



THE
ESPLANADE
CHESTNUT RIDGE
LUXURY ASSISTED LIVING

ACTIVITIES CALENDAR

168 Red Schoolhouse Road • Chestnut Ridge, NY 10977 • (845) 620-0606
www.EsplanadeChestnutRidge.com

April 2009



Did You Know?

If you're not playing pranks on April 1, you're not celebrating National Fun Day, a day designed to keep the spirit of April Fools' Day alive. Other reasons for amusement this month include: Couple Appreciation Month, International Daffynitions Month, Jazz Appreciation Month, National Humor Month, National Kite Month, Straw Hat Month and Laugh at Work Week, International Juggler's Day, Great Poetry Reading Day and Hairstyle Appreciation Day.

Our residents are always ready to celebrate these themed days. We enjoyed the colorful festivities at our own New Orleans Style Mardi Gras. We dressed in Blue Jeans in honor of Levi Strauss and look forward to adorning our Bonnets for our Easter Bonnet Social. With the graduation and wedding seasons upon us, stay tuned to see what we will dream up!



HIGHLIGHTS

Mondays	10:30am So You—Sewing & Design Class
1st	3:00pm Marcel and Lucky Perform
3rd	3:30pm Passover w/ Esther Berkowitz
6th	4:00pm Passover "Mock" Seder
7th	3:30pm Burt Stromholm on Accordion
8th	10:30am Tai Chi Chi Gong w/ John Hood
10th	11:00am Lunch Bunch Departs
12th	Easter Sunday
14th	3:30pm Van Martin Sings Our Favorites
16th	3:30pm Healthcare Decisions Lecture
22nd	10:30am Tai Chi Chi Gong
22nd	12:30pm Trip to see Vesta
22nd	6:15pm Birthday Party w/ Gary Lovitt
23rd	6:30PM VA Benefits Speaker
24th	11:00am Lunch Bunch Departs
26th	3:00pm Glen Rock Pops Concert
28th	11:30am Respite Reunion
28th	1:30pm Music w/ Mike Trombetta
29th	3:30pm Red Hat Society Meeting
30th	12:00pm Circle of Friends Luncheon
30th	3:00pm Residents' Council

CALENDAR KEY

AR..... Activity Room
 2AR..... 2nd Fl. Art Room
 K..... 2nd Fl. Kitchen
 PA..... Parlor
 L..... Library
 TV..... TV Room
 C..... Courtyard
 PD..... Pvt Dining Room
 Bus..... Bus

Activity Department

Personnel Key

Leaders

Scott Dellay
 Jessie Paul
 Rose Buskin
 Fabienne Jean Louis

Volunteers



Don & Carol Rosenthal
 Pearl Lowy
 Jack Kreismer
 Jeanie Blauschild
 Liz Burak
 Vinson Hill
 Spring Valley HS Key Club
 Frisch High School
 Church of the Presentation, USR

Resident Volunteers

Terry Melville, Resident Council President
 Anne Cohen,
 Sundries Shop
 Adele Halpern, Librarian
 Lillian Nadler, Pianist

Visit Our Sundries Shop

Open 11:30-12:00
 Mon, Wed, Fri, Sat.
 Shower and Bath
 Supplies
 Toiletries
 Candy
 Cards
 Stamps

	Sunday	Monday	Tuesday
	Bus Trips Sign up at the front desk WEDNESDAYS: Local errands, Scenic drives FRIDAYS: Lunch Bunch, Special Outings SATURDAYS: Shop Rite, Walmart, or local outings		
Palm Sunday 5	Leader - Rose 10:00 PA Range of Motion 11:00 AR Communion - Palms Distributed 11:00 PA Reminiscing 1:15 AR Bingo L Rummikub TV Sports 3:00 PA Social Hour 4:00 PA Spelling Bee 6:30 AR Sunday Night at the Movies	Leader - Jessie; Vol - Don 6 9:30 PA Exercise 10:00 PA Piano - Lillian Nadler 10:30 AR Sewing & Design 11:00 PA Bowling League 1:15 AR Bingo PA Trivia 2:45 PA MLB Opening Day Social, First Pitch 3:00 PA Music w/Vincent 4:00 AR Passover Mock Seder 6:30 AR Movie Madness	Leader - Scott; Vol - Don, Pearl 7 9:30 PA Daily Chronicles 10:00 PA Dancercize 11:00 PA Hole in One 1:15 AR Pokeno 1:15 L Card Club/Table Games 3:00 PA Afternoon Social 3:30 PA Burt Plays Accordion 6:30 AR Movie Special
Easter Sunday 12	Leader - Rose 10:00 PA Sunday Stretch 11:00 AR Communion 11:00 PA Crosswords/Jumble 1:15 AR Bingo L Yahtzee TV Sports 3:00 PA Easter Bonnet Social 4:00 PA Password 6:30 AR Sunday Night at the Movies	Leader - Jessie; Vol - Don 13 9:00 AR Chronic Disease Self-Management Program 9:30 PA Exercise 10:00 PA Piano - Lillian Nadler 10:30 2AR Sewing & Design 11:00 PA Bowling League 1:15 AR Bingo PA Trivia 3:00 PA Music w/Vincent 6:30 AR Movie Madness	Leader - Scott; Vol - Don, Pearl 14 9:30 PA Daily Chronicles 10:00 PA Movin n Groovin 11:00 AR On The Green Golf 1:15 AR Pokeno 1:30 L Card Corner 3:00 PA Social Hour 3:30 PA Van Martin Sings Our Favorites 6:30 AR on the Big Screen
	Leader - Rose 19 10:00 PA Sunday Stretch 11:00 AR Communion 11:00 PA Sunday Crosswords 1:15 AR Bingo L Scrabble TV Sports 3:00 PA Sundaes on Sunday 4:00 PA Wheel of Fortune 6:30 AR Popcorn & Movie	Leader - Jessie; Vol - Don 20 9:00 AR Chronic Disease Self-Management Program 9:30 PA Morning Stretch 10:00 PA Piano - Lillian Nadler 10:30 2AR Sewing & Design 11:00 PA Bowling League 1:15 AR Bingo PA Trivia 3:00 PA Music w/ Vincent 6:30 AR Movie Madness	Leader - Scott; Vol - Don, Pearl 21 9:30 PA Daily Chronicles 10:00 PA Twistin Tuesdsay 11:00 AR Tee Time Golf 1:15 AR Pokeno 1:30 L Card Corner 3:00 PA Chef's Choice Social 4:00 AR Employee Highlights Meg Borders 6:30 AR Movie Special
	Leader - Rose 26 10:00 PA Range of Motion 11:00 AR Communion 11:00 PA Reminiscing 1:15 AR Bingo L Rummikub TV Sports 2:00 BUS Depart Glen Rock Pops Concert 3:00 PA Social Hour 4:00 PA Spelling Bee 6:30 AR Sunday Night at the Movies	Leader - Jessie; Vol - Don 27 9:00 AR Chronic Disease Self-Management Program 9:30 PA Morning Stretch 10:00 PA Piano - Lillian Nadler 10:30 2AR Sewing & Design 11:00 PA Bowling League 1:15 AR Bingo PA Trivia 3:00 PA Music w/ Vincent 6:30 AR Movie Madness	Leader - Scott; Vol - Don, Pearl 28 9:30 PA Daily Chronicles 10:00 PA Dancercize 11:00 PA Puttin in the Parlor 11:30 AR Respite Reunion 1:30 PA Music with Mike Trombetta 3:00 PA Social Hour 4:00 PA Word Games 6:30 AR Comedy Special

Wednesday	Thursday	Friday	Saturday
<p>April Fools' Day 1</p> <p>Leader - Scott; Vol - Don and Liz</p> <p>9:30 PA Piano - Lillian Nadler 10:00 PA Dancercize 11:00 AR Crosswords 1:15 AR Liz Calls Bingo 1:30 Bus Trip to CVS/Banks 3:00 PA April Fools' Social - Marcel and Lucky Perform 6:30 AR Comedy Special</p>	<p>AVI Meets 2</p> <p>Leader - Scott; Vol - Don, Pearl</p> <p>9:30 PA Thursday Stretching 10:30 PA News and Views 12:00 2AR Cooking Club 1:15 AR Artistic Expressions L Card Club 3:00 PA Afternoon Break 4:00 AR Word Games 6:30 TV Movie Mystery</p>	<p>Leader - Scott 3</p> <p>Volunteers - Don, Liz</p> <p>9:30 PA Piano - Lillian Nadler 10:00 PA Friday Fitness 11:00 BUS Outing 11:15 AR Oldies but Goodies 1:15 AR Liz calls BINGO 3:00 PA Social Hour 3:30 AR Passover w/ Esther 4:00 PA Look Back at TV Guide 6:30 AR Netflix Favorite</p>	<p>Leader - Scott, Fabienne 4</p> <p>10:15 PA Exercise 11:00 PA Easter Egg Hunt 1:00 BUS Local Shopping 1:15 AR Bingo 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Saturday Night at The Movies</p>
<p>Passover Begins at Sundown 8</p> <p>Leader - Scott; Vol - Don, Liz, Jack</p> <p>9:30 PA Daily Chronicles 10:00 PA Piano - Lillian Nadler 10:30 PA Tai Chi-Chi Gong 11:30 PA Brain Teasers 1:15 AR Bingo PA Billiards 1:30 BUS Local Errands 3:00 PA Social Hour 4:00 PA Game Shows - Jack 6:30 AR Documentary</p>	<p>Passover 9</p> <p>Leader - Scott; Vol - Don, Pearl</p> <p>9:30 PA Thursday Stretching 10:30 PA Discussion 1:15 AR Artistic Expressions L Card Club 3:00 PA Social Hour 4:00 AR Wheel of Fortune 6:30 TV Romantic Movie</p>	<p>Good Friday 10</p> <p>Leader - Scott</p> <p>Volunteers - Don, Liz</p> <p>9:30 PA Piano - Lillian Nadler 10:00 PA Friday Fitness 11:00 BUS Lunch Bunch 11:15 AR Oldies but Goodies 1:15 AR Liz calls BINGO 3:00 PA Social L - Computers 3:30 AR Shabbat Services 4:00 PA Look Back - Life Mag. 6:30 AR Movie</p>	<p>Leader - Scott, Fabienne, 11</p> <p>10:15 PA Exercise 11:00 PA Pet Therapy with Cody, English Black Lab 1:00 BUS Local Shopping 1:15 AR Bingo 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Saturday Night at The Movies</p>
<p>Tax Day 15</p> <p>Leader - Scott; Vol - Don and Liz</p> <p>9:30 PA Piano - Lillian Nadler 10:00 PA Fitness for Seniors 11:00 AR Crosswords 1:15 AR Bingo PA Billiards 1:15 BUS Local Errands 3:00 PA Tax Day Social 4:00 AR It's in the Bag 6:30 AR Uncle Sam's Movie Pick</p>	<p>AVI Healthcare Decision Day 16</p> <p>Leader - Scott; Vol - Don, Pearl</p> <p>9:30 PA Exercise 11:00 PA News and Views 12:00 2AR Cooking Club 1:30 AR Artistic Expressions 3:00 PA Social Hour 3:30 AR Sonia Crannage Talk 4:00 PA Game Shows - Jack 6:30 AR on the Big Screen 7:00 L Family Support Group</p>	<p>Leader - Scott; Vol - Don, Mary, Liz 17</p> <p>9:30 PA Piano - Lillian Nadler 10:00 PA Friday Fun 11:00 AR Yahtzee 11:00 Trip to Diperos 1:15 AR Liz Calls Bingo 3:00 PA Social L Computers 3:30 AR Shabbat Service 4:00 PA Music Appreciation 6:30 AR Musical Movie</p>	<p>Leader - Scott, Fabienne 18</p> <p>10:15 PA Exercise 11:00 PA Crosswords 1:00 BUS Local Shopping 1:15 AR Bingo 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Saturday Night at The Movies</p>
<p>Leader - Scott; Vol - Don, Liz 22</p> <p>9:30 PA Daily Chronicles 10:00 PA Piano - Lillian Nadler 10:30 PA Tai Chi-Chi Gong 11:30 PA Brain Teasers 12:00 PD Birthday Luncheon 12:30 BUS Trip to See Vesta 1:15 AR BINGO TV Wii Fun 3:00 PA Earth Day Social 6:15 PA Birthday Party with Music by Gary Lovitt</p>	<p>Leader - Scott; Vol - Don, Pearl 23</p> <p>9:30 PA Thursday Stretching 11:00 PA News and Views 1:15 PA Dining Committee 2:00 AR Artistic Expressions Part I 3:00 AR Coffee Break 3:30 AR Artistic Expressions Part II 6:30 TV Movie 6:30 AR VA Benefits Lecture</p>	<p>Leader - Scott; Vol - Don, Liz 24</p> <p>9:30 PA Piano - Lillian Nadler 10:00 PA Friday Fitness 11:00 BUS Lunch Bunch 11:15 AR Armchair Travel 1:15 AR Liz calls BINGO 3:00 PA Social L Computers 3:30 AR Shabbat Services 4:00 PA Music Appreciation 6:30 AR Movie</p>	<p>Leader - Scott, Fabienne, Don 25</p> <p>10:15 PA Excercise 11:00 PA Pet Therapy with Cody, English Black Lab 1:00 BUS Local Shopping 1:15 AR Bingo 3:00 PA Saturday Social 4:00 AR Bible Study 6:30 AR Saturday Night at The Movies</p>
<p>Leader - Scott; Vol - Don and Liz 29</p> <p>9:30 PA Piano - Lillian Nadler 10:00 PA Exercise for All 11:00 AR Crosswords 1:15 AR Bingo PA Billiards 1:30 BUS Local Errands 3:00 PA Red Hat Society Meets 4:00 PA Name that Tune 6:30 AR Movie Musical</p>	<p>Leader - Scott; Vol - Don, Pearl 30</p> <p>9:30 PA Chair Aerobics 11:00 PA News Currents 12:00 PD Circle of Friends Luncheon 1:15 AR Art Club L Card Club 3:00 PA Resident's Council 3:30 PA Council Social 6:30 AR Movie Favorite</p>	<p>Beauty Parlor is open every Wednesday and Friday. Located on the second floor. Appointments made at front desk.</p>	<p>Happy Birthday</p> <p>Eillen E., April 9 Lucille G., April 10 Dora G., April 13 Kay M., April 13 Pauline B., April 18 Irene H., April 24 Frances B., April 25 Virginia M., April 25 Jennie S., April 26</p>

April 2009

Red Hat Society at the Esplanade at Chestnut Ridge



Resident Olga M. joins the Red Hat Society.

One day, a woman named Sue Ellen Cooper in Tucson, AZ, bought a red fedora at a thrift store. Later, she read a poem called "Warning," which described a woman who was wearing a purple outfit with a red hat. Cooper decided to give a friend a vintage red hat with a copy of the poem.

Soon, the friends formed a self-proclaimed Red Hat Society. They decided to shop for purple dresses, which did not fashionably match their red hats and go out for tea. The group does have one strict guideline that cannot be broken—the "uniform."

The newly formed Red Hat Society at the Esplanade hopes to join women who can find joy and companionship in each other's company. Spread the word: No one's too old for a tea party!

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