11:30am Respite Reunion |
| 28th | 1:30pm Music w/ Mike Trombetta |
| 29th | 3:30pm Red Hat Society Meeting |
| 30th | 12:00pm Circle of Friends Luncheon |
| 30th | 3:00pm Residents' Council |

CALENDAR KEY

- AR..... Activity Room
- 2AR..... 2nd Fl. Art Room
- K..... 2nd Fl. Kitchen
- PA..... Parlor
- L..... Library
- TV..... TV Room
- C..... Courtyard
- PD..... Pvt Dining Room
- Bus..... Bus

Activity Department

Personnel Key

Leaders

- Scott Dellay
- Jessie Paul
- Rose Buskin
- Fabienne Jean Louis

Volunteers

- Don & Carol Rosenthal
- Pearl Lowy
- Jack Kreismer
- Jeanie Blauschild
- Liz Burak
- Vinson Hill
- Spring Valley HS Key Club
- Frisch High School Church of the Presentation, USR



Resident Volunteers

- Terry Melville, Resident Council President
- Anne Cohen, Sundries Shop
- Adele Halpern, Librarian
- Lillian Nadler, Pianist

Visit Our Sundries

Shop

- Open 11:30-12:00
- Mon, Wed, Fri, Sat.
- Shower and Bath
- Supplies
- Toiletries
- Candy
- Cards
- Stamps

Sunday	Monday	Tuesday
<p>Bus Trips Sign up at the front desk WEDNESDAYS: Local errands, Scenic drives FRIDAYS: Lunch Bunch, Special Outings SATURDAYS: Shop Rite, Walmart, or local outings</p>		
<p>Palm Sunday 5 Leader - Rose 10:00 PA Range of Motion 11:00 AR Communion - Palms Distributed 11:00 PA Reminiscing 1:15 AR Bingo L Rummikub TV Sports 3:00 PA Social Hour 4:00 PA Spelling Bee 6:30 AR Sunday Night at the Movies</p>	<p>Leader - Jessie; Vol - Don 6 9:30 PA Exercise 10:00 PA Piano - Lillian Nadler 10:30 AR Sewing & Design 11:00 PA Bowling League 1:15 AR Bingo PA Trivia 2:45 PA MLB Opening Day Social, First Pitch 3:00 PA Music w/Vincent 4:00 AR Passover Mock Seder 6:30 AR Movie Madness</p>	<p>Leader - Scott; Vol - Don, Pearl 7 9:30 PA Daily Chronicles 10:00 PA Dancercize 11:00 PA Hole in One 1:15 AR Pokeno 1:15 L Card Club/Table Games 3:00 PA Afternoon Social 3:30 PA Burt Plays Accordion 6:30 AR Movie Special</p>
<p>Easter Sunday 12 Leader - Rose 10:00 PA Sunday Stretch 11:00 AR Communion 11:00 PA Crosswords/Jumble 1:15 AR Bingo L Yahtzee TV Sports 3:00 PA Easter Bonnet Social 4:00 PA Password 6:30 AR Sunday Night at the Movies</p>	<p>Leader - Jessie; Vol - Don 13 9:00 AR Chronic Disease Self-Management Program 9:30 PA Exercise 10:00 PA Piano - Lillian Nadler 10:30 2AR Sewing & Design 11:00 PA Bowling League 1:15 AR Bingo PA Trivia 3:00 PA Music w/Vincent 6:30 AR Movie Madness</p>	<p>Leader - Scott; Vol - Don, Pearl 14 9:30 PA Daily Chronicles 10:00 PA Movin n Groovin 11:00 AR On The Green Golf 1:15 AR Pokeno 1:30 L Card Corner 3:00 PA Social Hour 3:30 PA Van Martin Sings Our Favorites 6:30 AR on the Big Screen</p>
<p>Leader - Rose 19 10:00 PA Sunday Stretch 11:00 AR Communion 11:00 PA Sunday Crosswords 1:15 AR Bingo L Scrabble TV Sports 3:00 PA Sundaes on Sunday 4:00 PA Wheel of Fortune 6:30 AR Popcorn & Movie</p>	<p>Leader - Jessie; Vol - Don 20 9:00 AR Chronic Disease Self-Management Program 9:30 PA Morning Stretch 10:00 PA Piano - Lillian Nadler 10:30 2AR Sewing & Design 11:00 PA Bowling League 1:15 AR Bingo PA Trivia 3:00 PA Music w/ Vincent 6:30 AR Movie Madness</p>	<p>Leader - Scott; Vol - Don, Pearl 21 9:30 PA Daily Chronicles 10:00 PA Twistin Tuesdsay 11:00 AR Tee Time Golf 1:15 AR Pokeno 1:30 L Card Corner 3:00 PA Chef's Choice Social 4:00 AR Employee Highlights Meg Borders 6:30 AR Movie Special</p>
<p>Leader - Rose 26 10:00 PA Range of Motion 11:00 AR Communion 11:00 PA Reminiscing 1:15 AR Bingo L Rummikub TV Sports 2:00 BUS Depart Glen Rock Pops Concert 3:00 PA Social Hour 4:00 PA Spelling Bee 6:30 AR Sunday Night at the Movies</p>	<p>Leader - Jessie; Vol - Don 27 9:00 AR Chronic Disease Self-Management Program 9:30 PA Morning Stretch 10:00 PA Piano - Lillian Nadler 10:30 2AR Sewing & Design 11:00 PA Bowling League 1:15 AR Bingo PA Trivia 3:00 PA Music w/ Vincent 6:30 AR Movie Madness</p>	<p>Leader - Scott; Vol - Don, Pearl 28 9:30 PA Daily Chronicles 10:00 PA Dancercize 11:00 PA Puttin in the Parlor 11:30 AR Respite Reunion 1:30 PA Music with Mike Trombetta 3:00 PA Social Hour 4:00 PA Word Games 6:30 AR Comedy Special</p>

Wednesday	Thursday	Friday	Saturday
April Fools' Day 1 Leader - Scott; Vol - Don and Liz 9:30 PA Piano - Lillian Nadler 10:00 PA Dancercize 11:00 AR Crosswords 1:15 AR Liz Calls Bingo 1:30 Bus Trip to CVS/Banks 3:00 PA April Fools' Social - Marcel and Lucky Perform 6:30 AR Comedy Special	AVI Meets 2 Leader - Scott; Vol - Don, Pearl 9:30 PA Thursday Stretching 10:30 PA News and Views 12:00 2AR Cooking Club 1:15 AR Artistic Expressions L Card Club 3:00 PA Afternoon Break 4:00 AR Word Games 6:30 TV Movie Mystery	Leader - Scott 3 Volunteers - Don, Liz 9:30 PA Piano - Lillian Nadler 10:00 PA Friday Fitness 11:00 BUS Outing 11:15 AR Oldies but Goodies 1:15 AR Liz calls BINGO 3:00 PA Social Hour 3:30 AR Passover w/ Esther 4:00 PA Look Back at TV Guide 6:30 AR Netflix Favorite	Leader - Scott, Fabienne 4 10:15 PA Exercise 11:00 PA Easter Egg Hunt 1:00 BUS Local Shopping 1:15 AR Bingo 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Saturday Night at The Movies
Passover Begins at Sundown 8 Leader - Scott; Vol - Don, Liz, Jack 9:30 PA Daily Chronicles 10:00 PA Piano - Lillian Nadler 10:30 PA Tai Chi-Chi Gong 11:30 PA Brain Teasers 1:15 AR Bingo PA Billiards 1:30 BUS Local Errands 3:00 PA Social Hour 4:00 PA Game Shows - Jack 6:30 AR Documentary	Passover 9 Leader - Scott; Vol - Don, Pearl 9:30 PA Thursday Stretching 10:30 PA Discussion 1:15 AR Artistic Expressions L Card Club 3:00 PA Social Hour 4:00 AR Wheel of Fortune 6:30 TV Romantic Movie	Good Friday 10 Leader - Scott Volunteers - Don, Liz 9:30 PA Piano - Lillian Nadler 10:00 PA Friday Fitness 11:00 BUS Lunch Bunch 11:15 AR Oldies but Goodies 1:15 AR Liz calls BINGO 3:00 PA Social L - Computers 3:30 AR Shabbat Services 4:00 PA Look Back - Life Mag. 6:30 AR Movie	Leader - Scott, Fabienne, 11 10:15 PA Exercise 11:00 PA Pet Therapy with Cody, English Black Lab 1:00 BUS Local Shopping 1:15 AR Bingo 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Saturday Night at The Movies
Tax Day 15 Leader - Scott; Vol - Don and Liz 9:30 PA Piano - Lillian Nadler 10:00 PA Fitness for Seniors 11:00 AR Crosswords 1:15 AR Bingo PA Billiards 1:15 BUS Local Errands 3:00 PA Tax Day Social 4:00 AR It's in the Bag 6:30 AR Uncle Sam's Movie Pick	AVI Healthcare Decision Day 16 Leader - Scott; Vol - Don, Pearl 9:30 PA Exercise 11:00 PA News and Views 12:00 2AR Cooking Club 1:30 AR Artistic Expressions 3:00 PA Social Hour 3:30 AR Sonia Crannage Talk 4:00 PA Game Shows - Jack 6:30 AR on the Big Screen 7:00 L Family Support Group	Leader - Scott; Vol - Don, Mary, Liz 17 9:30 PA Piano - Lillian Nadler 10:00 PA Friday Fun 11:00 AR Yahtzee 11:00 Trip to Diperos 1:15 AR Liz Calls Bingo 3:00 PA Social L Computers 3:30 AR Shabbat Service 4:00 PA Music Appreciation 6:30 AR Musical Movie	Leader - Scott, Fabienne 18 10:15 PA Exercise 11:00 PA Crosswords 1:00 BUS Local Shopping 1:15 AR Bingo 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Saturday Night at The Movies
Leader - Scott; Vol - Don, Liz 22 9:30 PA Daily Chronicles 10:00 PA Piano - Lillian Nadler 10:30 PA Tai Chi-Chi Gong 11:30 PA Brain Teasers 12:00 PD Birthday Luncheon 12:30 BUS Trip to See Vesta 1:15 AR BINGO TV Wii Fun 3:00 PA Earth Day Social 6:15 PA Birthday Party with Music by Gary Lovitt	Leader - Scott; Vol - Don, Pearl 23 9:30 PA Thursday Stretching 11:00 PA News and Views 1:15 PA Dining Committee 2:00 AR Artistic Expressions Part I 3:00 AR Coffee Break 3:30 AR Artistic Expressions Part II 6:30 TV Movie 6:30 AR VA Benefits Lecture	Leader - Scott; Vol - Don, Liz 24 9:30 PA Piano - Lillian Nadler 10:00 PA Friday Fitness 11:00 BUS Lunch Bunch 11:15 AR Armchair Travel 1:15 AR Liz calls BINGO 3:00 PA Social L Computers 3:30 AR Shabbat Services 4:00 PA Music Appreciation 6:30 AR Movie	Leader - Scott, Fabienne, Don 25 10:15 PA Excercise 11:00 PA Pet Therapy with Cody, English Black Lab 1:00 BUS Local Shopping 1:15 AR Bingo 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Saturday Night at The Movies
Leader - Scott; Vol - Don and Liz 29 9:30 PA Piano - Lillian Nadler 10:00 PA Exercise for All 11:00 AR Crosswords 1:15 AR Bingo PA Billiards 1:30 BUS Local Errands 3:00 PA Red Hat Society Meets 4:00 PA Name that Tune 6:30 AR Movie Musical	Leader - Scott; Vol - Don, Pearl 30 9:30 PA Chair Aerobics 11:00 PA News Currents 12:00 PD Circle of Friends Luncheon 1:15 AR Art Club L Card Club 3:00 PA Resident's Council 3:30 PA Council Social 6:30 AR Movie Favorite	Beauty Parlor is open every Wednesday and Friday. Located on the second floor. Appointments made at front desk.	Happy Birthday Eillen E., April 9 Lucille G., April 10 Dora G., April 13 Kay M., April 13 Pauline B., April 18 Irene H., April 24 Frances B., April 25 Virginia M., April 25 Jennie S., April 26

April 2009

Red Hat Society at the Esplanade at Chestnut Ridge



Resident Olga M. joins the Red Hat Society.

One day, a woman named Sue Ellen Cooper in Tucson, AZ, bought a red fedora at a thrift store. Later, she read a poem called "Warning," which described a woman who was wearing a purple outfit with a red hat. Cooper decided to give a friend a vintage red hat with a copy of the poem.

Soon, the friends formed a self-proclaimed Red Hat Society. They decided to shop for purple dresses, which did not fashionably match their red hats and go out for tea. The group does have one strict guideline that cannot be broken—the "uniform."

The newly formed Red Hat Society at the Esplanade hopes to join women who can find joy and companionship in each other's company. Spread the word: No one's too old for a tea party!

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